



West Seneca Community Education

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www.wscschools.org/commed

Spring 2026

Welcome to the Spring 2026 Semester at West Seneca Community Education. We are so very excited with our new offerings this year. If you are looking to try something new, you are looking in the right place! You may find an interest that will last a lifetime! Make friends, have fun, learn a skill, try out a career, or make an heirloom to pass down...you'll find what YOU need **right here** – so register on-line or call TODAY! Courses fill up fast, so do not miss YOUR chance to sign up.

If you have a hobby, interest, or skill YOU would like to teach, let us know! We would love to have YOU as part of our instructional staff and can help you get started. Contact me to find out more.

Stephanie Wright, Director
swright@wscschools.org

Building Locations

Allendale Elementary
1399 Orchard Park Rd

Clinton Elementary
4100 Clinton St

Northwood Elementary
250 Northwood Ave

West Elementary
1397 Orchard Park Rd

Winchester-Potters Elementary
675 Potters Rd

East Middle
1445 Center Rd

West Middle
395 Center Rd

East Senior
4760 Seneca St

West Senior
3330 Seneca St

District Offices
900 Mill Rd

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ACADEMIC

DEFENSIVE DRIVING COURSE – IN-PERSON CLASS!

All-Pro Tutoring

A great way to reduce the cost of your auto insurance! Upon completion of the class drivers are eligible for a 10% reduction in their auto insurance and/or up to 4 points removed from their DMV driving record. Drivers may take the course every 3 years for insurance reduction and every 18 months for point reduction. All drivers listed on an insurance policy are eligible to complete the course. This point and insurance reduction program reviews safe driving and accident-avoidance techniques.

No Gold Card discount.

(DEF-002)

TUES & THURS

April 14 & 16

6:00 – 8:00pm

2 Classes: \$45

Bldg.: East Senior/Room 101

TEST PREPARATION COURSES with All-Pro Tutoring & Test Prep

www.allprotutoring.com

WRITING THE COLLEGE APPLICATION ESSAY

Do you want to submit a college application essay that will really hit home with the admission's office at the college of your choice? Learn all the fundamentals of a winning essay as well as proven strategies. You will begin to write the college application essay during the class and leave with the confidence and knowledge to complete the process on your own. Also available is a review/critique of your final essay. To have your final essay reviewed, email it to allprotutoring@gmail.com.

(ACA-001)

WED

April 15

6:00pm – 8:00 PM

1 class: \$78

Bldg: East Middle/Room 129

4-HOUR SAT BOOT CAMP

The SAT digital test is here! The digital SAT test will be computer-based only, shorter test taking time, shorter reading and math questions and longer time allotted to answer the test questions. This comprehensive course introduces students to the Digital SAT test with emphasis on test-taking strategies, testing information, how to best prepare for the SAT test, practice questions in each subject and a complete review of what to expect on the digital test. Course includes classroom instruction/practice, and workbook/study materials.

(ACA-002)

TUES & THURS

April 21 & 23

6:00pm – 8:00pm

2 Classes: \$83

Bldg: East Middle/Room 129

4-HOUR ACT BOOT CAMP

Get a jump start on your ACT test preparation! The ACT is offered as both a computer-based and in a written test. If you are planning to study any STEM program in college then the ACT test is for you! This comprehensive review course introduces students to the ACT test and includes classroom instruction, test-taking strategies, practice activities, testing information & study materials.

(ACA-003)

TUES & THURS

May 5 & 7

6:00pm – 8:00pm

2 classes: \$83

Bldg: East Middle/Room 129

NEW! EVERYDAY AI - PRACTICAL TOOLS TO MAKE LIFE EASIER

A practical course designed to introduce you to the AI tools that are changing the way we live and work.

What You'll Learn

- An introduction to the fundamentals of Artificial Intelligence.
- Practical applications of AI tools in your personal and professional life.
- How to use AI to improve efficiency and make everyday tasks easier.
- Safety precautions when using AI.

You will need to bring a laptop to participate.

