

FCUSD Track & Field Meet

When: Thursday, April 23rd, 2026 from 3:00-7:00pm

Where: Vista Del Lago High School

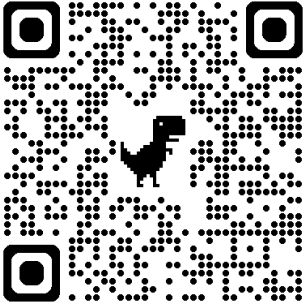
Who: All FCUSD 4th and 5th graders

- ★ Check in no later than 2:30pm
- ★ Students and children MUST be accompanied by an adult. Students CANNOT be dropped off at event or left unsupervised
- ★ Students can choose up to 6 events to participate in
- ★ **Optional students with special needs events: Shot put, Long jump, 50 meter run (Individual or buddy)*
- ★ Make sure your student has water and snacks
- ★ Snack bar will be available- bring or send cash
- ★ Students must have their own transportation to Vista High School
- ★ Wear school shirts/spirit wear- comfortable clothing, running shoes (no cleats), and jackets
- ★ Registration and permission forms must be completed and turned in to your PE Teacher. (Click on links for forms and registration at the bottom of the page)
- ★ Students and parents will be seated in the stadium. They will remain in stands until their events are called
- ★ Students must maintain a positive attitude, follow all school rules and instructions
- ★ Not responsible for lost/stolen items

Elementary Track Meet

Registration QR

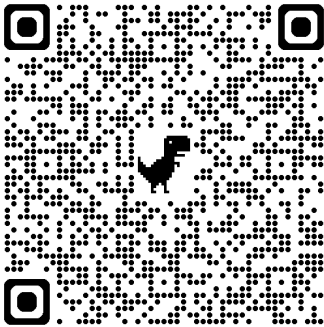
Sign your student up for the track meet and pick events.



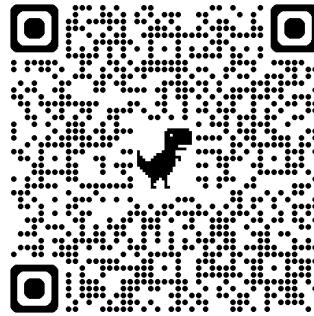
Team Participation and Concussion Forms QR

Please print, complete, and turn in **both** forms to your PE teacher.

Team Participation Form



Concussion Form



Event Schedule and Map

