

CENTRAL VALLEY HIGH SCHOOL ALUMNI ASSOCIATION NEWSLETTER

MARCH 2026

PO BOX 555, SHASTA LAKE, CA 96019-0555

VOLUME 57

Updates on

Scholarship Winners of 2025!

We can provide funds to the Scholarship Winners each year thanks to the generous donations from our alumni Members. We want to thank each one of you who funded the scholarships: **Dr. Brad Ashburn** Class of 1999, **Brian Bucher** Class of 1983, **Dr. George Parrott** Class of 1961, **Stephen Pohlmeier** Class of 2000, **Nancy Flaherty (Rudd)** Class of 1984, **Jerry Tenney** Class of 1966, **Judy Weissberg (Ortiz)** Class of 1967, and all who donated to the **Rosie Tallerico** Memorial Scholarship Fund. We cannot stress enough how important it is to send a **"THANK YOU"** to the donors of the scholarships.

Mariah Brown received the Brian Bucher Design Scholarship. **Mariah** is attending Shasta College with a 3.6 GPA, and she plans to graduate this Spring with her associate's degree in Sociology, Psychology, and Behavioral Sciences. She has been working in Shasta College's TRIO SSS as a Student Peer Mentor. She has been accepted at Chico State for the 2026 Fall semester and might have a job opportunity as a Chico State TRIO SSS Academic Coach.

Cindy Cheng received the **Rosie Tallerico Memorial** scholarship. **Cindy** is busy with work and school and trying to stay on top of everything. She has been making time to hang out with friends as much as she can. One of her goals for 2026 is to travel more, so she has been looking for opportunities to explore new places when she gets the chance to go.

Rhiannon (Ren) Crittendon received an Alumni Association Scholarship. **Ren** is going to Shasta College, studying Elementary Education. She is working as a paraprofessional in a TK classroom at Grand Oaks Elementary School.

Rose Evans received the Larry Stanfield Memorial Scholarship. **Rose**, we hope that she is doing well, as we have not heard from her since August.

Coco Gonzales received the Don and Rosemary Spurgeon Scholarship. **Coco**, we hope that she is

doing well, as we have not heard from her since August.

Johnmichael Hall received an Alumni Association Scholarship. **Johnmichael**, we hope that he is doing well since we have not heard from him since August.

Brady Hill received the Ashburn Family Scholarship. **Brady** is at the University of Nevada, Reno, studying veterinary medicine with hopes of becoming a large animal veterinarian. He is also competing on the UNR rodeo team.

Nevaeh Kinney received an Alumni Association Scholarship. **Nevaeh**, we hope that she is doing well since we have not heard from her since August.

Taylor Kirkland received an Alumni Association Scholarship. **Taylor** is doing great! She has a job and is taking college classes to get her associate's degree in science soon. She will then be moving out of state to attend a university to get into the nursing program.

Malia Laird received an Alumni Association Scholarship. **Malia** is doing amazing! She is taking another full semester at Shasta College. She is taking anatomy, personal finance, ethnic studies, and humanities. She plans to finish her science classes (microbiology and physiology) and get ready to apply to the nursing program for the 2027 semester. For the rest of 2026, she plans to travel around for a bit and to as many concerts as she can. She is currently working at Copper Ridge Care Facility, and she loves it. She loves the residents, her coworkers, and the facility.

Kenzie Lawhon received an Alumni Association Scholarship. **Kenzie** says that school is going well so far. She passed the first semester with all A's. However, she made the big decision to switch her major to forensic psychology. She is doing well and is excited to see what the spring semester will offer.

Kylie Mason received the Randy Rudd Memorial Scholarship. **Kylie**, we hope that she is doing well, as we have heard from her since August.

Taylor Morris received the Weissberg Family Memorial Scholarship. **Taylor**, we hope that she is doing well, as we have not heard from her since August.

Kyler O'Neal received an Alumni Association Scholarship. **Kyler**, we hope that he is doing well, as we have not heard from him since August.

Angel Phan received the Harold and Julia Pohlmeier Memorial Scholarship. **Angel** is just starting the Winter quarter at UC Davis. So, she is adjusting to a whole new schedule. She just started the General Chemistry course, so lab work and safety are a new adventure compared to high school labs. She ended up finishing six classes, a nineteen-credit schedule (but transcript-wise sixteen since three credits did not count toward graduation) quarter with a 3.96 GPA. Other than that, she has been making friends and exploring campus, meeting the locals, finding new places to shop, and heading to sports events to cheer on UCD. She is looking into housing for next year, jobs, and thinking about what to do over summer break: shadowing, internship, summer classes, etc. Perhaps soon she will join some clubs, but schedules are demanding, and clubs meet at weird times.