(ACA-004)

TUES & THURS

May 5 & 7

6:00pm – 8:00pm

2 classes: \$83

Bldg: East Senior/Room 101

ONLINE - SEND YOUR KIDS TO COLLEGE PRESENTATION FOR PARENTS

Did you know that less than 33% of 4-year college students graduate in four years? Mistakes in College planning could cost you thousands of dollars! Please join our team of experts for a free one-hour discussion on the best approach to college planning. Send Your Kids to College is a non-profit organization. There is no cost or obligation to purchase anything.

Topics discussed:

- Choosing the right college major and the best approach in applying to colleges.
- Timeline for ACT and SAT test preparation and why it is important to prepare for these admission tests.
- New digital SAT Test format.
- Strategies to reduce the cost of college, available scholarships, etc.

In-person sessions are also available. For more information visit: www.sendyourkidstocollege.org

(ACA-005)

WED

May 20

6:00pm – 7:00pm

1 class: \$5

Online Class

HEALTH & WELLNESS

Bodyshaping Fitness with Sandy Manella Schwendler

Look Good. Feel Good. Get into Shape!

Classes held at: Ebenezer Church of Christ, 630 Main St. West Seneca, NY 14224

HUMAN REFORMER PILATES

Human Reformer Pilates is a low impact, variation of Mat Pilates that utilizes resistance bands called FlexKords. (FlexKords will be supplied by the instructor, they mimic the resistance of the spring and straps used on a Reformer Machine). To replicate the resistance and core engagement of traditional REFORMER PILATES. It focuses on posture, core strength and alignment to REFORMER class. Our instructor is certified by FitPro; certification is: Human Reformer Pilates Certification. Bring a Floor Mat. *No Gold card discount.*

(HEW-001)

MON

April 20 – June 29 (no class 5/25)

6:00 – 7:00 PM

10 Classes: \$105.00

Location: Ebenezer Church of Christ

YOGA

A gentle mat-based workout, focused on a series of postures designed to improve flexibility, posture, breathing, reduce stiffness, control stress reduction, improve sleep, increase energy and enhance overall well-being. Bring a floor mat. *No Gold card discount.*

(HEW-002)

MON

April 20 – June 29 (no class 5/25)

7:00 – 8:00 PM

10 Classes: \$105.00

Location: Ebenezer Church of Christ

PILATES

Pilates is a low-pact program that is mat based exercises that build strength, flexibility, and body awareness using body weight and controlled movements. Pilates emphasizes the principles of breathing, concentration and precision while targeting the core muscles and improving posture, balance and can be done by EVERYONE! Pilates Fusion is traditional Mat Pilates and may add weight to this program. Bring a floor mat and 2,3 lb. weights. *No Gold card discount.*

(HEW-003)

TUES

April 21 – June 23

6:00 – 7:00 PM

10 Classes: \$105

Location: Ebenezer Church of Christ

Fitness With Julie

Classes held at: St. John's Lutheran Church, 3512 Clinton St. West Seneca

ZUMBA

A fun, Latin-inspired dance class that also incorporates international music and dance to form a total body workout. You will boost your energy, burn calories, have fun, let go of all your stress, listen to amazing music and leave with a smile on your face. *No Gold card discount.*

(HEW-004)

MON

April 13 – May 18

6:45 – 7:45 PM

6 classes: \$60

Location: St. John's Lutheran Church

(HEW_005)

TUES

April 14 – May 19

9:00 – 10:00 AM

6 classes: \$60

Location: St. John's Lutheran Church

(HEW_006)

THURS

April 16 – May 21

5:00 – 6:00 PM

6 classes: \$60

Location: St. John's Lutheran Church

(HEW-007)

SAT

April 18 – May 23

5:00 – 6:00 PM

5 classes: \$50

Location: St. John's Lutheran Church

BOOT CAMP

Boot Camp class is a great way to strengthen the entire body with a fun, new and challenging workout each week. All moves may be modified to your ability. Please bring a mat and hand weights. *No Gold Card discount.*

(HEW-008)

