Gettysburg Area School District Vida Charter School			April 2026 Breakfast Carb Counts	
Monday	Tuesday	Wednesday	Thursday	Friday
		4/1 1. Iced Cinnamon Bun **38** 2. WG Bagel w/Cream Cheese **28** **Sides:** Chilled Fruit **15,** Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc**	**4/2** 1. Bacon, Egg and Cheese on a Muffin **28** 2.Caramel Mini Cini **35** **Sides**: Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/3** **No School**
4/6 1. WG Confetti Waffles **30** 2. Strawberry Pancake Puffs **33** **Sides**: Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/7** 1. Egg Omelette **1** w/Bacon **1** 2. WG Blueberry Muffin **26** **Sides**: Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/8** 1. Donut and Berry Parfait **37.5** 2. Iced Cinnamon Bun **38** **Sides**: Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/9** 1. Bacon, Egg and Cheese Pancake Sandwich **28** 2. Apple Cinnamon Oatmeal Bar **39** **Sides**: Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/10** 1. Sausage, Egg and Cheese Croissant **28** 2. Mini Banana Bread Loaf **28** **Sides**: Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**
4/13 1.WG French Toast Sticks **29.25** 2.Egg Bites **3** w/Hash Brown **12** **Sides:** Chilled Fruit **15,** 100% Fruit Juice **15,** 1% Milk **12,** 1 % Choc Milk **24**	**4/14** 1. Sausage, Egg and Cheese Pretzel Sandwich **33** 2. Strawberry Pancakes **38** **Sides**: Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/15** 1. Iced Cinnamon Bun **38** 2. WG Bagel w/Cream Cheese **28** **Sides:** Chilled Fruit **15,** Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc**	**4/16** 1. Bacon, Egg and Cheese on a Muffin **28** 2.Caramel Mini Cini **35** **Sides**: Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/17** 1. Bacon, Egg and Cheese Croissant **28** 2. Breakfast Pizza **27** **Sides**: Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**
4/20 1. WG Confetti Waffles **30** 2. Strawberry Pancake Puffs **33** **Sides**: Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/21** 1. Egg Omelette **1** w/Bacon **1** 2. WG Blueberry Muffin **26** **Sides**: Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/22** 1. Donut and Berry Parfait **37.5** 2. Iced Cinnamon Bun **38** **Sides**: Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/23** 1. Bacon, Egg and Cheese Pancake Sandwich **28** 2. Apple Cinnamon Oatmeal Bar **39** **Sides**: Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/24** 1. Sausage, Egg and Cheese Croissant **28** 2. Mini Banana Bread Loaf **28** **Sides**: Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**
4/27 1.WG French Toast Sticks **29.25** 2.Egg Bites **3** w/Hash Brown **12** **Sides:** Chilled Fruit **15,** 100% Fruit Juice **15,** 1% Milk **12,** 1 % Choc Milk **24**	**4/28** 1. Sausage, Egg and Cheese Pretzel Sandwich **33** 2. Strawberry Pancakes **38** **Sides**: Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**4/29** 1. Iced Cinnamon Bun **38** 2. WG Bagel w/Cream Cheese **28** **Sides:** Chilled Fruit **15,** Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc**	**4/30** 1. Bacon, Egg and Cheese on a Muffin **28** 2.Caramel Mini Cini **35** **Sides**: Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12,** 1 % **Choc** Milk **24**	

Daily Alternate Breakfast Meals: Assorted Low Sugar Cereal 25 w/String Cheese 1

SF Syrup For Breakfast Items - 8