



Cave Spring Middle School eNews

Upcoming Events:

Tuesday, October 7th:

Picture Day – Fall Portrait Retakes & Make-up Pictures

7th Grade Career Quest Field Trip – 10:00 AM to 1:00PM

6th & 7th Grade Choir Fall Concert – CSHS Auditorium – 6:30 PM

Friday, October 10th:

***End of First 9-Week Grading Period**

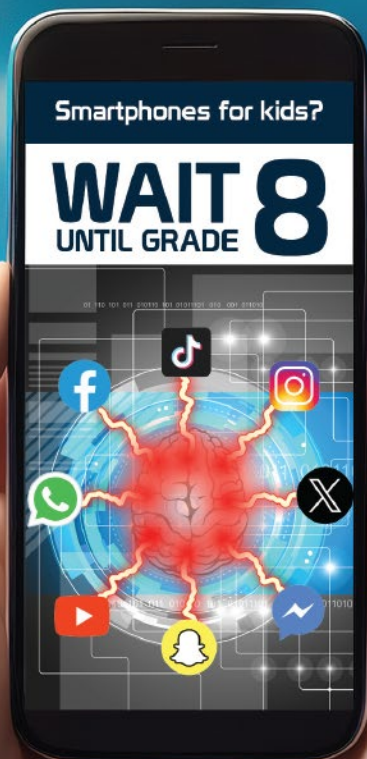
Monday, October 13th:

***Schools Closed – Teacher Workday**

School News:

*****UPCOMING COMMUNITY CONVERSATIONS*****

Protect your child from online dangers



Wednesday, Sept. 17: William Byrd High School

Monday, Oct. 6: Hidden Valley Middle School

Monday, Oct. 13: Northside High School

Tuesday, Nov. 18: Cave Spring High School

Monday, Dec. 8: Glenvar Middle School

ALL MEETINGS BEGIN AT 6 p.m.

- **Know the Dangers Lurking Online:** Today's digital world is full of threats: dangerous apps disguised as harmless games, online predators, social media addiction, and relentless cyberbullying. Learn exactly what to look for — and how you can fight back.
- **Wake Up to the Hidden Costs of Screen Time:** Excessive device use is rewiring young brains, disrupting sleep, fueling anxiety, and lowering academic success. The damage is happening now — and it's deeper than most parents realize.
- **Protect Your Child Before It's Too Late:** Know more about powerful tools and expert-backed strategies to reclaim control over your child's digital life and guard their mental and emotional health in a tech-driven world.

PCWU Partnership For
Community Wellness

ROANOKE COUNTY
Public Schools



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*** PICTURE DAY – Fall Portrait Retakes & Make-up Pictures ***

Portrait Retakes and Make-up Picture Day will take place on Tuesday, October 7th. Students received their fall portraits this week (via their B-Day PE or Elective Classes). If your student would like to have his/her portrait taken again, he/she should bring their picture packet back to school on Tuesday. We will also take make-up pictures for new students and/or students who were absent on our original Picture Day.

ABSENTEE & RETAKE PICTURE DAY

**BACKGROUNDS MAY VARY
– MORE CHOICES ONLINE!**

RETAKE:
For a no charge retake, return the entire package to the photographer on retake day.

ABSENTEE:
Please Order Now!



DESIGN IT
YOUR WAY!

You can select multiple backgrounds to build your package.

MUST PURCHASE ONLINE TO SELECT MULTIPLE BACKGROUNDS!

CAVE SPRING MIDDLE SCHOOL

Absentee/Retake Picture Day is

October 7, 2025

0036671AR

order code for online purchases
(password expires 24 hrs. after picture day)

CLICK TO ORDER

THIS IS A PREPAY EVENT. PAYMENT IS DUE ON PICTURE DAY. *Este es un evento prepagado. Pago se debe entregar el día de las fotos.*

BARKSDALE SCHOOL PORTRAITS | WWW.BARKSDALEPHOTO.COM
 PICTURES WITH CLASS by Barksdale | WWW.PICTURESWITHCLASS.COM
 QUESTIONS? 1.800.220.7667

*** PTO FUNDRAISER MEGA-PARTY ***



FALL FUNDRAISER

VOLUNTEERS NEEDED

Sign up below!

OCTOBER 16 1:15PM

MEGA PARTY

[CSMS: 2025 Middle School Mega Party Volunteer Sign-up](#)



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*** ❤️ **New CSMS Spirit Wear T-Shirt for Sale!** ❤️ ***

Show your school spirit with our brand-new CSMS Spirit Wear Tee! Shirts are only \$15 and available in sizes Youth XL through Adult XL.



👉 Payment options: Cash or Check (made payable to CSMS)

👉 Where to buy: Pick up your shirt in the CSMS front office or at most home sporting events.

Don't miss out - get your shirt while supplies last!

❤️ 🖤 Show off your CSMS Squires' Pride! ❤️ 🖤



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CSMS Athletic Announcements



Thank you for your support of CSMS Athletics! Please visit the CSMS Canvas page or CSMS website for more information.

Stacey Galle - CSMS Athletic Director - sgalle@rcps.us

Upcoming Events

1. Both Boys' & Girls' Basketball are currently hosting open-gyms. Please visit the CSMS Canvas page for full schedule.
2. Any athlete interested in Wrestling, open-mats are taking place at [CSHS](#) on Tuesdays (6:00-7:00) and Thursdays (4:00-5:00).
3. Any 8th grade athlete interested in JV Baseball, open-fields/ workouts are starting Monday, 9/29/25 and will take place every Monday & Wednesday at CSH from 3:45-5:45.
4. End-of-Year Football Banquet will be taking place October 14th at 6:00, CSMS Cafeteria.
5. A parent information meeting for prospective Wrestlers will be taking place October 9th at 5:30, CSMS Cafeteria.

Coaches Needed

CSMS is in need of the following Coaches for the Spring Season:

Head and Assistant Boys' Track & Field
Head and Assistant Girls' Track & Field

Please contact Mrs. Galle if interested - thank you for your consideration.

VHSL Physicals

Please make sure you have submitted a current VHSL physical to CSMS before your student participates in sports. Physicals can be emailed directly to Mrs. Galle or turned into the main office. Physicals must be completed on the new form (April 2025 revision). Link to the physical form can be located on the CSMS Athletic Canvas page.

Good Luck to
CSMS
Cheerleaders at
the G-Town
Throwdown on
10/4!



CSMS Athletic
Passes are on
Sale!

Provides entry to
ALL remaining
HOME sporting
events.

Adults = \$40.00
Students = \$20.00

Please contact
CSMS
Bookkeeper,
Marianne
Williams, to
purchase.