



# Cave Spring Middle School eNews

## Upcoming Events:

**Monday, October 13th:**

**\*Schools Closed – Teacher Workday**

**Tuesday, October 14th:**

**8th Grade Burton Center for Arts & Tech. Field Trip – 8:30 AM to 11:30 AM**

**Thursday, October 16th:**

**PTO Fundraiser Mega-Party (2:00 PM)**

**Friday, October 17th:**

**Christmas in October for Cam: Dress-Up Day**

## School News:

**\*\*\*PTO FUNDRAISER MEGA-PARTY\*\*\***



FALL FUNDRAISER

VOLUNTEERS NEEDED

Sign up below!

OCTOBER 16 1:15PM

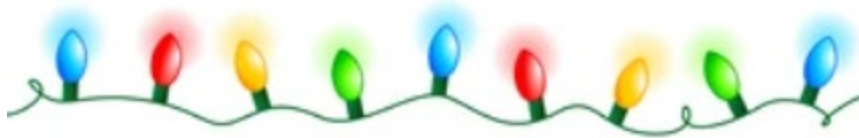
MEGA PARTY

**CSMS: 2025 Middle School Mega Party Volunteer Sign-up**



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**\*\*\*CHRISTMAS IN OCTOBER FOR CAM – DRESS-UP DAY\*\*\***



The CSMS SCA invites all CSMS students and staff to participate in a "Christmas in October" dress-up day, on Friday, October 17th.

Cam is a junior at William Byrd High School; he is battling stage 4 bone cancer. Cam loves Christmas and his family (and community) have already put up holiday trees and decorated their homes for Cam.

To support Cam and let him know that we are thinking of him, the CSMS SCA will send Cam well wishes along with photos of our *Christmas in October for Cam Day*. Thank you for your support!





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\*\*\*CSMS SQUIRES' AIDE CLUB: VETERANS DAY FIELD OF FLAGS FUNDRAISER\*\*\*



Cave Spring Middle School's Squires' AIDE Club has launched a campaign to honor our Veterans by creating a fundraiser with DAV (Disabled American Veterans).

Each flag will be planted in a "Field of Flags" on Cave Spring Middle School's property, in honor or memory of a veteran, through Veterans Day, Tuesday, November 11th.

Please access the following link to donate **on or before Monday, October 27th**:

<https://support.dav.org/participants/Squires-AIDE>

Thank you!

\*\*\*UPCOMING COMMUNITY CONVERSATIONS\*\*\*

**Protect your child from online dangers**

Smartphones for kids?  
**WAIT 8**  
UNTIL GRADE

Wednesday, Sept. 17: William Byrd High School  
Monday, Oct. 6: Hidden Valley Middle School  
Monday, Oct. 13: Northside High School  
Tuesday, Nov. 18: Cave Spring High School  
Monday, Dec. 8: Glenvar Middle School

ALL MEETINGS BEGIN AT 6 p.m.

- **Know the Dangers Lurking Online:** Today's digital world is full of threats: dangerous apps disguised as harmless games, online predators, social media addiction, and relentless cyberbullying. Learn exactly what to look for — and how you can fight back.
- **Wake Up to the Hidden Costs of Screen Time:** Excessive device use is rewiring young brains, disrupting sleep, fueling anxiety, and lowering academic success. The damage is happening now — and it's deeper than most parents realize.
- **Protect Your Child Before It's Too Late:** Know more about powerful tools and expert-backed strategies to reclaim control over your child's digital life and guard their mental and emotional health in a tech-driven world.

PCW Partnership For Community Wellness

ROANOKE COUNTY Public Schools



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## CSMS Athletic Announcements



Thank you for your support of CSMS Athletics! Please visit the CSMS Canvas page or CSMS website for more information.

Stacey Galle - CSMS Athletic Director - [sgalle@rcps.us](mailto:sgalle@rcps.us)

### Upcoming Events

1. Boys BB Try-Outs start Monday, October 13<sup>th</sup> (6<sup>th</sup> Grade = 3:45-5:00; 7<sup>th</sup> Grade = 5:00-6:15; 8<sup>th</sup> Grade = 6:15-7:30).
2. Girls BB Try-Outs start Tuesday, October 14<sup>th</sup> (3:45-5:45).
3. Any athlete interested in Wrestling, open-mats are taking place at [CSHS](#) on Tuesdays (6:00-7:00) and Thursdays (4:00-5:00).
4. Any 8<sup>th</sup> grade athlete interested in JV Baseball, open-fields/workouts are starting Monday, 9/29/25, and will take place every Monday & Wednesday at CSH from 3:45-5:45.
5. End-of-Year Football Banquet will be taking place October 14<sup>th</sup> at 6:00, CSMS Cafeteria.

Good Luck to  
CSMS  
Cheerleaders at  
the Cougar  
Classic  
on 10/11!



### Coaches Needed

CSMS is in need of the following Coaches for the Spring Season:

Head and Assistant Boys' Track & Field

Head and Assistant Girls' Track & Field

Please contact Mrs. Galle if interested - thank you for your consideration.

CSMS Athletic  
Passes are on  
Sale!

Provides entry to  
ALL remaining  
HOME sporting  
events.

Adults = \$40.00  
Students = \$20.00

Please contact  
CSMS  
Bookkeeper,  
Marianne  
Williams, to  
purchase.

### VHSL Physicals

Please make sure you have submitted a current VHSL physical to CSMS before your student participates in sports. Physicals can be emailed directly to Mrs. Galle or turned into the main office. Physicals must be completed on the new form (April 2025 revision). Link to the physical form can be located on the CSMS Athletic Canvas page.