



# Mountain Home School District Food Services Newsletter

April 2026



## Now Boarding:

'Global Eats' takes students on a Food Adventure!

Students at MHHS are preparing for takeoff with "Global Eats", a program that invites students on a journey to explore the unique ingredients and authentic flavors from cuisines around the world. April 6-10, MHHS students will go on a culinary adventure featuring delicious food from India, Mexico, China, and Italy.

The exploration continues beyond the cafeteria with the Global Eats website,

[www.K12GlobalEats](http://www.K12GlobalEats), which features recipe videos, reading recommendations, and fun activities for students and families alike.



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## DISCOVERY KITCHEN FUN

### Be A Waste Warrior

This month's Discovery Kitchen theme presents interactive, impactful activities to connect with today's students. With environment-friendly festivities including Earth Day and Stop Food Waste Day throughout the month of April, we'll celebrate with featured foods and programs that highlight the many ways students and the community can make a difference in reducing food waste and protect the environment.

4/30 Stop Food Waste Day!



BE A  
WASTE  
WARRIOR



Misreading product dates causes about 20% of annual food waste from consumers. "Best if used by" or "sell by" dates tell us when to start checking for signs of spoilage, NOT when the food becomes unsafe to eat.



## UP NEXT:

4/3 Burrito Day



4/22 Earth Day



4/14 Grilled Cheese Sandwich Day.

