

# PUSD HIGH SCHOOL-LUNCH MENU APRIL 2026

	MON	TUE	WED	THU	FRI
4/13-4/17	<p><b>Chicken &amp; Cheese Tamale</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Potato Wedges, Shredded Romaine &amp; Sliced Tomatoes, Side salad Fruit Slushie, Seasonal Fresh Fruit</p>	<p><b>Beef Hot Dog &amp; Cheddar Sunchips</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Zucchini Sticks, Baby carrots, Shredded Romaine &amp; Sliced Tomatoes, Side salad Seasonal Fresh Fruit</p>	<p><b>Carnitas Soft Tacos &amp; Salsa Verde</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Shredded Romaine &amp; Sliced Tomatoes, Pico De Gallo, Sweet Corn, Side salad Seasonal Fresh Fruit</p>	<p><b>Mandarin Orange Chicken and Brown Rice Bowl</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Broccoli, Edamame, Shredded Romaine &amp; Sliced Tomatoes, Side salad. Seasonal Fresh Fruit Variety</p>	<p><b>Chicken Meatball Marinara Pasta</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Cucumbers, Cherry Tomatoes, Shredded Romaine &amp; Sliced Tomatoes, Side Salad Fruit Slushie, Seasonal Fresh Fruit</p>
4/20-4/24	<p><b>Chili Cheese Fries &amp; Cornbread</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Potato Wedges, Shredded Romaine &amp; Sliced Tomatoes, Side salad Fruit Slushie, Seasonal Fresh Fruit</p>	<p><b>Beef Hot Dog &amp; Cheddar Sunchips</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Zucchini Sticks, Baby carrots, Shredded Romaine &amp; Sliced Tomatoes, Side salad Seasonal Fresh Fruit</p>	<p><b>Walking Taco</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Shredded Romaine &amp; Sliced Tomatoes, Pico De Gallo, Sweet Corn, Side salad Seasonal Fresh Fruit</p>	<p><b>Beef Teriyaki Dippers &amp; Brown Rice</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Broccoli, Edamame, Shredded Romaine &amp; Sliced Tomatoes, Side salad. Seasonal Fresh Fruit</p>	<p><b>Hot Wings &amp; Cheesy Mac</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggie:</b> Cucumbers, Cherry Tomatoes, Shredded Romaine &amp; Sliced Tomatoes, Side Salad Fruit Slushie, Seasonal Fresh Fruit</p>
4/27-5/1	<p><b>Chicken Drumstick, with Mashed Potatoes &amp; Roll</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Potato Wedges, Shredded Romaine &amp; Sliced Tomatoes BBQ Baked Beans, Side salad Fruit Slushie, Seasonal Fresh Fruit</p>	<p><b>BBQ Pork Rib Sandwich in Hoagie Roll</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Coleslaw, Baby carrots, Shredded Romaine &amp; Sliced Tomatoes, Side salad Seasonal Fresh Fruit</p>	<p><b>Birria &amp; Cheese Pupusa</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Shredded Romaine &amp; Sliced Tomatoes, Pico De Gallo, Sweet Corn, Side salad Seasonal Fresh Fruit</p>	<p><b>Teriyaki Chicken and Brown Rice Bowl</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Broccoli, Edamame, Shredded Romaine &amp; Sliced Tomatoes, Side salad. Seasonal Fresh Fruit</p>	<p><b>Chicken Strips &amp; Waffle</b> Spicy or Crispy Chicken Sandwich Italian Sub Sandwich Hamburger/Cheeseburger/ Veggie Burger Taco Salad/Spicy Chicken Garden Salad/Vegetarian Salad with Roll Pizza: BBQ Chicken/ Hawaiian/ Cheese/Pepperoni/Vegetarian Fruit &amp; Yogurt Parfait <b>Fruit &amp; Veggies:</b> Cucumbers, Cherry Tomatoes, Shredded Romaine &amp; Sliced Tomatoes, Side Salad Fruit Slushie, Seasonal Fresh Fruit</p>

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

A VARIETY OF MILK IS OFFERED DAILY INCLUDING FAT FREE, AND LOW FAT 1%.  
THE MILK OFFER DOES NOT CONTAIN GMO INGREDIENTS AND IS HORMONE-FREE.  
A VARIETY OF LOCALLY SOURCED FRUITS AND VEGETABLES OFFERED DAILY.  
EACH STUDENT MUST SELECT A FRUIT AND/OR VEGETABLE AS PART OF A COMPLETE MEAL.

MENU SUBJECT TO CHANGE

LUNCH IS FREE FOR ALL PUSD STUDENTS

ADULT LUNCH \$4.75

MONTHLY MENUS, NUTRITION, ALLERGEN, AND CARBOHYDRATE INFORMATION CAN BE FOUND AT:  
WWW.SCHOOLS.MEALVIEWER.COM  
FOR ADDITIONAL INFORMATION OR INQUIRIES, PLEASE CONTACT PUSD FOOD AND NUTRITION SERVICES  
740 W. WOODBURY RD, ALTADENA, CA 91001 (626) 396-5850