SAT

April 18 – May 23

10:15 – 11:15 AM

5 classes: \$50

Location: St. John's Lutheran Church

GENTLE AEROBICS

A class for seniors or for those new to fitness. This is a fun class that combines easy movements to improve balance, increase flexibility, and strengthen the body using light hand weights. All moves can be modified and may be done in a chair. Please bring light hand weights. *No Gold Card discount.*

(HEW-010)

THURS

April 16 – May 21

9:00 – 9:45 AM

6 classes: \$60

Location: St. John's Lutheran Church

BARRE

A fun and challenging class that uses many body weight moves along with squats and lunges. Barre is a blend of Pilates, ballet and yoga using strength training movements. It is a full body workout focusing on low impact moves that strengthen the body and mind. Please bring a mat and light hand weights. *No Gold Card discount.*

(HEW-007)

THURS

April 16 – May 21

6:15 – 7:15 PM

6 classes: \$60

Location: St. John's Lutheran Church

MUSIC/DANCE

COUNTRY LINE DANCING – GRAB YOUR BOOTS AND KICK UP YOUR HEELS!

This 8-week program is the perfect way for beginners to discover the joy of country line dancing. Starting with fundamental steps and terminology, we'll guide you through a structured curriculum to confidently tackle a variety of classic and popular line dances from "Boot Scootin' Boogie" and "Wagon Wheel" to "Flex" and "The Wolf." Each week builds on the last, ensuring a seamless learning experience. This is your energetic escape – where you can relieve stress, improve coordination, build confidence, meet new people, and learn the hottest line dances out there. It's more than just the two-step; it's a lifestyle choice that combines fitness, music, and pure fun! **Footwear: please wear sneakers only, no heeled boots.

(DAN-001)

TUES

April 14 – June 2

6:00 – 7:00 PM

8 Classes: \$20

Location: Winchester-Potters Elementary/Gym

TRAVEL

Travel Tips from Gina Henry

Gina teaches these classes while she is traveling all over the US & worldwide for free. Tuition includes her 100-page digital book "Get Paid To Teach English" (a \$39.95 value). Go to www.GinaHenry.com for more instructor information. All classes are ON-LINE. *No Gold Card discount.*

HOW TO TRAVEL FREE & MAKE MONEY TRAVELING

We're back to our travels, but everything is getting more expensive. So how do we make our travel free and even make money while we are traveling? Learn how to find the deep travel discounts motivating us to see the world. If you are retired, changing careers, a student, or someone who likes the idea of making additional income to support your travel dream, this class is for you. World traveler Gina Henry shows you how she has traveled for free to 104 countries and all 50 states. Plus learn important tips on travel safety, trip insurance, affordable retirement opportunities & other inspirational life enhancing strategies. Earn free airline tickets, hotel nights, tours, cruises & more! Volunteer, fun work-vacations, paid travel, teach English, mystery shopping, importing, drop shipping & remote employment opportunities. Gina teaches this online class while she is traveling all over the USA & worldwide. Tuition includes her 100-page digital book "How to Travel Free & Make Money Traveling" (a \$39.95 value) which provides names, phone numbers, and websites of all of the contacts you need to put this practical information to use. Go to www.GinaHenry.com for more instructor information.

(TRV-001)

SAT
March 14
Noon – 3:00 PM
Cost: \$49.00
Online Class

THE SECRETS OF TRAVEL-HACKING: REWARD CREDIT CARDS

FREE AIR, HOTELS & CASH BACK

You can earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel. Reward programs and their reward credit cards can earn you the miles & points you need to fly free & stay free. Redeem them for high-value trips. Flights and hotels are typically the most expensive part of your vacation budget. Plus earn cash-back to pay for all your other travel expenses. Gina will show you her easy "Beginner Strategy" then graduate you to more advanced strategies that earn you ONE MILLION+ reward points a year. All the major reward programs will be detailed: airlines, hotels, banks, etc. Also learn tips for flying business and first class. Gina Henry, founder of Go Global, Inc, has been a professional traveler for over 30 years and earns 15 free airline tickets each year, plus dozens of free hotel nights, and hundreds of dollars cash-back each year. Tuition includes instructor's 100-page digital book "The Secrets of Traveling Hacking - Free Air, Hotels & Cash Back" (a \$39.95 value). Go to www.GinaHenry.com for more instructor information.

