

BABY



Black Bean

Meet Your Nutritious Friend:
Baby Black Bean

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast Burrito Assorted Cereals or Cereal Bar with Graham Crackers	2 Chocolate Chip French Toast Assorted Cereals or Cereal Bar with Graham Crackers	3 French Toast Sticks with Syrup Assorted Cereals or Cereal Bar with Graham Crackers
6 Waffles & Sausage Assorted Cereals or Cereal Bar with Graham Crackers	7 Egg, Sausage & Cheese Bagel Assorted Cereals or Cereal Bar with Graham Crackers	8 Breakfast Burrito Assorted Cereals or Cereal Bar with Graham Crackers	9 Egg, Sausage & Cheese Bagel Assorted Cereals or Cereal Bar with Graham Crackers	10 French Toast Sticks with Syrup Assorted Cereals or Cereal Bar with Graham Crackers
13 Waffles & Sausage Assorted Cereals or Cereal Bar with Graham Crackers	14 Egg, Sausage & Cheese Bagel Assorted Cereals or Cereal Bar with Graham Crackers	15 Breakfast Burrito Assorted Cereals or Cereal Bar with Graham Crackers	16 Egg, Sausage & Cheese Bagel Assorted Cereals or Cereal Bar with Graham Crackers	17 French Toast Sticks with Syrup Assorted Cereals or Cereal Bar with Graham Crackers
20 Waffles & Sausage Assorted Cereals or Cereal Bar with Graham Crackers	21 Egg, Sausage & Cheese Bagel Assorted Cereals or Cereal Bar with Graham Crackers	22 Breakfast Burrito Assorted Cereals or Cereal Bar with Graham Crackers	23 Egg, Sausage & Cheese Bagel Assorted Cereals or Cereal Bar with Graham Crackers	24 French Toast Sticks with Syrup Assorted Cereals or Cereal Bar with Graham Crackers
27 Waffles & Sausage Assorted Cereals or Cereal Bar with Graham Crackers	28 Egg, Sausage & Cheese Bagel Assorted Cereals or Cereal Bar with Graham Crackers	29 Breakfast Burrito Assorted Cereals or Cereal Bar with Graham Crackers	30 Egg, Sausage & Cheese Bagel Assorted Cereals or Cereal Bar with Graham Crackers	

What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals (served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free strawberry

(V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan

These items do not contain any animal products

Your Team

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Meal Prices

Student Breakfast	\$1.85
Reduced Breakfast	\$0.00
Faculty Breakfast	\$2.50

