



Cave Spring Middle School eNews

Upcoming Events:

Monday, October 27th:

Boys' Basketball @ Andrew Lewis Middle School – 5:30 PM

Girls' Basketball vs. Andrew Lewis Middle School – Home – 5:00 PM

Thursday, October 30th:

Boys' Basketball @ Hidden Valley Middle School – 5:00 PM

Girls' Basketball vs. Hidden Valley Middle School – Home – 5:00 PM

School News:

*****CSMS SQUIRES' AIDE CLUB: VETERANS DAY FIELD OF FLAGS FUNDRAISER*****



Cave Spring Middle School's Squires' AIDE Club has launched a campaign to honor our Veterans by creating a fundraiser with DAV (Disabled American Veterans). Each flag will be planted in a "Field of Flags" on Cave Spring Middle School's property, in honor or memory of a veteran, through Veterans Day, Tuesday, November 11th.

Please access the following link to donate **on or before Monday, October 27th:**

<https://support.dav.org/participants/Squires-AIDE>

Thank you!

*****CSMS PARENT/TEACHER CONFERENCE DAY - NOVEMBER 3, 2025*****

CSMS Parent/Teacher Conference Day is scheduled to take place on Monday, November 3, 2025, from 8:30 AM to 3:00 PM.

The following *Sign-Up Genius Link* will remain open until 5:00 PM on October 29th:

[Cave Spring Middle School: Parent/Teacher Conference Sign-Up for Monday, Nov. 3, 2025](#)

You may utilize this link to schedule a meeting with any of your child's teachers. Conferences will be scheduled with individual teachers in 15-minute increments. Thank you!



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RED RIBBON WEEK

Next week, CSMS will participate in National **Red Ribbon Week** (October 27th through October 31st). *This national campaign is observed annually to encourage community awareness of the dangers associated with alcohol, tobacco, and other drug abuse. This year's theme is "Life is a Puzzle – Solve it Drug Free!"* Each day, students and staff will participate in theme days and other activities planned by our Squires' Aide Prevention Club and our PTO Committee. Thank you!

RED RIBBON WEEK SPIRIT WEEK



OCTOBER 27-31

MONDAY 27	PAJAMA DAY Dreaming of a Drug Free World!
TUESDAY 28	CAVE CRAZY Squires Against Drugs! - (Wear school colors)
WEDNESDAY 29	SPORTS DAY Team Up Against Drugs! Wear your favorite sports team jersey + pay one dollar to wear your sports team hat!
THURSDAY 30	CAMO DAY Hide From Drugs and wear camo!
FRIDAY 31	HAWAIIAN DAY Lei off of drugs - show off your tropical style!



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SAVE THE DATE: CSMS FALL DANCE



Fall 7th and 8th Grade Dance

*November 15, 2025
7pm-9pm*

A Knight to Remember!

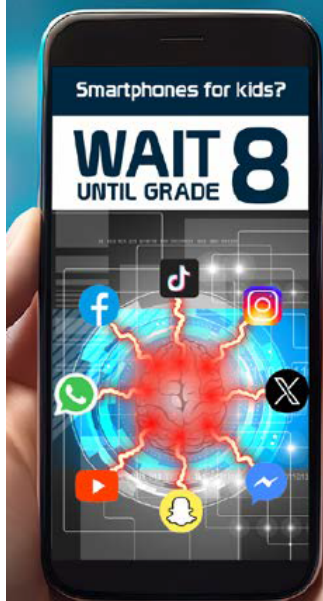
Help needed - Sign-up link below!

*Students are encouraged to wear red and black
(not required!!)*

[Fall Dance - Volunteer Sign-up Link](#)

UPCOMING COMMUNITY CONVERSATIONS

Protect your child from online dangers



Monday, Oct. 27: Masons Cove Elementary School
Tuesday, Oct. 28: Glenvar Elementary School (6:30 p.m.)
Tuesday, Nov. 18: Cave Spring High School
Monday, Dec. 8: Glenvar Middle School
Thursday, Jan 22: Herman L. Horn Elementary
Monday, Jan. 26: Burlington Elementary

MEETINGS BEGIN AT 6 p.m. UNLESS OTHERWISE STATED

- **Know the Dangers Lurking Online:** Today's digital world is full of threats: dangerous apps disguised as harmless games, online predators, social media addiction, and relentless cyberbullying. Learn exactly what to look for — and how you can fight back.
- **Wake Up to the Hidden Costs of Screen Time:** Excessive device use is rewiring young brains, disrupting sleep, fueling anxiety, and lowering academic success. The damage is happening now — and it's deeper than most parents realize.
- **Protect Your Child Before It's Too Late:** Know more about powerful tools and expert-backed strategies to reclaim control over your child's digital life and guard their mental and emotional health in a tech-driven world.

PCW Partnership For
Community Wellness

ROANOKE COUNTY
Public Schools



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CSMS Athletic Announcements



Thank you for your support of CSMS Athletics! Please visit the CSMS Canvas page or CSMS website for more information.

Stacey Galle - CSMS Athletic Director - sgalle@rcps.us

Upcoming Events

1. Any 8th grade athlete interested in the CSHS Swim Team, please complete this form:

<https://forms.office.com/Pages/ResponsePage.aspx?id=vbuA6lRezqzXK3lWwfejsTlum3Q2eVAsRKEy6YOJfhUMjhPS01BU1pCSVoyMVRVUDhrQINRUJVSsy4u>

a. Please contact Head Coach, Kelsey Burton, kburton@rcps.us, if questions.

2. Any 8th grade athlete interested in JV Baseball, open-fields/workouts are starting Monday, 9/29/25, and will take place every Monday & Wednesday at CSH from 3:45-5:45.

Good Luck to the Boys & Girls Basketball teams against ALMS & HVMS next week!



Coaches Needed

CSMS is in need of the following Coaches for the Spring Season:

Head and Assistant Boys' Track & Field

Head and Assistant Girls' Track & Field

Please contact Mrs. Galle if interested - thank you for your consideration.

CSMS Athletic Passes are on Sale!

Provides entry to ALL remaining HOME sporting events.

Adults = \$40.00
Students = \$20.00

Please contact CSMS Bookkeeper, Marianne Williams, to purchase.

VHSL Physicals

Please make sure you have submitted a current VHSL physical to CSMS before your student participates in sports. Physicals can be emailed directly to Mrs. Galle or turned into the main office. Physicals must be completed on the new form (April 2025 revision). Link to the physical form can be located on the CSMS Athletic Canvas page.