(TRV-002)

SAT
March 21
Noon – 3:00 PM
Cost: \$49.00
Online Class

GET PAID TO TEACH ENGLISH – OVERSEAS, IN THE USA, OR ONLINE

Learn how Gina has taught her way around the world & paid for vacations and travel to 100 countries. Teaching English can be a high paying career or simply a great way to travel free. English is the world's business & travel language. Being able to speak English helps people get better paying jobs & life changing choices. If you speak English, you can teach conversational English! You don't have to be certified or speak the local language. However, getting certified can help you make more money & get a job faster and easier. There are now many excellent affordable online certification programs. Plus, make money teaching English online, earn a free vacation, a 2-month paid summer job, or full-time work that earns up to \$90K a year. Learn about the best paying jobs, how to promote your teaching qualifications, the best certification programs (online & in person) and specific hiring organizations. Gina teaches this online class while she is traveling around the worldwide. Tuition includes her 100-page digital book "Get Paid To Teach English" (a \$39.95 value). Go to www.GinaHenry.com for more instructor information.

(TRV-003)

SAT

March 28
Noon – 3:00 PM
Cost: \$49.00
Online Class

MAKE MONEY MYSTERY SHOPPING – GET PAID TO SHOP – ON-LINE CLASS!

Do you like to shop? You can get paid to shop at almost every local store in your area, plus there are many online shopping assignments you can do from home. Mystery shop on vacation all across the USA and in over 70 countries worldwide - FREE hotels, restaurant meals, car rentals, sightseeing tours, etc. Mystery shopping has become the most cost-efficient way for stores & businesses to know their customers and stay in business, especially during these challenging economic times. Learn how to avoid scam companies and work for the best mystery shopping companies that pay the most. Get the names & contact information for the TOP 100 MYSTERY SHOPPING COMPANIES including addresses, websites, and phone numbers to make all these ideas practical. We review actual mystery shopping assignments so you know exactly what to do, including the paperwork. Get paid or keep the items you buy on assignment. A FREE dinner for two at a nice restaurant, a FREE hotel night, a FREE tank of gas, FREE groceries, FREE dry cleaning & more. Learn how to play up your qualifications for the best assignments, how to fit mystery shopping into your daily schedule, and how to earn the most income. Instructor, Gina Henry has been a professional mystery shopper for over twenty years. She teaches in 90 cities nationwide and wrote the book "How To Travel Free". Tuition includes instructors 100-page digital book "Mystery Shopping - Get Paid to Shop" (a \$39.95 value). Go to www.GinaHenry.com for more instructor information.

(TRV-004)

SAT
April 11
Noon – 3:00 PM
Cost: \$49.00
Online Class

GET PAID TO BE A TOUR GUIDE & TRAVEL FREE – ONLINE CLASS!

We are back to our travels! However, many people will not travel unless they book a tour, take a cruise, or travel with you their friend who knows the destination. Travel & tourism is the world's fastest growing industry. Learn how to earn income as a tour director. Work part-time or full-time leading tours for major companies. Plus, learn how to get a FREE tour by promoting trips for tour companies or putting together trips on your own for friends, family or groups. Work for a company or learn how to start your own business. Instructor leads tours worldwide for major tour companies as well as her own tour business of 30 years. Tuition includes a 100-page digital book (a \$39.95 value). Check out GinaHenry.com for more information.

(TRV-005)

SAT
April 18
Noon – 3:00 PM
Cost: \$49.00

WORK REMOTELY & BECOME A DIGITAL NOMAD – ON-LINE CLASS!

