Serra Padre Freshman Football Information 2026

Message From Freshman Head Coach: Coach Ken Peralta:

All freshmen at Serra are invited to play football for the Padres. We do not cut. Most of the freshman Padres have yet to play tackle football. Any youngster who buys into our plan, cares for his team, and has a winning attitude is welcomed into the Padre football family. Youngsters who choose to stray from our values and standards will be thanked for their participation up to that point and will be free to pursue other interests.

You and your parents are joining a great program with high expectations of its participants. We aim to be a Top 10 program in the state of California and we train like a Top 10 program should train. Our program is fun but the reality is that our program is rigorous and we train hard.

Parents, in most situations, coaches expect to speak with the student-athlete if there are questions about our program. Freshmen Serra Padres are old enough to begin handling their academic and athletic team responsibilities independently. Student-athletes will step up when adults step back. Give your son room to do what they can do for themselves. The good news is freshman football is a lot of fun and the boys will make many new and lifelong friends.

You stay in the football program at Serra by being committed to the football program at Serra. If you are in town this summer, you are expected to be at workouts. If you are on vacation, have fun. Please let me know when you will return from vacation.

The summer calendar below is a list of summer opportunities for you to prepare for freshman football and get to know how we do things in the freshman football program.

Fall (regular season) practices begin on Monday, August 3th. Our season calendar is also posted below. All players are expected to attend all practices from August 3 until the end of the season in November.

We encourage you to play as many sports at Serra as God has given you the skill to play. Beware of people telling you to specialize in a single sport. We always work well with two- and three-sport athletes. Let's communicate and figure it out together.

Welcome to something special. It's going to be fun. Go Padres!

Coach Peralta 650-245-3608 kperalta@serrahs.com

2026 Summer Freshman Football Workout Schedule		
Week/Date	**Time**	**Workouts and Camp at Serra Summer 2026**
Week 1 **June 8**	5 p.m.-7 p.m. Monday-Thursday	Workouts at Serra with Serra coaches
Week 2 **June 15**	5 p.m.-7 p.m. Monday-Thursday	Workouts at Serra with Serra coaches
Week 3 **June 22**	5 p.m - 7 p.m. Monday-Thursday	Workouts at Serra with Serra coaches
Week 4 **June 29**	OFF - VACATION	Student-athletes are encouraged to work out on their own.
Week 5 **July 6**	OFF - VACATION	Student-athletes are encouraged to work out on their own.
Week 6 **July 13**	3 p.m.-5 p.m. Monday-Thursday	**Next Level Padded Football Camp** (Optional Football Camp located at San Mateo HS - for more information, click HERE)* **The 2026 Code for Next Level Summer Camp at San Mateo HS:** Buy One Get One Free:
Week 7 **July 20**	3 p.m.-5 p.m. Monday-Thursday	**Next Level Padded Football Camp** (Optional Football Camp located at San Mateo HS - for more information, click HERE)* **The 2026 Code for Next Level Summer Camp at San Mateo HS:** Buy One Get One Free:
Week 9 **July 27th**	DEAD WEEK	Student-athletes are encouraged to work out on their own from the week of July 27th to August 3rd.
August 3, 2026	Official CCS start date.	Mandatory reporting for any freshman planning on participating.

***Special Camp Pricing For Serra Players:** If you commit to attending both weeks of camp, your code which you will receive before camp will get you two weeks for the price of one. Our field at Serra is being resurfaced this summer so camp is at San Mateo High School.

Parents, have your son contact me if there are any questions about the freshman football program. It's his team. He is old enough to start handling his own team business. In high school sports, kids step up when parents step back. Trusting our coaching staff is essential. We are experienced coaches. Deep breath. It's going to be fun, and your son will make lifelong friends.
Go Padres,
Coach Peralta
kperalta@serrahs.com 650-245-3608