



April 2026



Breakfast and Lunch Menu for the West Tisbury and Chilmark Elementary Schools
The Up-Island Regional School District is an Equal Opportunity Provider

Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast	NEWS Menu Subject to Change. Skim and 1% Milk offered with every lunch. Available Everyday: Salad Bar with Meat or Veggie Protein OR Chicken Salad Sandwich OR Sun Butter Sandwich Please Note Vegetarian and/or Gluten Free When Ordering. Please Let Nurse and Kitchen Staff Know About Any Food Allergies Menu Available Online at: wtisbury.school.org
Blueberry Muffin Yogurt with Fruit or Cereal and Milk	Scrambled Eggs, Bacon and Toast or Cereal and Milk	Oatmeal and Yogurt with Granola or Cereal and milk	Sausage, Egg and Cheese Sandwich or Cereal and milk	Bagel and Cream Cheese Yogurt Smoothie or Cereal and milk	
Monday	Tuesday	Wednesday	Thursday	Friday	
		¹ Cheese or Pepperoni Pizza Garden Salad, Fresh Fruit & Cookie	² BBQ Pulled Pork or BBQ Veggie Burger, Veggie Sticks and Fresh Fruit	³ Pancakes, Ham (or not), Sweet Potato Hash and Fresh Fruit	
⁶ Pasta with Meat or Plant Based Balls, Caesar Salad and Fresh Fruit	⁷ Turkey or Veggie Taco, Rice and Beans, Roasted Corn and Fresh Fruit	⁸ Cheese or Pepperoni Pizza Garden Salad, Fresh Fruit & Cookie	⁹ Grilled Cheese and Tomato Soup & Fresh Fruit	¹⁰ Fish or Veggie Bean Taco, Mexican Corn Salad and Fresh Fruit	
¹³ Pasta Alfredo with Chicken or White Beans, Roast Brussel Sprouts and Fresh Fruit	¹⁴ Beef Curry, Rice, Cucumber Salad and Fresh Fruit	¹⁵ Cheese or Pepperoni Pizza Garden Salad, Fresh Fruit & Cookie	¹⁶ Chicken or White Bean Caesar Wrap, Yogurt Smoothie and Fresh Fruit	¹⁷ Bacon, Egg & Cheese Burrito, Caesar Salad and Fresh Fruit	
²⁰ SCHOOL	²¹ BREAK	²² NO SCHOOL	²³ SCHOOL	²⁴ BREAK	
²⁷ Buttered Noodles with Roast Chicken or Tofu, Roast Broccoli and Fresh Fruit	²⁸ Early Dismissal Turkey or Bean Nachos, Mexican Slaw and Fresh Fruit	²⁹ Cheese or Pepperoni Pizza Garden Salad, Fresh Fruit & Cookie	³⁰ Early Dismissal. Hot Dog or Tofu Dog, Baked Beans & Fresh Fruit	¹ Breaded Fish or Eggplant and Chips and Fresh Fruit	