HOW TO CREATE YOUR MONEY-MAKING TRAVEL LIFESTYLE & WORK ANYWHERE

Working remotely is now the thing. Why not add travel into the mix? Join thousands of individuals taking their work with them and hitting the road. Be "location independent". Learn the "how to" of living on the road, remote jobs that can pay your way, where to stay, how to handle your finances, downsizing & more. Instructor Gina Henry has been a digital nomad for the last seven years and highly recommends the digital nomad lifestyle as remote work has become even more popular during and after COVID. Tuition includes a 100-page digital book (\$39.95 value). Check out GinaHenry.com for more instructor information.

(TRV-006)

SAT
April 25
Noon – 3:00 PM
Cost: \$49.00

KIDS & TEENS

SPANISH CLUB - Grades K-5

Get a head start on the language by joining us for an educationally oriented curriculum that is specifically designed for the K-5 student to learn the Spanish language. This unique and exciting program features foundation vocabulary Introduced through games, singing and fun activities. Students are able to compound words and begin forming simple sentences. Early introduction increases the student's ability to absorb rather than translate the language. **If you have taken a Spanish Club class previously, new vocabulary is introduced with each session - never a repeat. Class is open to new and returning students!** Join the fun! Program is offered at dismissal at each of the elementary schools below. Join the fun! For more details, visit www.TheEnrichmentCompany.com.

LAN-001 (Winchester Potters)

MON

April 20 – June 1 (No class 5/25)

3:00 – 3:40 PM

6 Classes: \$97

Bldg.: Winchester Potters Elementary

LAN-002 (Northwood)

TUES

April 21 – June 2 (No class 5/26)

3:00 – 3:40 PM

6 Classes: \$97

Bldg.: Northwood Elementary

LAN-003 (West EI)

TUES

April 14 – June 2 (No class 4/21, 5/26)

3:35 – 4:15 PM

6 Classes: \$97

Bldg.: West Elementary

LAN-004 (Allendale)

WED

April 22 – May 27

3:00 – 3:40 PM

6 Classes: \$97

Bldg.: Allendale Elementary

LAN-005 (Clinton)

THURS

April 23 – May 28

3:40 – 4:20 PM

6 Classes: \$97

Bldg.: Clinton Elementary

Kids Choice Sports

Kids Choice Sports offers instructional youth sports programs to kids ages 3 – 12. By offering a variety of programs, we give Kids the Choice of many different Sports to try out, in order to find the best fit for them. The skills and rules of each sport that we teach are broken down into simple concepts that are fun to learn and easy to understand. *In addition to this registration process an online waiver must be completed for each registered player. Please go to www.kidschoicesports.com and click on the waiver tab.*

HOT SHOTS – INTRODUCTION TO BASKETBALL

Ages 3-5. In this parent participation program, boys and girls will learn the basics of the game of basketball. Your child will learn the fundamentals and basic game play while using a lower net and smaller ball. Emphasis will be placed on fun and recreation in this noncompetitive, coed program. A T-shirt is included in program fee. Please remember to bring a water bottle.

(KID-007)

TUES

April 21 – May 26

6:00 – 6:45 PM

6 Classes: \$104

Bldg.: West Elementary/Gym

HOT SHOTS – INTRODUCTION TO BASKETBALL

Ages 5 – 7. Boys and girls will learn the basics of basketball in this fun class! Your child will learn the fundamentals and basic game play while using a lower net and smaller ball. Emphasis will be placed on fun and recreation in this noncompetitive, coed program. **This class will include some parent participation.** A T-shirt is included in program fee. Please remember to bring a water bottle.

(KID-008)

TUES

April 21 – May 26

6:50 – 7:35 PM

6 Classes: \$104

Bldg.: West Elementary/Gym

Co-Ed BASKETBALL

Ages 8 – 12. This program encourages boys and girls to learn the basic skills and principles involved in the game of basketball. Skills such as dribbling, passing and shooting will be taught followed by a fun scrimmage. This class will enable kids to become proficient at the game of basketball, build confidence, develop a positive self-image, and, most of all, have fun! Please remember to bring a water bottle.