Jasmine Saechin received the George Parrott Valedictorian Scholarship. **Jasmine** is doing well! She has been busy. She plans to graduate with her associate degree in Psychology from Shasta College. She will be transferring to CSU Chico to finish her bachelor's degree. She plans to do federal work study at Chico.

Valeria Torres received an Alumni Association Scholarship. **Valeria**, we hope that she is doing well, as we have not heard from her since August.

Tristan VanOrden received an Alumni Association Scholarship. **Tristan** is at Shasta College. He was at George Fox but tore his ACL playing football. He is planning to have surgery. He is continuing with his psychology degree.

We wish all of you continued success in your college career and in all your future endeavors.

We would like to thank the individuals who have established scholarships in honor of their family

members: Rogers family: Adrian, Class of 1987, Cindy, Class of 1978, Larry, Class of 1979, Tammy, Class of 1976, Jesse, Class of 1992, Tonya, Class of 1993, Savannah, Class of 2013, Mahala, Class of 2019, Raymi, Class of 2022, to honor their father, grandfather and great grandfather Ray Rogers. Thank you to the Strohmayr family: Connie, Steve, Class of 1990, Tim, Class of 1993, and Kevin, Class of 1995, to honor their husband and father, John Strohmayr, Class of 1964. Thank you to the Sandbloom/Chamberlin family for their donations to the Sandbloom/Chamberlin Memorial Scholarships. Thank you to the Richard and Katherine Haake family for their donations to the Richard and Katherine Haake Memorial Scholarships.

**Central Valley High School
Alumni Association
PO Box 555
Shasta Lake, CA 96019-0555**

Central Valley High School Alumni Association is a 501 (c) (3) non-profit organization operated exclusively for the benefit of students, student programs, faculty, staff, and alumni of Central Valley High School and to promote the school as often as possible to the community, state, and world.

All dues and donations are tax-deductible.

**2025-2026
Board of Directors
President
Skip Green, Class of 1968
Co-Vice-President
Tonya Eiffert (Rogers), Class of 1993
Nina Markham (Tsuda), Class of 1971
Secretary
Dee North (Kyle), Class of 1968
Treasurer
Edra Wilhelmy (Dobyns), Class of 1967**

**Board Members
Brooklyn Ellington (Stevens), Class of 2020
Jean Hampton (Naylor), Class of 1961
Val Peterson (Cantwell), Class of 1972
Janice Powell, Class of 1975
Don Spurgeon, Class of 1964**

Please Notify Us of Any Changes in Your Mailing Address, Phone Number, and email address!

Also, check out the New Alumni Pages at the New Central Valley High School

Website:

cvhs.gwusd.org

Please do not join the Central Valley High School Alumni Newsletter that you may receive via e-mail, as that is not a part of the Central Valley High School Alumni Association. We have asked them not to use our name. They continue to do so, but if we do not send them money, then maybe they will stop using "our" name. Also, Classmates does not help the school, and you can get the information from us at no cost to you, and your money would go to help the Central Valley High School students. We ask the permission of all our alumni before we give out their information to anyone. We would love for you to join the Alumni Association, as the money we raise goes to help the school, alumni, teachers, staff, and students.

The Alumni Association also has copies of several yearbooks from various years that we sell for \$40.00 each, plus shipping and handling. We have all the yearbooks on USB drives and CDs from 1955 through 2024. We sell CDs and USB drives for \$10.00 each, plus shipping and handling costs. We now have all the Class photos on a USB for sale. Thank you, Jean Naylor, for getting them done for us. Please check out the school's website for more information.

Unfortunately, many of our classmates, teachers, and staff have died in the last year. If you know of someone who has died who is not on the Memorial Page, please let us know. If you see someone who is on the Memorial page who is still alive, let us know that, too!

Lifetime Members as of 3/1/2026

Judy Arrasmith (Whalley), Brad Ashburn, Harry Thomas Ault, Greg Balkovek, Jeannie Benoist, Mike Bishop, Cathy Blew (Feyerherm), Gary Bohn, Pearl Brady, Brian Bucher, Bill Brobst, Denise Christiansen (Lewis), Alan Crabtree, Father Dan Carter, Joe Cilenti, Steven Cilenti, Jill Darcangelo (Godsey), Kathleen Gulledge,

