



Welcome Back Meadows!

August 11, 2025

🎵 Good Day



OFFICE TEAM



Mrs. Ramirez

Secretary
Secretaria



Ms. Duenas

Secretary
Secretaria



Mrs. Helm

MTSS Coordinator
Coordinadora de Sistema
de apoyo por niveles
(MTSS)



Mrs. Moore

Principal
Directora



Mrs. Yu

Instructional Coach
Entrenadora de enseñanza





Mr. Oners

SLS Coordinator



Wellness Center

Centro de Bienestar



How do I know I need to go to
the Wellness Center?

¿Cómo sé que necesito ir al
Centro de Bienestar?

Meadows Core Values



WE ARE AN INCLUSIVE COMMUNITY OF KINDNESS

- Everyone belongs here regardless of race, religion, language, intellectual **and social skill ability**, gender, gender identity or sexual preference.
- We learn and grow because of our differences.
- We take care of each other with patience and understanding.
- We speak up for each other.
- We treat each other with kindness, even when it is hard.
- We embrace our humanity and treat ourselves with kindness and grace.



WE CHALLENGE OURSELVES TO GROW

- We strive to be the best version of ourselves through continuous improvement and self-reflection.
- **We focus on what we control.**
- We view challenges as learning opportunities.
- We view failure as a temporary and actionable part of the learning process.
- We accept no one is perfect, including ourselves.
- We celebrate each other's wins.



WE ARE PROBLEM SOLVERS

- We recognize **we have the power** to solve our own problems.
- We take initiative in attempting to solve a problem.
- We seek help when we have used all of our tools/ideas and still can't solve a problem.
- We share our tools for problem solving with others.
- We recognize there is more than one way to solve a problem.
- We refrain from shame and blame.
- We aim to **be proactive** to prevent problems.



Behavior Expectations



- ★ Be Safe
- ★ Be Respectful
- ★ Be Responsible
- ★ Be a Problem Solver





1

BE SAFE

We do our part to make
sure everyone is physically
& emotionally safe





Physical Safety Tips

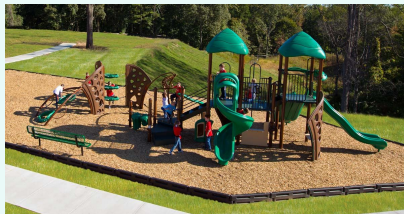


Please go around



Por favor ve por el otro lado

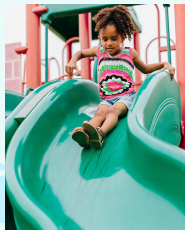
**Stay in
designated areas**



Pay attention



**Use equipment
correctly**



**Stay calm &
play safe**



Emotional Safety

Everyone belongs

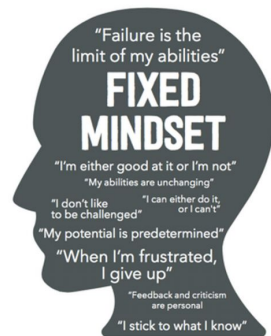
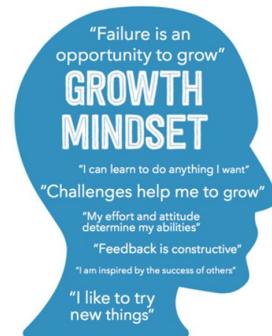
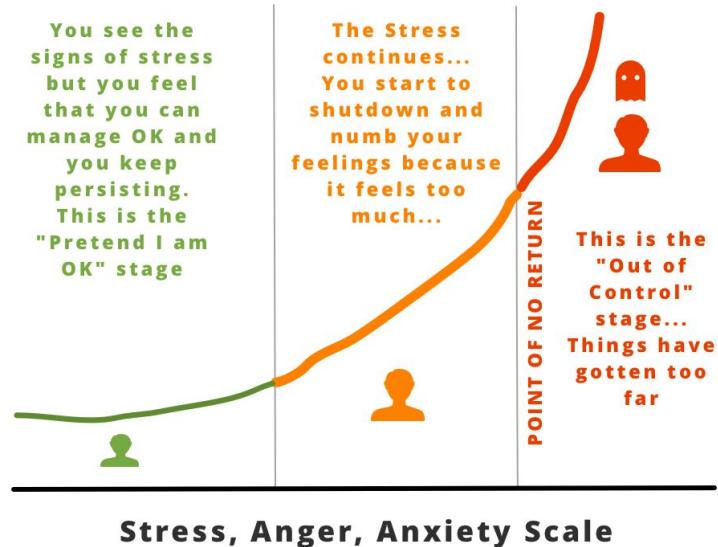
- ❖ Our differences are not used against us
- ❖ We stand up for each other
- ❖ We stand up against hate

Everyone feels supported

- ❖ We have at least 1 good friend we trust
- ❖ We know adults are here for us

Everyone feels strong

- ❖ We know we can do hard things



Your Words Matter

COTTON VS. SANDPAPER

Your words matter

From 8 Keys to End Bullying by Signe Whitson



COTTON WORDS

Saying words in a polite and calm tone.



