

PUSD MIDDLE SCHOOL-LUNCH MENU APRIL 2026

MON	TUE	WED	THU	FRI
HOLIDAY NO SCHOOL	30 BBQ Pork Rib Sandwich in Hoagie Roll Spicy or Crispy Chicken Sandwich Italian Cheesy Pull Apart & Marinara Cup Coleslaw, Baby carrots Frozen Fruit Cup & Seasonal Fresh Fruit	31 Beef Hard Shell Taco Spicy or Crispy Chicken Sandwich Italian Cheesy Pull Apart & Marinara Cup Edamame, Pico De Gallo, Shredded Romaine & Sliced Tomatoes Grapes & Seasonal Fresh Fruit Chocolate Chip Cookie	1 Teriyaki Chicken and Brown Rice Bowl Spicy or Crispy Chicken Sandwich Italian Cheese Pull Apart Marinara Cup Broccoli, Zucchini Sticks, Edamame Frozen Fruit Cup & Fresh Seasonal Fruit	2 Hamburger/Cheeseburger/Veggie Burger Spicy or Crispy Chicken Sandwich Italian Cheesy Pull Apart Marinara Cup Potato Wedges, Shredded Romaine & Sliced Tomatoes Seasonal Fresh Fruit
6	7	8	9	10
SPRING BREAK				
13 Chicken & Cheese Tamale Hamburger/Cheeseburger/Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Potato Wedges, Shredded Romaine & Sliced Tomatoes, Side salad Fruit Slushie & Seasonal Fresh Fruit	14 Beef Hot Dog & Cheddar Sunchips Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Zucchini Sticks, Baby carrots, Shredded Romaine & Sliced Tomatoes, Side salad Seasonal Fresh Fruit	15 Carnitas Soft Tacos & Salsa Verde Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Shredded Romaine & Sliced Tomatoes, Pico De Gallo, Sweet Corn, Side salad Seasonal Fresh Fruit	16 Mandarin Orange Chicken and Brown Rice Bowl Hamburger/Cheeseburger/Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Shredded Romaine & Sliced Tomatoes, Broccoli, Edamame, Side salad. Seasonal Fresh Fruit	17 Pepperoni/Cheese Pizza Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Cucumbers, Cherry Tomatoes, Shredded Romaine & Sliced Tomatoes, Side Salad Fruit Slushie, Seasonal Fresh Fruit
20 Chili Cheese Fries & Cornbread Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Potato Wedges, Shredded Romaine & Sliced Tomatoes, Side salad Fruit Slushie & Seasonal Fresh Fruit	21 Pepperoni Calzone Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Zucchini Sticks, Baby carrots, Shredded Romaine & Sliced Tomatoes, Side salad Seasonal Fresh Fruit	22 Walking Taco Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Shredded Cheese Shredded Romaine & Sliced Tomatoes, Pico De Gallo, Sweet Corn, Side salad Seasonal Fresh Fruit	23 Teriyaki Beef & Brown Rice Bowl Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Shredded Romaine & Sliced Tomatoes, Broccoli, Edamame, Side salad. Seasonal Fresh Fruit	24 Hot Wings & Cheesy Mac Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Cucumbers, Cherry Tomatoes, Shredded Romaine & Sliced Tomatoes, Side Salad Fruit Slushie, Seasonal Fresh Fruit
27 Chicken Drumstick, with Mashed Potatoes & Roll Hamburger/Cheeseburger/Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Potato Wedges, Shredded Romaine & Sliced Tomatoes, BBQ Baked Beans, Side salad Fruit Slushie & Seasonal Fresh Fruit	28 BBQ Pork Rib Sandwich in Hoagie Roll Hamburger/Cheeseburger/Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Coleslaw, Baby carrots, Shredded Romaine & Sliced Tomatoes, Side salad Seasonal Fresh Fruit	29 Birria & Cheese Pupusa Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Shredded Romaine & Sliced Tomatoes, Pico De Gallo, Sweet Corn, Side salad Seasonal Fresh Fruit	30 Teriyaki Chicken and Brown Rice Bowl Hamburger/Cheeseburger/Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Shredded Romaine & Sliced Tomatoes, Broccoli, Edamame, Side salad. Seasonal Fresh Fruit	1 Chicken Tenders & Waffle Hamburger/Cheeseburger/Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Cucumbers, Cherry Tomatoes, Shredded Romaine & Sliced Tomatoes, Side Salad Fruit Slushie, Seasonal Fresh Fruit

This institution is an equal opportunity provider.
Menu Subject To Change

A variety of milk is offered daily including Fat Free, Low Fat 1%, and Whole. The milk offer does not contain GMO ingredients and is hormone-free. A variety of locally sourced fruits and vegetables offered daily. Each student must select a fruit and/or vegetable as part of a complete meal.

Meals are FREE for all PUSD students. Adult lunch \$4.75

Monthly menus, nutrition, allergen, and carbohydrate information can be found at: www.schools.mealviewer.com
For additional information or inquiries, please contact PUSD Food and Nutrition Services
740 W. Woodbury Rd, Altadena, CA 91001 (626) 396-5850