Gettysburg Area School District
Vida Charter School

April 2026
Lunch Carb Counts

Monday	Tuesday	Wednesday	Thursday	Friday
		4/1 1. Triple Play – Mozzarella Sticks **17**, Popcorn Chicken **7**, Tater Tots **4** 2.WG Cheese Pizza **37** 3. Beef Hot Dog **28** **Sides:** Loaded Tater Tots **14,** Fresh Celery **3,** Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/2** 1.Cheese Calzone **35** w/Chicken Noodle Soup **10** 2. Italian Dunkers w/Sauce **44** 3.Popcorn Chicken Salad **36** **Sides:** Oven Baked Fries **10,** Fresh Pepper Strips **2,** Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/3** **No School**
4/6 1.WG Cheese Pizza **37** 2. Chicken Nuggets w/Dinner Roll **50** 3. Donut and Berry Parfait **37.5** **Sides:** Oven Baked Fries **10,** Fresh Carrots **7**, Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12**, 1% **Choc** Milk **24**	**4/7** 1.Salisbury Steak w/Bread Slice **32** 2. Italian Dunkers w/Sauce **49** 3. Popcorn Chicken w/Soft Pretzel **28** **Sides:** Mashed Potatoes **16**, Steamed Peas **12**, Chilled Fruit **15**, 100% Fruit Juice **15**, **1%** Milk **12**, 1% **Choc** Milk **24**	**4/8** 1. Walking Tacos **24** 2. Sweet and Sour Meatballs **23** w/Garlic Knot **27** 3. Fish Nuggets w/Dinner Roll **46** **Sides:** Steamed Corn **16**, Fresh Cauliflower **2** Chilled Fruit, **15** 100% Fruit juice, **15,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/9** 1.Waffles w/Bacon **54** 2.Ravoli Bites w/Sauce **33** 3.Crispy Chicken Salad **36** **Sides:** Oven Baked Hash Brown **14** Cauliflower **7,** Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/10** 1.Hamburger or Cheeseburger **29** 2.Cheesy Breadstick **42** 3.Ham and Cheese Sub **39** **Sides:** Oven Baked Fries **10**, Pepper Strips **2**, Chilled Fruit **15**,100% Fruit Juice **15**, 1% Milk **12** 1% **Choc** Milk **24**
4/13 1.Cheesesteak Sub **49** 2. Chicken Tenders w/Goldfish **30** 3. Fish Nuggets w/Dinner Roll **46** **Sides:** Steamed Carrots **7,** Celery **3**, Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/14** 1.Mac and Cheese w/Dinner Roll **35** 2. Meatball Sub **39** 3. Turkey and Cheese Sub **39** **Sides:** Steamed Broccoli **2**, Fresh Cucumbers **2,** Chilled Fruit **15**, 100% Fruit Juice **15**, **1%** Milk **12**, 1% **Choc** Milk **24**	**4/15** 1. WG Cheese Pizza **37** 2. Fish Sandwich **41** 3. Yogurt w/Graham Crackers **29.3** **Sides:** BBQ Baked Beans **37** Fresh Carrots **7** Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/16** 1. Pancakes w/SF Syrup and Bacon **38** 2. Cheesy Pull Apart Bread **33** 3. Popcorn Chicken Salad w/Dressing **36** **Sides:** Oven Baked Hash Brown **14**, Fresh Broccoli Florets **2**, Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/17** 1.WG Cheese Pizza **37** 2. Ham and Cheese Pretzel Melt **33** 3. Mini Corn Dog Nuggets **35** **Sides:** BBQ Baked Beans **37,** Cucumbers **2**, Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12**, 1% **Choc** Milk **24**
4/20 1. Chicken and Mashed Potato Bowl **45** 2. Cheesy Breadstick **42** 3. Beef Hot Dog **28** **Sides:** Steamed Peas **12**, Mashed Potatoes **16** Chilled Fruit, **15** 100% Fruit juice, **15,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/21** 1.Toasted Cheese Sandwich **34** 2. Chicken Nuggets w/Dinner Roll **50** 3.Chef Salad w/Dressing **8** **Sides:** Tomato Soup **16**, Side Salad **3**, Chilled Fruit **15**, Fresh Whole Fruit **24,** 1% Milk **12,** 1% **Choc** Milk **24**	**4/22** 1. Tacos- Beef Soft Shell **24** 2. Pizza Crunchers w/Sauce **51** 3. Turkey and Cheese Sub **39** **Sides:** Steamed Corn **16,** Broccoli **2**, Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/23** 1.French Toast w/Sausage **65.6** 2. Meatball Sub **39** 3. Crispy Chicken Salad w/Dressing **36** **Sides:** Oven Baked Tater Tots **14** BBQ Baked Beans **37** Chilled Fruit **15**, 100% Fruit Juice **15**, **1%** Milk **12**, 1% **Choc** Milk **24**	**4/24** 1.Lasagna w/Breadstick **33** 2.Hamburger or Cheeseburger **29** **3**. Fish Nuggets w/Dinner Roll **46** **Sides:** Green Beans **3**, Fresh Carrots **7,** Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12**, 1% **Choc** Milk **24**
4/27 1.WG Cheese Pizza **37** 2. Chicken Tenders w/Goldfish **30** 3. Corn Dog Nuggets **35** **Sides:** Oven Baked Fries **10,** Broccoli **2** Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12**, 1% **Choc** Milk **24**	**4/28** 1.General Tso's w/Steamed Rice **42** 2. Pizza Crunchers w/Sauce **37.5** 3. Chef Salad w/Dressing **8** **Sides:** Steamed Broccoli **2,** Fresh Celery Sticks **3,** Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12** 1% **Choc** Milk **24**	**4/29** 1. Walking Tacos **24** 2. Cheese Bites w/Sauce **28** 3. Fish Sandwich **41** **Sides:** Steamed Corn **16**, Fresh Cauliflower **2** Chilled Fruit, **15** 100% Fruit juice, **15,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/30** 1.Cheese Calzone **35** w/Chicken Noodle Soup **10** 2. Italian Dunkers w/Sauce **44** 3.Popcorn Chicken Salad **36** **Sides:** Oven Baked Fries **10,** Fresh Pepper Strips **2,** Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**	

***All Pork and Ham Products are made w/Low-Sodium Turkey**