SANDPAPER WORDS

Saying words in a loud, gruffy or angry tone.

Your tone can either support or change the meaning of the words you use.

<i>Examples</i>	<i>Cotton</i>	<i>Sandpaper</i>
Please stop calling me names, it makes me sad.	X	
If you don't stop, I'm going to break your pencil!		X
Can I please play with you guys?	X	
I can't see! Get out of my way!		X
I'm sorry I bumped into you. It was an accident.	X	
Move, that's my spot!		X
Excuse me, are you using this ball?	X	
Give me that!		X



BE RESPONSIBLE

We show up, work hard and
take care of our school

2



Attendance

- ★ SLEEP EARLY
- ★ WAKE UP EARLY
- ★ EAT BREAKFAST
- ★ GET TO SCHOOL ON TIME



**Earn
Attendance
Class Prizes!**



We did it!

Our Class had 100%

Everyday that your class has 100% of students present (not including independent studies), add one letter to the lines below.
When you spell out ATTENDANCE, your class earns a reward!

A T T E N D A N C E





**You can
do it!**

Have Pride & Take Care of Your School

Classrooms

- ★ No drinks other than water
- ★ Classrooms are for learning, food should be eaten in designated spaces -cafeteria or green tables
- ★ No slime
- ★ Pick up after yourself -floors should be free of trash
- ★ Writing stays on papers
- ★ Technology is cared for

Playground/Bathrooms

- ★ No food or drink (water ok)
- ★ Bathroom trash goes in trash cans
- ★ No slime
- ★ Don't be wasteful with paper products
- ★ Don't play with balls near buildings or fences
- ★ Take care of equipment

Personal Items



Meadows will provide you with all the items required for your learning. We are not responsible for personal items you bring from home if they get lost, stolen or damaged so please bring those with caution.

Personal items are your responsibility





3

BE RESPECTFUL

We bring our best selves to
school and aim to be a
good human



Be a GOOD HUMAN



DOLPHINS HAVE CHARACTER



Creativity

Demonstrating originality and innovation by thinking differently, proposing new solutions and being brave with your ideas.

Expressing yourself clearly through your words and actions while listening to understand others.

Communication



Collaboration

Working together to achieve a common goal through cooperation and mutual respect to succeed as a team.

Understanding someone's feelings from their point of view as if they were your own even if you lack the experience.

Empathy



Gratitude

Appreciating not only what others do for or give to you, but acknowledging even the simple things in life are enough.

Believing your abilities and performance, and those of others, can be improved through strategic effort and dedication.

Growth Mindset



Inclusivity

Valuing the diversity of our community and ensuring all feel welcomed and respected with a sense of belonging.

Choosing to do the right thing even when it's not easy or popular by demonstrating honesty and a strong sense of self.

Integrity



Perseverance

Never giving up, sticking with it, learning from mistakes, and believing in yourself even when it's hard.

Acknowledging the value of every person, place, and thing, by being mindful of the impact your words & actions have on them.

Respect



¡LOS DELFINES TIENEN CARÁCTER!



Creatividad

Demostrando originalidad e innovación al pensar de manera diferente, proponer nuevas soluciones y tener valentía con tus ideas.

Expresarte con claridad a través de tus palabras y acciones mientras escuchas para comprender a los demás.

Comunicación



Colaboración

Comprender los sentimientos de alguien desde su punto de vista como si fueran tuyos, incluso si no tienes la misma experiencia.

Empatía



Gratitud

Apreciar no solo lo que otros hacen por ti o te dan, sino reconocer que incluso las cosas simples de la vida son suficientes.

Crear que tus habilidades y desempeño, así como los de los demás, pueden mejorar mediante esfuerzo estratégico y dedicación.

