



**Nutrition Tip:** Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.

# BREAKFAST

## MONDAY



French Toast Sticks w/Syrup  
or Cereal  
Strawberries  
Fruit Juice Choice  
Milk Choice **06**

Breakfast Pizza or Cereal  
Pears  
Fruit Juice Choice  
Milk Choice **13**

Breakfast Bites or Cereal  
Mixed Fruit  
Juice Choice  
Milk Choice **20**

Comets Granola Round or  
Cereal  
Peaches  
Fruit Juice Choice  
Milk Choice **27**

## TUESDAY



Egg & Cheese Biscuit or  
Cereal  
Apple Slices  
Fruit Juice Choice  
Milk Choice **07**

Comet Cinnamon Roll or Cereal  
Cheese Stick  
Fruit Cup  
Fruit Juice Choice  
Milk Choice **14**

Egg & Cheese Omelet w/Toast  
or Cereal  
Blueberries  
Fruit Juice Choice  
Milk Choice **21**

Mini Pancakes w/Syrup or Cereal  
Yogurt Cup  
Banana  
Fruit Juice Choice  
Milk Choice **28**

## WEDNESDAY

Mini Pancakes w/Syrup or  
Cereal  
Yogurt Cup  
Banana  
Fruit Juice Choice  
Milk Choice **01**

Blueberry Muffin or Cereal  
Cheese Stick  
Peach Cups  
Fruit Juice Choice  
Milk Choice **08**

Breakfast Burrito or Cereal  
Salsa  
Grapes  
Fruit Juice Choice  
Milk Choice **15**

Comet Donuts or Cereal  
Orange Slices  
Fruit Juice Cup  
Milk Choice **22**

Breakfast Sandwich or Cereal  
Diced Peaches  
Fruit Juice Choice  
Milk Choice **29**

## THURSDAY

Breakfast Pizza or Cereal  
Diced Pears  
Fruit Juice Choice  
Milk Choice **02**

Mini Maple Waffles w/Syrup or  
Cereal  
Cheese Stick  
Banana  
Fruit Juice Choice  
Milk Choice **09**

Scrambled Eggs or Cereal  
Toast w/Jelly  
Pineapple Tibits  
Fruit Juice Choice  
Milk Choice **16**

Breakfast Muffin or Cereal  
Orange Slices  
Sliced Hardboiled Egg  
Fruit Juice Choice  
Milk Choice **23**

Breakfast Pizza or Cereal  
Diced Pears  
Fruit Juice Choice  
Milk Choice **30**

## FRIDAY

Biscuits & Gravy or Cereal  
Sliced Apples  
Fruit Juice Choice  
Milk Choice **03**

Biscuits & Gravy or Cereal  
Mixed Fruit  
Fruit Juice Choice  
Milk Choice **10**

Biscuits & Gravy or Cereal  
Peaches  
Fruit Juice Choice  
Milk Choice **17**

Biscuits & Gravy or Cereal  
Pears  
Fruit Juice Choice  
Milk Choice **24**



**School Information:**

*This institution is an equal opportunity provider.*

Free & Reduced Forms are ALWAYS available! Contact front office or Food Dept

# APRIL 2026