

**Gettysburg Area School District  
Elementary School**

**April 2026  
Breakfast Carb Counts**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>4/1</b> 1. Iced Cinnamon Bun <b>38</b> 2. WG Bagel w/Cream Cheese <b>28</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , Fresh Whole Fruit <b>24</b> , 1 % Milk <b>12</b> , 1 % <b>Choc</b>	<b>4/2</b>  <b>No School</b>	<b>4/3</b>  <b>No School</b>
<b>4/6</b>  <b>No School</b>	<b>4/7</b> 1. Egg Omelette <b>1</b> w/Bacon <b>1</b> 2. WG Blueberry Muffin <b>26</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , Fresh Whole Fruit <b>24</b> , 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>	<b>4/8</b> 1. Donut and Berry Parfait <b>37.5</b> 2. Iced Cinnamon Bun <b>38</b>  <b>Sides:</b> Chilled Fruit, <b>15</b> 100% Fruit juice, <b>15</b> 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>	<b>4/9</b> 1. Bacon, Egg and Cheese Pancake Sandwich <b>28</b> 2. Apple Cinnamon Oatmeal Bar <b>39</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , Fresh Whole Fruit <b>24</b> , 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>	<b>4/10</b> 1. Sausage, Egg and Cheese Croissant <b>28</b> 2. Mini Banana Bread Loaf <b>28</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , Fresh Whole Fruit <b>24</b> , 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>
<b>4/13</b> 1.WG French Toast Sticks <b>29.25</b> 2.Egg Bites <b>3</b> w/Hash Brown <b>12</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , 100% Fruit Juice <b>15</b> , 1% Milk <b>12</b> , 1 % Choc Milk <b>24</b>	<b>4/14</b> 1. Sausage, Egg and Cheese Pretzel Sandwich <b>33</b> 2. Strawberry Pancakes <b>38</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , Fresh Whole Fruit <b>24</b> , 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>	<b>4/15</b> 1. Iced Cinnamon Bun <b>38</b> 2. WG Bagel w/Cream Cheese <b>28</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , Fresh Whole Fruit <b>24</b> , 1 % Milk <b>12</b> , 1 % <b>Choc</b>	<b>4/16</b> 1. Bacon, Egg and Cheese on a Muffin <b>28</b> 2.Caramel Mini Cini <b>35</b>  <b>Sides:</b> Chilled Fruit, <b>15</b> 100% Fruit juice, <b>15</b> 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>	<b>4/17</b> 1. Bacon, Egg and Cheese Croissant <b>28</b> 2. Breakfast Pizza <b>27</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , Fresh Whole Fruit <b>24</b> , 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>
<b>4/20</b> 1. WG Confetti Waffles <b>30</b> 2. Strawberry Pancake Puffs <b>33</b>  <b>Sides:</b> Chilled Fruit, <b>15</b> 100% Fruit juice, <b>15</b> 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>	<b>4/21</b> 1. Egg Omelette <b>1</b> w/Bacon <b>1</b> 2. WG Blueberry Muffin <b>26</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , Fresh Whole Fruit <b>24</b> , 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>	<b>4/22</b> 1. Donut and Berry Parfait <b>37.5</b> 2. Iced Cinnamon Bun <b>38</b>  <b>Sides:</b> Chilled Fruit, <b>15</b> 100% Fruit juice, <b>15</b> 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>	<b>4/23</b> 1. Bacon, Egg and Cheese Pancake Sandwich <b>28</b> 2. Apple Cinnamon Oatmeal Bar <b>39</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , Fresh Whole Fruit <b>24</b> , 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>	<b>4/24</b> 1. Sausage, Egg and Cheese Croissant <b>28</b> 2. Mini Banana Bread Loaf <b>28</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , Fresh Whole Fruit <b>24</b> , 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>
<b>4/27</b> 1.WG French Toast Sticks <b>29.25</b> 2.Egg Bites <b>3</b> w/Hash Brown <b>12</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , 100% Fruit Juice <b>15</b> , 1% Milk <b>12</b> , 1 % Choc Milk <b>24</b>	<b>4/28</b> 1. Sausage, Egg and Cheese Pretzel Sandwich <b>33</b> 2. Strawberry Pancakes <b>38</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , Fresh Whole Fruit <b>24</b> , 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>	<b>4/29</b> 1. Iced Cinnamon Bun <b>38</b> 2. WG Bagel w/Cream Cheese <b>28</b>  <b>Sides:</b> Chilled Fruit <b>15</b> , Fresh Whole Fruit <b>24</b> , 1 % Milk <b>12</b> , 1 % <b>Choc</b>	<b>4/30</b> 1. Bacon, Egg and Cheese on a Muffin <b>28</b> 2.Caramel Mini Cini <b>35</b>  <b>Sides:</b> Chilled Fruit, <b>15</b> 100% Fruit juice, <b>15</b> 1 % Milk <b>12</b> , 1 % <b>Choc</b> Milk <b>24</b>	

**Daily Alternate Breakfast Meals: Assorted Low Sugar Cereal **25** w/String Cheese **1**  
SF Syrup For Breakfast Items - **8****