Christiane VanMol (Hampton), Peggy Herndon, Eric Hoppes, Glen Kuehne, Robert Layne, Lori Leech (Rishton), Phil Lewis, Darlene Louis (Brown), Karen Allison (Louis) and Scott Louis, Nina Markham (Tsuda), Crystal Marks (Hilton), Howard "Marty" Martin, Dominique Monie', Dee North (Kyle), Ron Parker (DeCamp), Dr. George Parrot, Val Peterson (Cantwell), Stephen Pohlmeier, Dr. Bill Polf, Janice Powell, Thomas Radtke, Sharon Rendahl, Sherlyn Rice (Lattimer), Mike Ricks, Wes Risdon, Jean Roberts (Mallory), Phil Sawtelle, Barbara Simonick (Islas), Ernie & Betty Stephenson, Gordon Stevenson, Connie Strohmayr, Natalie Strohmayr (Crowder), Jerry Tenney, John Tetens, Larry Todd, Greg Watkins, Steve & Vickie Wallace, Judy Weissberg (Ortiz) and Mary Yeats (Lavoie). Thanks to all of you for your support of the Central Valley High School Alumni Association and the students, teachers, and staff.

Dr. George Parrott, Class of 1961, set up scholarships for Central Valley High School Graduates!

Dr. George Parrott has set up scholarships for Central Valley High School graduates at Chico State University, University of California at Davis, and Sacramento State University. If you are a CVHS graduate, check into the scholarships at these colleges, as they are for certain careers only. They are full-ride scholarships. Thank you, Dr. Parrott.

Proud to be a Central Valley High School Alumni!

So Proud of our Central Valley High School Falcons! Central Valley High School gets a lot of criticism at times, but the results of some tests prove that.

What we have known all along! Our students are incredibly capable, and our staff is focused, dedicated, and hardworking.

For the CAASPP State Testing 2025. Central Valley High School ranked #1 in English Language Arts among comprehensive high schools in Shasta County and # 3 in Math!

The Science scores also increased by 17%! There is not enough state data yet to compare to other schools, but this growth shows the incredible effort and commitment of both our students and teachers.

Proud to be a Falcon – proof that perseverance and teamwork pay off!

Also, Central Valley High School has been recognized by the California Department of Education as a 2026 California Distinguished School. CVHS earned this honor in the Achievement Gap Closers category, recognizing schools that are making outstanding progress in supporting historically underserved students while maintaining strong achievement for all learners. This reward reflects the demanding work of our students, the dedication of our staff, and the support of our families and community.

Congratulations to Tonya Eiffert (Rogers), Class of 1993!

Tonya was awarded the Gateway Unified School District Champion Award on Wednesday, November 19, 2025. Tonya teaches at Grand Oaks Elementary School. (For all of us older alumni, it was Project City School!) Tonya is a Champion to the students, teachers, staff, and Alumni Association for all her efforts on our behalf. Jesse says he is a lucky man to be her husband. We believe you, Jesse.

Congratulations to Mahala Rogers, Class of 2019!

Mahala is the proud Mother of a beautiful baby girl. Adera Jean Woodward was born on August 8, 2025. Mahala also has a new job to go along with Adera. Mahala is the California Highway Patrol Dispatcher for the Redding Area. All the best to the Rogers and Woodward families.

Congratulations to Raymi Rogers, Class of 2022!

Raymi is graduating from the University of Wyoming in May with a degree in Veterinary Science. All the best for your future.

Congratulations to Bryce Stevens, Class of 2014

Bryce Stevens is getting his master's degree in supply chain management from Michigan State and plans to be finished by June 2027. Bryce works for CalPortland cement and is married to our newest board member, Brooklyn, Class of 2020! Brooklyn works for Sierra Central Credit Union. They have a son, Colton, who is 14 months, so they are a very busy family. Congratulations to all the Stevens and Ellington families.

Congratulations to Gracelynn Morris, Class of 2027.

Gracelynn has been wrestling since she was seven years old. She gets her wrestling inspiration from her father, a professional MMA fighter and an assistant with the Central Valley wrestling program. She was selected by the Record Searchlight as athlete of the week for her first-place win at the Beast in the North State tournament on January 3rd and fourth-place win at the Corning Invitational on January 24th. Off the Mat, Gracelynn is committed to improving her public speaking skills and online presence. She is a dedicated athlete and is unwavering in her commitment to train her body and her mind. She is aiming to compete at the collegiate level and hopes to one day start a wrestling brand of her own.

Congratulations to three CVHS Volleyball Stars!

Luna Blankenship, Trinity Harris, and Jolene Short were named Honorable Mention by the Northern Athletic League for this past season. Trinity is a senior and will be saying farewell, but Jolene is a junior, and Luna is a sophomore and will be back for more next season. Go Lady Falcons!

Caitlin, Class of 2016, and Laureen Kalsbeek, Class of 2022!

