

BABY



Black Bean

**Meet Your Nutritious Friend:
Baby Black Bean**

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>A, Asian Sesame Chicken over Rice B, Buffalo Chicken Dip over Tortilla Chips</p> <p>FEATURED VEGGIES Edamame Celery & Carrot</p>	<p>2</p> <p>A, Primo Pizza B, Turkey Sub</p> <p>FEATURED VEGGIES Oven Fries Caesar Salad</p>	<p>3</p> <p>School Closed</p>
<p>6</p> <p>School Closed</p>	<p>7</p> <p>School Closed</p>	<p>8</p> <p>School Closed</p>	<p>9</p> <p>School Closed</p>	<p>10</p> <p>School Closed</p>
<p>13</p> <p>A, Toasted Cheese Sandwich (V) B, Chicken Nuggets with Roll</p> <p>FEATURED VEGGIES Tomato Soup Oven Fries</p>	<p>14</p> <p>A, Chicken Patty on a Bun B, Walking Taco with Pretzel Stick</p> <p>FEATURED VEGGIES Mexicali Corn Tomato & Onion Salsa</p>	<p>15</p> <p>A, Meatballs Marinara B, Chicken Alfredo over Penne Pasta with Garlic Bread</p> <p>FEATURED VEGGIES Garden Salad Broccoli</p>	<p>16</p> <p>A, Cheesesteak on a Roll B, Chicken Tenders</p> <p>FEATURED VEGGIES Hash Browns Celery Sticks with Ranch</p>	<p>17</p> <p>A, Cheese Pizza B, Italian Sub</p> <p>FEATURED VEGGIES Caesar Salad Cucumber Slices</p>
<p>20</p> <p>A, Cheeseburger on a Bun B, Hot Dog on a Bun</p> <p>FEATURED VEGGIES Roasted Sweet Potatoes Cucumber Slices</p>	<p>21</p> <p>A, Buffalo Chicken Dip with Tortilla Chips B, Cheese Quesadilla</p> <p>FEATURED VEGGIES Refried Beans Street Corn Salad</p>	<p>22</p> <p>A, Cheesesteak Sub B, Chicken Enchilada Soup with Tortilla Chips</p> <p>FEATURED VEGGIES Tri Patty Taters Carrot Sticks</p>	<p>23</p> <p>A, Macaroni & Cheese (V) B, Chicken Tenders</p> <p>FEATURED VEGGIES Oven Fries Broccoli</p>	<p>24</p> <p>A, Primo Pizza B, Mini Corn Dog</p> <p>FEATURED VEGGIES Caesar Salad Baby Carrots</p>
<p>27</p> <p>A, Chicken & Mashed Potato Bowl with biscuit & gravy B, Turkey & Cheese Sub</p> <p>FEATURED VEGGIES Mashed Potatoes Corn</p>	<p>28</p> <p>A, Fish Tacos on Soft Tortillas B, Nachos Grande with Tortilla Chips</p> <p>FEATURED VEGGIES Fresh Slaw Tomato Salsa</p>	<p>29</p> <p>A, Chicken Patty on a Bun B, Italian Dunkers</p> <p>FEATURED VEGGIES Hash Brown Potato Fresh Cucumber Slices</p>	<p>30</p> <p>A, Buffalo Chicken Dip with Tortilla Chips B, Chicken Tenders</p> <p>FEATURED VEGGIES Celery and carrots Romaine Salad</p>	

What is a Meal?
Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free strawberry

Daily Alternates

- C.** Pizza Crunchers
- D.** Chicken Caesar Salad
- E.** PBJ Craveables

(V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan

These items do not contain any animal products

Your Team

Joan Jablonoski, Food Service Director
609.407.4000 ext. 5522
jjablonoski@ncs-nj.org

Meal Prices

Student Lunch	\$3.85
Reduced Lunch	\$0.00
Faculty Lunch	\$4.25



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