

Student Cost \$3.25, Adult Cost \$4.00, Milk \$0.50



Director of Food & Nutrition
Kala Geiss | Phone: 419.927.2414 Ext 4010 | Email: kala.geiss@mohawklocal.org

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Grilled Hot Dog Crunchy Corn Dog Crispy Tater Tots Fresh Fruit & Vegetable Bar	2 NO SCHOOL	3 NO SCHOOL
6 NO SCHOOL	7 Crispy Chicken Sandwich Spicy Chicken Sandwich Golden Sweet Corn Fresh Fruit & Vegetable Bar BBQ Chicken Baked Potato	8 Crispy Orange Chicken w/ Steamed Brown Rice Fresh Steamed Broccoli Fresh Fruit & Vegetable Bar	9 Savory Salisbury Steak w/ Whole Grain Dinner Roll Creamy Mashed Potatoes & Gravy Fresh Fruit & Vegetable Bar Broccoli & Cheese Baked Potato	10 Homemade Grilled Cheese Homemade Pepperoni Grilled Cheese Creamy Tomato Soup Fresh Fruit & Vegetable Bar
13 BBQ Rib Sandwich Honey Glazed Carrots Fresh Fruit & Vegetable Bar	14 Beef or Chicken Dorito Walking Taco Cheesy Seasoned Refried Beans Fresh Fruit & Vegetable Bar Taco Baked Potato	15 Homemade Macaroni & Cheese Optional Buffalo Chicken Golden Sweet Corn Fresh Fruit & Vegetable Bar	16 Homemade Italian Dinkers w/ Marinara Sauce Fresh Steamed Broccoli Fresh Fruit & Vegetable Bar Philly Steak Baked Potato	17 Grilled Cheeseburger or Hamburger Oven Baked Fries Fresh Fruit & Vegetable Bar
20 Meatball Hoagie Honey Glazed Carrots Fresh Fruit & Vegetable Bar	21 Baked Potato Bar Day!! Shredded BBQ Chicken Homemade Chili w/ Beans Fresh Steamed Broccoli Homemade Cheese Sauce Fresh Baked Biscuit Fresh Fruit & Vegetable Bar	22 Pepperoni Calzone w/ Marinara Sauce Steamed Green Beans Fresh Fruit & Vegetable Bar	23 Asian Chicken Dumplings w/ Homemade Fried Rice Fresh Steamed Broccoli Fresh Fruit & Vegetable Bar Pepperoni Pizza Baked Potato	24 BBQ Pulled Pork Sandwich BBQ Baked Beans Fresh Fruit & Vegetable Bar
27 Buffalo Chicken Alfredo Penne Fresh Steamed Broccoli Fresh Fruit & Vegetable Bar	28 Beef or Chicken Soft Taco Cheesy Seasoned Refried Beans Fresh Fruit & Vegetable Bar Taco Baked Potato	29 Popcorn Chicken Bowl w/ Whole Grain Dinner Roll Fresh Fruit & Vegetable Bar	30 Cinnamon French Toast Sticks w/ Turkey Sausage Links Crispy Tater Tots Fresh Fruit & Vegetable Bar Broccoli & Cheese Baked Potato	

THE PIZZERIA

- Cheese Pizza
- Pepperoni Pizza
- Hot Honey Pizza
- Buffalo Chicken Pizza
- Veggie Pizza

THE GRILL

Monday-Wednesday-Friday
 Cheeseburger
 Crispy Chicken
 Tenders w/ Whole Grain
 Dinner Roll

Tuesday-Thursday
 BBQ Rib Sandwich
 Spicy Chicken Tenders
 w/ Whole Grain Dinner
 Roll

Oven Baked Fries Daily

GRAB N' GO

- Fresh Made Turkey & Cheese or Ham & Cheese Wrap
- Fresh Made Turkey & Cheese or Ham & Cheese Sub
- Fresh Made Turkey or Ham Chef Salad
- Fresh Made Grilled Chicken Salad
- Fruit & Yogurt Parfait w/ Cinnamon Granola

WHAT MAKES A MEAL?
 You must choose at least 3 of 5 components available for the school lunch price.
 Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread, and Choice of Milk
 *Students must choose at least one fruit or vegetable

MILK OPTIONS
 Fat Free White, Fat Free Chocolate

FRUIT & VEGGIE OPTIONS
 Broccoli Florets | Baby Carrots
 Dark Leafy Greens | Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings
 Crisp Apple | Sliced Peaches | Mixed Fruit
 Fresh Orange | Banana | Pineapple Tidbits
 Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
 9th-12th may choose two 1/2 cup servings

ALTERNATE MENU OPTIONS
 Strawberry or Grape Peanut Butter & Jelly

