

TITAN TRAILBLAZERS 2.0



- Thursdays starting April 2, 2026
- 8 Week After-School Group
- See below for dates & times



WHAT TO EXPECT

- ✓ A supportive environment of peers and Bridge staff
- ✓ SMART curriculum
- ✓ Boxing Gym Training Session
- ✓ Indoor Rock Climbing
- ✓ Outdoor Hike

Megan Polte
Clinical Director of Community and School Services

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www.bridgefamilycenter.org

GROUP GOALS

Students will set individual goals and support one another to build and maintain motivation to change habits and live a balanced life!



GROUP DATES & TIMES

GROUP 2:30-4:00PM

LATE BUS AVAILABLE TO STUDENTS

- 4/2/26
- 4/9/26
- 4/30/26
- 5/14/26
- 5/21/26

GROUP 2:30-5:00PM

DATES FAMILIES NEED TO COORDINATE RIDE

- 4/23/26
- 5/7/26
- 5/28/26

*NO GROUP THE WEEK OF SPRING BREAK