

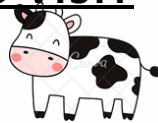


NEW BRITAIN FAMILY RESOURCE CENTER

The latest news and updates



WHY OUR LITTLE LEARNERS NEED TO VISIT THE FARM



By: Ms. Melinda Eberle

This month, we want to highlight the incredible educational value of farm visits for our preschool aged children. Research shows that hands-on experiences with farm animals and agricultural settings provide numerous developmental benefits for young children.

Academic Learning Opportunities

- Science Exploration
 - Children learn about animal life cycles, habitats, and basic biology
 - Understanding where food comes from develops scientific thinking
 - Weather, seasons, and plant growth become tangible concepts
- Language Development
 - New vocabulary: barn, pasture, harvest, livestock, agriculture
 - Storytelling opportunities about farm experiences
 - Following multi-step instructions during farm activities
- Mathematics in Action
 - Counting animals, eggs, and farm products
 - Measuring and comparing sizes of different animals
 - Understanding concepts like big/small, more/less, and patterns

Social and Emotional Growth

- Responsibility and Care
 - Learning to be gentle with animals builds empathy
 - Understanding that animals need food, water, and shelter
 - Developing respect for living creatures and nature
- Confidence Building
 - Overcoming initial fears of animals
 - Successfully completing farm tasks
 - Sharing experiences with classmates

Physical Development

- Gross Motor Skills
 - Walking on uneven terrain
 - Carrying feed buckets and farm tools
 - Climbing on hay bales and farm equipment
- Fine Motor Skills
 - Petting animals gently
 - Collecting eggs
 - Feeding animals small treats

Life Skills and Values

- Understanding Food Sources
 - Connecting milk to cows, eggs to chickens
 - Developing healthy eating habits

Tips of the month April's Fun!

By: Mrs. Nebby Sanchez

Week 1: Insects

Go on a Bug Hunt: Head outdoors to look for bugs. Spend some time lifting rocks, digging in the dirt, looking on the bottom of the plant leaves to see what kinds of bugs you can find.

Week 2: Seeds

Seed Hunt Nature Walk: Go on a nature walk and see if you can spot different seeds on nature, on plants, on the ground, and in trees.

Week 3: Trees

Investigate a Tree: Head Outside and find a tree. With coloring materials, draw the tree, color the leaves, and write the letter "T" for the word "Tree".

Week 4: Butterflies

Go on a Butterfly Hunt: Head outdoors to see if you can spot any butterflies. If there is time, stop by a local flower garden.

HEALTH



By: Marsha Michaud

As the warm weather rolls in, families will be outside more, taking in every bit of sunlight, playing with others, and participating in different activities. While there is no denying the positives of fresh air and exercise, there are several things parents should keep in mind to ensure their child's safety. Parents should consider these healthy tips for kids as they embark on outdoor adventures during the warmer months.

Allergy Care - Be proactive if you know that your child experiences allergies during the warmer weather. Call your child's pediatrician and see if they can prescribe an allergy medication.

Hydration - Kids are more prone to dehydration with warmer temperatures, especially during physical activities. Make sure your child drinks plenty of water throughout the day and avoid sugary drinks.

Sun Protection - Protecting your child's skin daily from the sun's harmful UV rays is a must. Make sure they use sunscreen with at least SPF 30 and reapply it every two hours or more frequently if they're sweating or swimming. Also, have them wear a hat and sunglasses for further protection.



Arts and Crafts



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FAMILY ACTIVITIES FOR APRIL 2026



- **STEW LEONARDS EASTER HUNT EGG-STRAVAGANZA** [CLICK HERE FOR MORE INFORMATION!](#)
- **FAMILY PROGRAM: RETRO REWIND AT THE CT MUSEUM OF HISTORY AND CULTURE** [CLICK HERE FOR MORE INFORMATION!](#)
- **GUIDE TO FREE FUN THINGS TO DO FOR CONNECTICUT KIDS** [CLICK HERE FOR TICKETS!](#)

