

Lunch Menu

Lansingburgh High School

April 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



1 Chicken Parmesan Sandwich
chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a roll
Buttered Corn
Diced Pear Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk

2 BBQ Pulled Pork Sandwich
shredded pork smothered in a smoky BBQ sauce and arranged on a soft bun P
Baked Beans
Strawberry Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk

SCHOOL CLOSED TODAY

**SPRING BREAK!
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13 Homemade Baked Pasta with Cheese
pasta topped with melted cheese, baked to perfection V
Oven Baked Fries
Applesauce
Unflavored Low Fat Milk
Fat Free Chocolate Milk
MEATLESS MONDAY

14 Taco Bar
build your own taco! Choose the fillings and fixins you want from all of our delicious selections
Glazed Carrots
Mixed Fruit
Unflavored Low Fat Milk
Fat Free Chocolate Milk

15 Barbecue Rib Sandwich
warm BBQ rib patty on a bun prepared in-house P
Sweet Corn
Diced Pear Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk
Buttered Corn

16 Incredibowls Fiesta Chicken & Rice Bowl
seasoned rice topped with beans, chicken, corn and cheese V V
Black Beans
Strawberry Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk
Baked Beans

17 General Tso's Chicken
crispy chicken with broccoli in General Tso's sauce V
Brown Rice
Steamed Broccoli
Mixed Fruit
Unflavored Low Fat Milk
Fat Free Chocolate Milk

20 Cheese Quesadilla
freshly grilled flour tortilla with melted cheese V
Oven Baked Fries
Applesauce
Unflavored Low Fat Milk
Fat Free Chocolate Milk
MEATLESS MONDAY

21 Taco Bar
Glazed Carrots
Mixed Fruit
Unflavored Low Fat Milk
Fat Free Chocolate Milk

22 Buffalo Chicken Panini
buffalo chicken with lettuce and tomato on a panini V
Buttered Corn
Bloom Frozen Ice
Unflavored Low Fat Milk
Fat Free Chocolate Milk

23 Philly Cheese Steak
thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in-house V
Baked Beans
Strawberry Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk

24 Steamed Chicken and Vegetable Dumplings
stuffed dumplings perfect for dipping in your favorite seasoned sauce V
Steamed Broccoli
Mixed Fruit
Unflavored Low Fat Milk
Fat Free Chocolate Milk

27 Mozzarella Sticks
crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce V
Marinara Sauce
Oven Baked Fries
Applesauce
Unflavored Low Fat Milk
MEATLESS MONDAY

28 Taco Bar
Glazed Carrots
Mixed Fruit
Unflavored Low Fat Milk
Fat Free Chocolate Milk

29 Meatball Hero
freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella
Buttered Corn
Diced Pear Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk

30 Beef Hot Dog on Bun
juicy beef hot dog on a soft bun
Baked Beans
Strawberry Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Adult Meal - \$5.23 + Tax

All students are eligible to receive one free meal at lunch.

MENU IS SUBJECT TO CHANGE.

Fresh Fruit and Vegetable available daily.

Other lunch options available daily.

If you have any questions or would like additional information regarding this menu please contact the Director of Food Service, Kevin Darrigo, at 518-233-6829 or kdarrigo@lansingburgh.org.