Mentalidad de crecimiento



Inclusividad

Valorar la diversidad de nuestra comunidad y asegurar que todos se sientan bienvenidos y respetados, con un sentido de pertenencia.

Elegir hacer lo correcto, incluso cuando no es fácil ni popular, demostrando honestidad y un fuerte sentido de uno mismo.

Integridad



Perseverancia

Reconocer el valor de cada persona, lugar y cosa, siendo consciente del impacto que tus palabras y acciones tienen en ellos.

Respeto



**“When in Doubt,
Choose Kind.”
-Mrs. Moore**

**“Cuando dudes, elige
ser amable”
— Sra. Moore**





We Are Problem Solvers

We have the power to resolve conflicts and create a school community

4

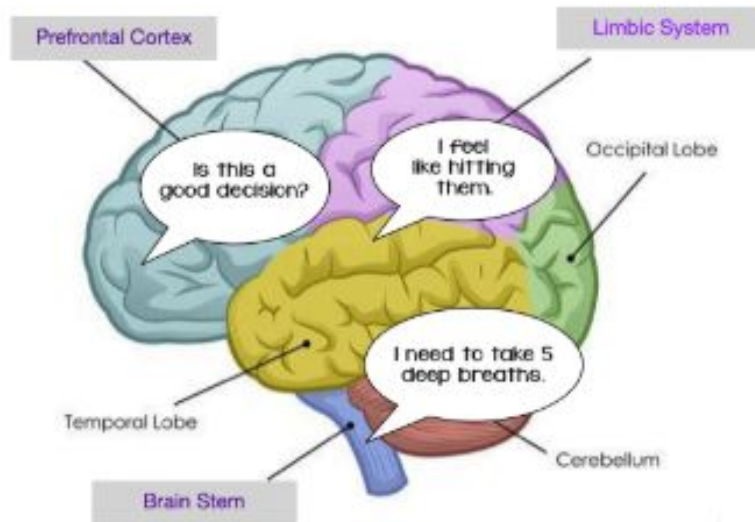


Learn to use your brain

FIGHT, FLIGHT OR FREEZE

This is my brain on bullying. Which section of my brain is being used?

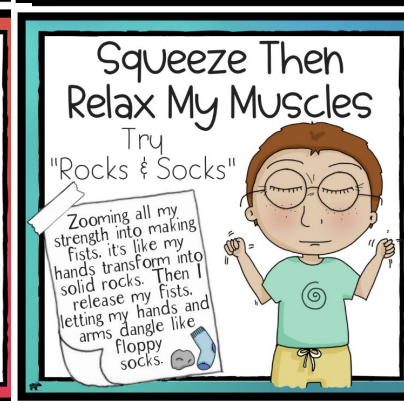
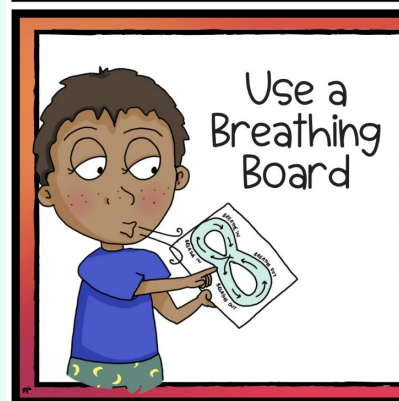
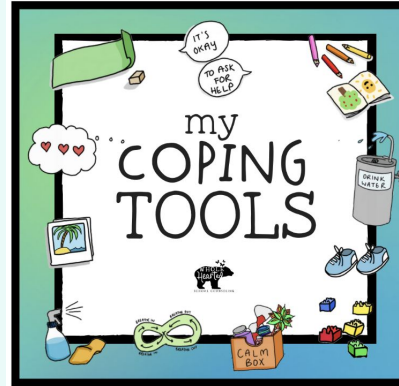
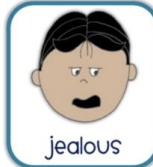
From 8 Keys to End Bullying by Signe Whitson



DANGER
DANGER

Emotional Regulation

How are you feeling?





<https://www.youtube.com/watch?v=44GuTuHM3Lc>

The background of the slide is a high-contrast, close-up photograph of ocean waves. The water is a deep, vibrant green, and the foam is bright white, creating a dynamic, textured pattern. In the top right corner, there are three thin, white, concentric wavy lines. In the bottom left corner, there is a thick, pink, wavy line. In the bottom right corner, there is a teal-colored shape and a small video player.

Let's have a great year dolphins!