Caitlin works for Dyco, Inc. (Innovative Plastic Container Handling Systems) in Bloomsburg, PA, where she was hired after graduating from Bucknell University in May 2020. She started as an Application Engineer and, in 2021, was promoted to an Assistant Sales Manager while still utilizing her Engineering background. Caitlin lives in Danville, PA, with a dog and two cats. She enjoys hiking and going to concerts.

Lauren graduated from Widener University in May 2025 with a Mechanical Engineering degree and Math and Computer Science minors. She is working as an engineer for Whiting-Turner, a large nationwide Construction Management company, in Arlington, VA. All the best to the Kalsbeek ladies.

Class of 2016's Volleyball Tournament!

The Central Valley High School Gyms were busy on Saturday, September 6, 2025. Thanks to the efforts of Katana Martina. Katana got together eight teams to play volleyball to help raise funds for the Class of 2016's Reunion, which is planned for next year. With the help of the Central Valley High

School Alumni Association and Boosters' Club, Wylie Ernst (Hines) and Alex Delles (Lain), the tournament was a success. After expenses, the Class of 2016 should have enough money to pay for the expenses of their reunion start-up. Thank you, Katana, and everyone who showed up to help.

Congratulations to Ed Mann, Class of 1967!

Ed has authored a terrific book, *Jungle Ghosts Walking Point in Vietnam*. Ed was the point man for his B Company 1/12th Cavalry Division at LZ Grant. Ed gives a great portrayal of what it was like for most of the young men who served in Vietnam. If you like history. Ed gives an exceptionally enjoyable reading of a piece of his life and makes it interesting for all to read. Thank you, Ed, for telling it like it was for many of the Central Valley alumni who spent time in Vietnam. You can purchase the book at Barnes and Noble or Amazon.

Congratulations to Schuyler Lane, Class of 2006!

Schuyler and his wife, Alicia, opened the Bonus Room at 1665 Pine Street in Redding in February. They have various beers on tap and soft drinks to drink while you play old video games. On Fridays and Saturdays, they have various food trucks that sell hot foods to enjoy while you play old video games—all the best to the Lanes and Bonus Room.

Total number of Central Valley High School Graduates from 1959 to 2025:

From the first graduating Class of 1959 to the Class of 2025. There were 12,455 graduates. The largest number of graduates was the Class of 1998 with 296 graduates. The Class with the fewest graduates was the Class of 2022, with only 102 graduates. We are happy to see an increase in the numbers for the Class of 2026.

We would love to see at least a thousand Alumni be regularly paid Alumni Association members so that the Alumni Association could fund more projects and scholarships each year.

Reunions can get a discount for renting the Larry Farr facility.

Charity Kelso (Tatlow) works at the City of Shasta Lake and said that the **Larry Farr Community Center** is available for a discounted price for groups that wish to rent it for Reunions if they do it through the Central Valley High School Alumni

Association, as we are a 501 (c) (3 non-profit organization.

Central Valley High School Alumni Association's History.

The Central Valley High School Alumni Association was established on July 1, 1992, as a 501 (c) (3 non-profit organization. Dan Haskins, Class of 1972, prepared our 501 (c) (3 status. Don Spurgeon started asking about doing something for the school in 1990 and after contacting several Central Valley High School alumni friends Darlene Louis (Brown), Class of 1960, Marlys Pederson (Barbosa), Class of 1960, Gary Green, Class of 1963, Alberta Wyatt (Ferguson), Class of 1963, Mike Bishop, Class of 1964, Melody Ellis (Christenson), Class of 1964, Pennie Johnson (Goodwin), Class of 1965 and Jim Goodwin, Class of 1961. We had a working Board that lasted for ten years. We have had several Board members since 2002. Board Presidents since Darlene have been Don Spurgeon, Matt Corbell, Class of 1983, Jesse Rogers, Class of 1992, and Jean Naylor, Class of 1961. With the new board, we look forward to many more years of the Alumni Association and hope for it to grow in numbers and support Central Valley High School and its students, staff, and teachers. GO FALCONS!

Class Reunions for 2026!

Class of 1966 – Contact Kirk Bishop

Class of 1976 – Contact - Let us know if you want to help.

Class of 1986 – Contact - Let us know if you want to help.

Class of 1996 – Contact – Genell Skeese (McKain)

Class of 2006 – Contact Kody Bodner

Class of 2016 – Contact Jackson Land

Golfers wanted the Sober Grad Golf Tournament!

Central Valley High School's Sober Grad Committee is looking for golfers to play in their annual golf tournament. Check out the flyer that is in this newsletter to sign up to play and help the Class of 2026's Sober Grad Night Party.