



Cave Spring Middle School eNews

Upcoming Events:

Wednesday, October 22nd:

***3-Hour Early Dismissal – 12:25 PM (Lunch will be served.)

*Report Cards Sent Home

School News:

CSMS PARENT/TEACHER CONFERENCE DAY - NOVEMBER 3, 2025

SAVE THE DATE

CSMS Parent/Teacher Conference Day is scheduled to take place on Monday, November 3, 2025, from 8:30 AM to 3:00 PM.

The following *Sign-Up Genius Link* will open on October 22nd @ 9:00 AM:

[Cave Spring Middle School: Parent/Teacher Conference Sign-Up for Monday, Nov. 3, 2025](#)

You may utilize this link to schedule a meeting with any of your child's teachers. The link may be accessed from 9:00 AM on October 22nd until 5:00 PM on October 29th. Conferences will be scheduled with individual teachers in 15-minute increments. Thank you!

SAVE THE DATE: CSMS FALL DANCE



Fall 7th and 8th Grade Dance

November 15, 2025

7pm-9pm

A Knight to Remember!

Help needed - Sign-up link below!

Students are encouraged to wear red and black
(not required!!)

[Fall Dance - Volunteer Sign-up Link](#)



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CSMS SQUIRES' AIDE CLUB: VETERANS DAY FIELD OF FLAGS FUNDRAISER



Fly a flag in our **FIELD OF FLAGS**
to honor a veteran


Cave Spring Middle School's Squires' AIDE Club has launched a campaign to honor our Veterans by creating a fundraiser with DAV (Disabled American Veterans).

Each flag will be planted in a "Field of Flags" on Cave Spring Middle School's property, in honor or memory of a veteran, through Veterans Day, Tuesday, November 11th.

Please access the following link to donate **on or before Monday, October 27th**:
<https://support.dav.org/participants/Squires-AIDE>

Thank you!

UPCOMING COMMUNITY CONVERSATIONS



Protect your child from online dangers

Smartphones for Kids?
WAIT 8
UNTIL GRADE 8

- Monday, Oct. 27: Masons Cove Elementary School
- Tuesday, Oct. 28: Glenvar Elementary School (6:30 p.m.)
- Tuesday, Nov. 18: Cave Spring High School
- Monday, Dec. 8: Glenvar Middle School
- Thursday, Jan 22: Herman L. Horn Elementary
- Monday, Jan. 26: Burlington Elementary

MEETINGS BEGIN AT 6 p.m. UNLESS OTHERWISE STATED

- Know the Dangers Lurking Online:** Today's digital world is full of threats: dangerous apps disguised as harmless games, online predators, social media addiction, and relentless cyberbullying. Learn exactly what to look for — and how you can fight back.
- Wake Up to the Hidden Costs of Screen Time:** Excessive device use is rewiring young brains, disrupting sleep, fueling anxiety, and lowering academic success. The damage is happening now — and it's deeper than most parents realize.
- Protect Your Child Before It's Too Late:** Know more about powerful tools and expert-backed strategies to reclaim control over your child's digital life and guard their mental and emotional health in a tech-driven world.



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*****CSHS TRUNK OR TREAT – SATURDAY, OCTOBER 25, 2025*****

CAVE SPRING
HIGH SCHOOL

TRUNK Or TREAT

Bring your family to a Cave
Spring High School Tradition

October 25

11:00 AM- 1:00 PM

Cave Spring High School
Bus Parking Lot



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CSMS Athletic Announcements



Thank you for your support of CSMS Athletics! Please visit the CSMS Canvas page or CSMS website for more information.

Stacey Galle - CSMS Athletic Director - sgalle@rcps.us

Upcoming Events

1. First official Wrestling practice will be taking place on Monday, October 20th 3:30-5:30. There are no try-outs for this sport!
2. Any 8th grade athlete interested in the CSMS Swim Team, please complete this form:
<https://forms.office.com/Pages/ResponsePage.aspx?id=vbuA6lRezKqzXK3lWwfejsTlum3Q2eVAsRKEy6YOJfhUMjhPS01BU1pCSVoyMVRVUDhRQINRUjVSSy4u>
 - a. Please contact Head Coach, Kelsey Burton, kburton@rcps.us, if questions.
3. Any 8th grade athlete interested in JV Baseball, open-fields/workouts are starting Monday, 9/29/25, and will take place every Monday & Wednesday at CSH from 3:45-5:45.

Congratulations to CSMS Students who made the Boys & Girls Basketball teams!

Go Squires!

CSMS Athletic Passes are on Sale!

Provides entry to ALL remaining HOME sporting events.

Adults = \$40.00
Students = \$20.00

Please contact CSMS Bookkeeper, Marianne Williams, to purchase.

Coaches Needed

CSMS is in need of the following Coaches for the Spring Season:

Head and Assistant Boys' Track & Field

Head and Assistant Girls' Track & Field

Please contact Mrs. Galle if interested - thank you for your consideration.

VHSL Physicals

Please make sure you have submitted a current VHSL physical to CSMS before your student participates in sports. Physicals can be emailed directly to Mrs. Galle or turned into the main office. Physicals must be completed on the new form (April 2025 revision). Link to the physical form can be located on the CSMS Athletic Canvas page.