



Zionsville Pre-K Menu

2025-2026

Students may take 3-5 components to make a meal.

Components are: Entrée (Meat/Meat Alternate and Grain) 1-2 Vegetables, 1-2 Fruits, and a Milk. All meals must include at least 1 Fruit or Vegetable.

Breakfast Served M – F at: PVE 7:45 – 8:10, All other schools 7:45 - 8:00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Bosco Bread Sticks ^{MW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Steamed Corn Mandarin Oranges 1% White Milk ^M</p>	<p>7</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Waffles ^{MESW} w/Cheese Omelet ^{ME} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Emoticons Peaches 1% White Milk ^M</p>	<p>8</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Breaded Chicken Sandwich ^{MSW} on Bun ^w Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Steamed Peas and Carrots Pears 1% White Milk ^M</p>	<p>9</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Walking Taco Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Baby Carrots Apple Slices 1% White Milk ^M</p>	<p>10</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> 4X6 Pizza ^{MW} Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Cucumber Slices Pineapple 1% White Milk ^M</p>
<p>13</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Rotini in Meat Sauce ^{EW} w/ Garlic Toast ^{MSW} Fruit & Yogurt Parfait ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Steamed Broccoli Pineapple 1% White Milk ^M</p>	<p>14</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Chicken Poppers ^{MSW} w/ Biscuit ^{MW} Fruit & Yogurt Parfait ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Mashed Potatoes Peaches 1% White Milk ^M</p>	<p>15</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> French Toast Sticks ^{MESW} w/Pork Sausage Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Tri-Taters Pears 1% White Milk ^M</p>	<p>16</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Turkey & Cheese Sub ^{MSW} ^{SS} w/ Goldfish Crackers ^{MW} Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>BBQ Baked Beans Applesauce 1% White Milk ^M</p>	<p>17</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Stuffed Crust Pizza ^{MSW} Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Cherry Tomatoes Fruit Cocktail 1% White Milk ^M</p>

Allergen Legend:

W – Contains Wheat
S – Contains Soy
M – Contains Milk/Dairy
E – Contains Eggs
SS – Contains Sesame
GF – Naturally Gluten Free (Packaged in kitchens that prepare items containing gluten.)
SF – Contains Shellfish
T – Contains Tree Nuts
P – Contains Peanuts
F – Contains Fish

Please speak with your school's café manager to obtain a Special Dietary Needs Medical Form if your child requires a special menu or meal modification due to a disability or impairment.

Pricing

1 Student Lunch	\$2.65
1 Student Reduced Lunch	\$0.40
Adult Purchases	A la Carte
Milk	\$0.65

Additional items beyond the first meal are charged as a la carte.

<p>20</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> All Beef Hot Dog on Bun ^W Fruit & Yogurt Parfait ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>BBQ Baked Beans Mandarin Oranges 1% White Milk ^M</p>	<p>21</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Pizza Cheese Crunchers ^{MW} Fruit & Yogurt Parfait ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Steamed Carrots Fruit Cocktail 1% White Milk ^M</p>	<p>22</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> All Beef Cheeseburger ^{MS} or Hamburger on Bun ^W Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Sweet Potato Fries Pears 1% White Milk ^M</p>	<p>23</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Chicken Nuggets ^{MSW} w/ Corn Muffin ^{MEW} Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Steamed Peas Apple Slices 1% White Milk ^M</p>	<p>24</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Soft Pretzel ^W w/ Cheese ^M Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Green Beans Peaches 1% White Milk ^M</p>
<p>27</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Bosco Bread Sticks ^{MW} Fruit & Yogurt Parfait ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Steamed Corn Mandarin Oranges 1% White Milk ^M</p>	<p>28</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Waffles ^{MESW} w/Cheese Omelet ^{ME} Fruit & Yogurt Parfait ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Emoticons Peaches 1% White Milk ^M</p>	<p>29</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Breaded Chicken Sandwich ^{MSW} on Bun ^W Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Steamed Peas and Carrots Pears 1% White Milk ^M</p>	<p>30</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> Walking Taco Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Baby Carrots Apple Slices 1% White Milk ^M</p>	<p>May 1</p> <p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> 4X6 Pizza ^{MW} Grilled Cheese ^{MSW} Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} Bagel ^w and Yogurt ^M w/Sunflower Seeds PB&J Sandwich ^{PW} <p>Steamed California Blend Pineapple 1% White Milk ^M</p>

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Visit the Food Service link at www.zcs.k12.in.us where you will find info on:

- Contact names
- Meal assistance
- Nutritional / allergen information
- Cafeteria pricing
- School Pay and More

You can also learn about our **ZCS Family Portal** where you can view current balances, food purchase histories and MORE!