

BABY



Black Bean

**Meet Your Nutritious Friend:
Baby Black Bean**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Warm Muffin Fresh or Cupped Fruit Orange Juice	2 Apple Donuts Fresh or Cupped Fruit Orange Juice	3 Spring Break
6 Spring Break	7 Spring Break	8 Spring Break	9 Spring Break	10 Spring Break
13 Egg & Cheese Bagel Fresh or Cupped Fruit Orange Juice	14 Dutch Waffles Fresh or Cupped Fruit Orange Juice	15 Warm Muffin Fresh or Cupped Fruit Orange Juice	16 Apple Donuts Fresh or Cupped Fruit Orange Juice	17 Oatmeal Apple Cinnamon Round Fresh or Cupped Fruit Orange Juice
20 Egg & Cheese Bagel Fresh or Cupped Fruit Orange Juice	21 Dutch Waffles Fresh or Cupped Fruit Orange Juice	22 Warm Muffin Fresh or Cupped Fruit Orange Juice	23 Apple Donuts Fresh or Cupped Fruit Orange Juice	24 Oatmeal Apple Cinnamon Round Fresh or Cupped Fruit Orange Juice
27 Egg & Cheese Bagel Fresh or Cupped Fruit Orange Juice	28 Dutch Waffles Fresh or Cupped Fruit Orange Juice	29 Warm Muffin Fresh or Cupped Fruit Orange Juice	30 Apple Donuts Fresh or Cupped Fruit Orange Juice	Oatmeal Apple Cinnamon Round Fresh or Cupped Fruit Orange Juice

What is a Meal?

Students must have at least 3 of the 4 components for the school breakfast price.

- Whole Grain
- Protein
- Fruit
- Milk

A minimum ½ cup serving of fruit must accompany a reimbursable breakfast..

Daily Alternate

- WG Pop-Tart & Cheese Stick
- Yogurt & Graham Crackers
- Oatmeal Bar & Cheese Stick
- Cereal & Graham Crackers

Milk

1% white, FF White

Rachel Adams, Food Service Director
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Meal Prices

Student Breakfast	\$1.85
Reduced Breakfast	\$0.00
Faculty Breakfast	\$2.00