(KID-009)

TUES

April 21 – May 26

7:40 – 8:40 PM

6 Classes: \$104

Bldg.: West Elementary/Gym

TODDLER TIME SOCCER

Ages 2 – 3. Toddler Time is an exciting soccer-based playgroup in which a variety of age-appropriate props are used. In this unique program, **you and your child will participate** in a variety of soccer-related games and activities. Kids “**learn through play**” in a social environment while developing motor skills and coordination, building confidence, and much more. But most of all, it is FUN! **Please bring a size 3 soccer ball.** A T-shirt is included in the program fee. Please remember to bring a water bottle.

(KID-010)

WED

April 15 – June 3 (No class 4/29, 5/20)

5:45 – 6:20 PM

6 Classes: \$104

Bldg.: East Middle/Gym

LITTLE SLUGGERS – INTRODUCTION TO TEE BALL

Ages 3 – 6. This class is perfect for boys and girls who would like to learn the basics of tee ball. In this **parent participation program**, you and your child will work together on drills to learn catching, fielding, throwing, batting and running bases. Emphasis is placed on fun and recreation in this non-competitive, coed program. A T-shirt is included in the program fee. Please remember to bring a water bottle.

(KID-022)

WED

April 15 – June 3 (No class 4/29, 5/20)

6:30 – 7:15 PM

6 Classes: \$104

Bldg.: East Middle/Gym

YOUTH FLOOR HOCKEY

Ages 7 – 12. This program provides a safe and fun environment for boys and girls to get together, make friends, and learn the basic skills and principles involved in the game of hockey. Skills such as stick handling, puck handling, and shooting will be taught followed by a scrimmage. **All students are required to have mouthguards, shin guards, and a hockey stick.** Please remember to bring a water bottle.

(KID-023)

WED

April 15 – June 3 (No class 4/29, 5/20)

7:25 – 8:25 PM

6 Classes: \$104

Bldg.: East Middle/Gym

LACROSSE SKILLS

In this non-competitive co-ed program, kids will be taught the basic skills of lacrosse. These skills include scooping, cradling, passing, catching and shooting. The idea is to have fun and make friends while learning the sport of lacrosse. No-contact lacrosse is played, also known as “Soft” lacrosse. **A mouthguard is required;** Kids Choice will provide lacrosse sticks, and all other equipment.

(KID-011) Ages 5-7

THURS

April 16 – May 28 (no class 5/7)

6:00 – 6:45pm

6 Classes: \$104

Bldg.: East Middle/Gym

(KID-012) Ages 8-12

THURS

April 16 – May 28 (no class 5/7)

6:50 – 7:50 PM

6 Classes: \$104

Bldg.: East Middle/Gym

TINY TOUCHDOWNS FOOTBALL (AGES 3-4)

Tiny Touchdowns is an exciting co-ed, non-contact program, where **you and your child will participate** in a variety of football related games and activities. It will cover the basics of football; including passing, catching, and other essential skills. Kids “Learn through play” in a social environment while developing motor skills and coordination, building confidence, and much more; but most of all, it’s FUN! A T-shirt is included in the program fee. Please remember to bring a water bottle.

(KID-013)

FRI

April 17 – May 29 (No class 4/24, 5/22)

5:45 – 6:25 PM

5 Classes: \$104

Bldg.: West Elementary/Gym

BOYS BASEBALL CLINIC

This indoor clinic was designed to provide baseball skills training to players during the winter months. Areas covered include: hitting, fielding, throwing mechanics, defensive drills, and base running. Kids will be grouped by age and skill. **Players must supply their own gloves.**

(KID-014) (ages 5-7)

FRI

April 17 – May 29 (No class 4/24, 5/22)

6:30 – 7:20 PM

5 Classes: \$104

Bldg.: West Elementary/Gym

(KID-015) (ages 8-12)

FRI

April 17 – May 29 (No class 4/24, 5/22)

7:25 – 8:35 PM

5 Classes: \$104

Bldg.: West Elementary/Gym

GIRLS SOFTBALL CLINIC

This indoor clinic was designed to provide softball skills training to players during the winter months. Areas covered include: hitting, fielding, throwing mechanics, defensive drills, and base running. Kids will be grouped by age and skill. **Players must supply their own gloves.**

