



# Cave Spring Middle School eNews

## Upcoming Events:

Tuesday, September 23rd:

**Volleyball vs. @ Glenvar Middle School – Home – 5:30 PM**

Wednesday, September 24th:

**\*\*\*3-Hour Early Dismissal – 12:25 PM (Lunch will be served.)**

Thursday, September 25th:

**Football vs. William Byrd Middle School – Home – 5:30 PM**

**Volleyball vs. Andrew Lewis Middle School – Home – 5:00 PM**

## School News:

### \*\*\*YEARBOOK SALES\*\*\*

CSMS Yearbooks are officially on sale for the low introductory price of \$35.00, which includes one line of free personalization. The deadline for free personalization is November 30th. Personalization is still available after this date; however, there will be an additional cost.

Don't delay, order today!

Go to [www.yearbookforever.com](http://www.yearbookforever.com) or scan the QR code below to order your 2025-2026 yearbook. If you have any questions, please email Mrs. Sarrell at [ksarrell@rcps.us](mailto:ksarrell@rcps.us)

Buy your  
CSMS  
yearbook  
today!



YEARBOOKS ARE \$35 INCLUDES FREE PERSONALIZATION  
WWW.YEARBOOKFOREVER.COM UNTIL NOV. 30TH

### \*\*\*CSMS FELLOWSHIP OF CHRISTIAN ATHLETES\*\*\*

CSMS Fellowship of Christian Athletes will hold a *See You at the Pole™* event on Wednesday, September 24th @ 7:45 AM @ the CSMS Flag Pole outside the CSMS Front Office. *See You at the Pole™* is a student-initiated, student-organized, and student-led prayer rally event.

If you have any questions, please contact Dr. Michael Wrye (CSMS Teacher & FCA Club Sponsor) @ [rwrye@rcps.us](mailto:rwrye@rcps.us)

Thank you!



# Cave Spring Middle School eNews

**\*\*\*UPCOMING COMMUNITY CONVERSATION: SUICIDE PREVENTION\*\*\***



## Let's Talk About **Suicide Prevention**

September 22, 2025 | 6:00 p.m. | Northside High School

**Suicide is a leading cause of death in the U.S., *but it is preventable.***

**Parents and caregivers play a powerful role in protecting young lives.  
Join us to learn how *you* can make a difference.**

Learn more about:

- How to recognize signs and symptoms of mental health struggles in teens
- Risk factors that may increase your child's vulnerability
- Steps you can take to strengthen your child's mental and emotional well-being
- Support services available through your school and local community

**Presenters:**

Sheila Lythgoe: Coordinator Community Prevention Initiatives Prevention & Wellness Services  
Blue Ridge Behavioral HealthCare  
RCPS Life Counselors



**ROANOKE COUNTY**  
Public Schools



# Cave Spring Middle School eNews



## CSMS Athletic Announcements



Thank you for your support of CSMS Athletics! If you are unable to access the CSMS Canvas page, please reach out to Mrs. Galle.  
Stacey Galle - CSMS Athletic Director - [sgalle@rcps.us](mailto:sgalle@rcps.us)

### Upcoming Seasons

Both Boys' & Girls' Basketball are currently hosting open-gyms. Please visit the CSMS Canvas page for full schedule.

Any athlete interested in Wrestling, open-mats are taking place at CSHS on Tuesdays (6:00-7:00) and Thursdays (4:00-5:00).

Any 8<sup>th</sup> grade athlete interested in JV Softball, open-fields are taking place at CSHS Thursdays, during September, from 4:00-5:30.

CSMS  
Athletic Canvas  
Page



SCAN ME

### Coaches Needed

CSMS is in need of the following Coaches for the Spring Season:

Head and Assistant Boys' Track & Field

Head and Assistant Girls' Track & Field

Head and Assistant Boys' Soccer

Head and Assistant Softball

Please contact Mrs. Galle if interested - thank you for your consideration.

### VHSL Physicals

Please make sure you have submitted a current VHSL physical to CSMS before your student participates in sports. Physicals can be emailed directly to Mrs. Galle or turned into the main office. Physicals must be completed on the new form (April 2025 revision). Link to the physical form can be located on the CSMS Athletic Canvas page.



# Cave Spring Middle School eNews

\*\*\*CSMS TUTORING & REMEDIATION SCHEDULE 2025-2026\*\*\*

## CSMS Tutoring and Remediation Schedule 2025-2026

All students will have the opportunity to receive before/after school tutorial and remedial assistance from Monday, September 15, 2025 through May 21, 2026.

Any student who needs additional assistance with specific skills/content is urged to attend.

Below is the weekly schedule for this program.

All sessions will run from 3:30 PM to 4:30 PM, unless otherwise \*noted.

\*\*\*Before/After-school remediation will not be offered on early dismissal days and days that schools are not in session (teacher workdays, etc.).

DAY	SUBJECT	TEACHER	ROOM
Monday	Math 6	Ms. Emery	Room 358
	Math 7		
	Math 8		
Tuesday	Algebra 1 *7:30 AM to 8:15 AM	Ms. Ficarro	Room 159
Wednesday	English 6	Dr. Scaer	Room 375
	English 7 English 8	Ms. Rhoda	Room 176
	Social Studies	Mr. Leisen	Room 174
Thursday	Science 6	Ms. Snead	Room 369
	Science 7	Ms. Bonnick	Room 267
	Science 8	Ms. Nichols	Room 269



# Cave Spring Middle School eNews

## Cave Spring Middle PTO Membership Form

**Please Join the CSMS PTO! \$6 per member.  
Faculty and Parents are encouraged to join!**

The Cave Spring Middle School Parent-Teacher Organization (PTO) is an independent organization that operates under its own bylaws and retains funds at the local school level. Our mission is:

- To promote an enriched educational environment including
  - a. Academic Excellence
  - b. Health and Safety
- To support a variety of important activities that include:
  - a. Helping Hands, Red Ribbon Week, Kindness Week, 8th Grade Celebration, School Dances
  - b. Volunteering in the school
  - c. Staff Appreciation

Follow us on Facebook @ *Cave Spring Middle School PTO* to find information about upcoming events and committee meetings. PTO meetings are a great place to meet and connect with other Cave Spring families and support ongoing PTO initiatives.

**Option 1 (preferred):** Go to <https://pto-membership-2025-2026-94747.cheddarup.com>

**Option 2:** Complete the bottom portion of this form and return with cash or check payable to CSMS PTO for \$6.00.

### PTO Membership Form:

**Member Name:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_

**Membership Type (Circle one):**

Parent/Guardian                      Faculty/Staff                      Student (grade level) \_\_\_\_\_

\*\*\*\*\***Donations**\*\*\*\*\*

**If you would like to contribute to our General Fund, please indicate the level of giving:**

*The General Fund is for families wishing to make an additional tax-deductible donation.*

____ Friend of the Court (up to \$25)	____ Page Level (\$26-\$49)
____ Squire Level (\$50-\$99)	____ Knight Level (\$100 or more)

**Total Amount Paid:** \$ \_\_\_\_\_ **General Fund Donation:** \$ \_\_\_\_\_