



PLAINVIEW-OLD BETHPAGE CENTRAL SCHOOL DISTRICT

106 Washington Avenue, Plainview, New York 11803

Mental Health Committee AGENDA

Purpose of Committee:

Strategic Plan Priority Area 2: We will focus on mental health and wellness for students and staff by integrating education about social-emotional, mental health and wellness, providing ongoing professional development to staff in this, hosting workshops for families, and allocating resources to support multi-tier level of supports for all students.

Strategies:

- Provide workshops for families, using a variety of mediums, related to mental health and wellness
- Provide resources for staff to inform, maintain, and address mental wellness

Committee Chairperson(s): Laurie Lynn and Jennifer Lott

Date of Meeting: March 25, 2026

Updates on Action Items

- N/A

New Business/Discussion Topics

- Peer Mentoring Programs
 - PAL: Peer Assistance and Leadership
 - Ignite Nation
- Professional Development
 - Parent University
 - Staff PD Recommendations
- Mental Health Awareness Month
 - Brainstorm Suggestions for Buildings

Next steps/Future Items to Discuss:

- Parent University Planning

Next meeting: June 3