(KID-016) (ages 5-7)

FRI

April 17 – May 29 (No class 4/24, 5/22)

6:30 – 7:20 PM

5 Classes: \$104

Bldg.: West Elementary/Gym

(KID-017) (ages 8-12)

FRI

April 17 – May 29 (No class 4/24, 5/22)
7:25 – 8:35 PM
5 Classes: \$104
Bldg.: West Elementary/Gym

KidsPlay, Tim & Tricia Hirschbeck, Directors

KidsPlay is a group of experienced teachers that work with public and private schools to coordinate quality instructional sports programs to children ages 3 to 13. See specific program for age groups. All players must be of age by the first scheduled class. **Questions? Call/text Tim Hirschbeck at 480-2374.**

Outdoor NFL FLAG FOOTBALL

NFL Flag is an excellent alternative to full contact, full equipment, and youth football leagues. The game is non-contact football with primary emphasis on the development of passing, receiving, and running and coverage skills. Games are played 5-on-5 with modified rules to heighten skill development and assure equal playing time for all players. NFL Flag is not a highly competitive program. Players meet for 75 minutes each week with a 30-minute practice followed by a 45-minute game against another KidsPlay Team. A Nike reversible football jersey is included in the fee.

(KID-018) Coed NFL Football League (Ages 7-11)

MON
May 4 – June 8 (players meet on a rotating schedule after Week 1 evaluation)
5:30 – 8:00 PM
6 Classes: \$105
Bldg.: Winchester Elementary/ Field

(KID-019) Coed Developmental, Ages 5-7

WED
May 6 – June 10
(players meet on a rotating schedule after Week 1 evaluation)
5:30 – 8:00 PM
6 Classes: \$105
Bldg.: Winchester Potters/ Field

LEVEL I INDOOR SOCCER

Ages 4 – 6. Soccer is easy to learn, contains constant activity, and provides plenty of opportunity for young players to run and learn skills. The program includes small-sided games and scrimmages allowing for plenty of touches on the ball. Level I Soccer stresses skills development and learning in a fun and friendly atmosphere, with emphasis on teamwork. Half of each class is devoted to fun instructional training with the remaining half devoted to scrimmage. *KidsPlay shirt included.*

(KID-020)

TUES
May 5 –
5:30 – 6:30 PM
6 Classes: \$80
Bldg.: East Middle/Large Gym

U-8 INDOOR SOCCER LEAGUE

Ages 6 – 8. Instructional Soccer League is designed to help veteran and inexperienced players develop skills in a positive and supportive environment. Special emphasis is placed on the development of dribbling, receiving and passing/support skills. The program is designed to be fun and challenging for any player with a strong interest in improving skills and understanding how team soccer works. All game and training sessions are coordinated by 2-3 KidsPlay coaches, not volunteers. Players meet weekly for a 30-40 minute training session followed by a game lasting 35-45 minutes, played 5-on-5 allowing for maximum touches on the ball and plenty of playing time. *KidsPlay shirt included.*

(KID-021)

TUES

May 5 – June 9

6:30 – 7:45 PM

6 Classes: \$80

Bldg.: East Middle/Large Gym

April 16 – May 28 (no class 5/7)

6:50 – 7:50 PM

6 Classes: \$104

Bldg.: East Middle/Gym

TINY TOUCHDOWNS FOOTBALL (AGES 3-4)

Tiny Touchdowns is an exciting co-ed, non-contact program, where **you and your child will participate** in a variety of football related games and activities. It will cover the basics of football; including passing, catching, and other essential skills. Kids “Learn through play” in a social environment while developing motor skills and coordination, building confidence, and much more; but most of all, it’s FUN! A T-shirt is included in the program fee. Please remember to bring a water bottle.

(KID-013)

FRI

April 17 – May 29 (No class 4/24, 5/22)

5:45 – 6:25 PM

5 Classes: \$104

Bldg.: West Elementary/Gym

BOYS BASEBALL CLINIC

This indoor clinic was designed to provide baseball skills training to players during the winter months. Areas covered include: hitting, fielding, throwing mechanics, defensive drills, and base running. Kids will be grouped by age and skill. **Players must supply their own gloves.**

(KID-014) (ages 5-7)

FRI

April 17 – May 29 (No class 4/24, 5/22)

6:30 – 7:20 PM

5 Classes: \$104

Bldg.: West Elementary/Gym

(KID-015) (ages 8-12)

FRI

April 17 – May 29 (No class 4/24, 5/22)

7:25 – 8:35 PM

5 Classes: \$104

Bldg.: West Elementary/Gym

GIRLS SOFTBALL CLINIC

This indoor clinic was designed to provide softball skills training to players during the winter months. Areas covered include: hitting, fielding, throwing mechanics, defensive drills, and base running. Kids will be grouped by age and skill. **Players must supply their own gloves.**

(KID-016) (ages 5-7)

FRI

April 17 – May 29 (No class 4/24, 5/22)

6:30 – 7:20 PM

5 Classes: \$104

Bldg.: West Elementary/Gym

(KID-017) (ages 8-12)

FRI

April 17 – May 29 (No class 4/24, 5/22)

7:25 – 8:35 PM

5 Classes: \$104

Bldg.: West Elementary/Gym

KidsPlay, Tim & Tricia Hirschbeck, Directors

KidsPlay is a group of experienced teachers that work with public and private schools to coordinate quality instructional sports programs to children ages 3 to 13. See specific program for age groups. All players must be of age by the first scheduled class. **Questions? Call/text Tim Hirschbeck at 480-2374.**

Outdoor NFL FLAG FOOTBALL

NFL Flag is an excellent alternative to full contact, full equipment, and youth football leagues. The game is non-contact football with primary emphasis on the development of passing, receiving, and running and coverage skills. Games are played 5-on-5 with modified rules to heighten skill development and assure equal playing time for all players. NFL Flag is not a highly competitive program. Players meet for 75 minutes each week with a 30-minute practice followed by a 45-minute game against another KidsPlay Team. A Nike reversible football jersey is included in the fee.

(KID-018) Coed NFL Football League (Ages 7-11)

MON

May 4 – June 8 (players meet on a rotating schedule after Week 1 evaluation)

5:30 – 8:00 PM

6 Classes: \$105

Bldg.: Winchester Elementary/ Field

(KID-019) Coed Developmental, Ages 5-7

WED

May 6 – June 10

(players meet on a rotating schedule after Week 1 evaluation)

5:30 – 8:00 PM

6 Classes: \$105

Bldg.: Winchester Potters/ Field

LEVEL I INDOOR SOCCER

Ages 4 – 6. Soccer is easy to learn, contains constant activity, and provides plenty of opportunity for young players to run and learn skills. The program includes small-sided games and scrimmages allowing for plenty of touches on the ball. Level I Soccer stresses skills development and learning in a fun and friendly atmosphere, with emphasis on teamwork. Half of each class is devoted to fun instructional training with the remaining half devoted to scrimmage. *KidsPlay shirt included.*

(KID-020)

TUES

May 5 –

5:30 – 6:30 PM

6 Classes: \$80

Bldg.: East Middle/Large Gym

U-8 INDOOR SOCCER LEAGUE

Ages 6 – 8. Instructional Soccer League is designed to help veteran and inexperienced players develop skills in a positive and supportive environment. Special emphasis is placed on the development of dribbling, receiving and passing/support skills. The program is designed to be fun and challenging for any player with a strong interest in improving skills and understanding how team soccer works. All game and training sessions are coordinated by 2-3 KidsPlay coaches, not volunteers. Players meet weekly for a 30-40 minute training session followed by a game lasting 35-45 minutes, played 5-on-5 allowing for maximum touches on the ball and plenty of playing time. *KidsPlay shirt included.*

(KID-021)

TUES

May 5 – June 9

6:30 – 7:45 PM

6 Classes: \$80

Bldg.: East Middle/Large Gym