

# April Puree Lunch Menu 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Cereal or Muffin Fruit and Milk Choice	Breakfast Cereal or Breakfast Sandwich Fruit and Milk Choice	Breakfast Cereal or Bagel Smoothie Fruit and Milk Choice	Breakfast Cereal or Yogurt Parfait Fruit and Milk Choice	Breakfast Cereal or Bagel Fruit and Milk Choice
<p>Through participation in the NSLP Community Eligibility Program, meals are offered daily at NO CHARGE. ALL MEALS ARE SERVED AND PREPARED IN LUNCH MEAL PATTERNS for the 2025-26 school year. Menu is subject to change. This institution is an Equal Opportunity Provider</p>		1 No School Spring Recess	2 No School Spring Recess	3 No School Spring Recess
6 Hot Dog on WW Bun Green Beans Fruit and Milk Choice	7 Chicken Soft Taco Refried Beans, Sour Cream, Salsa, Fruit and Milk Choice	8 Hamburger with WW bun, Sweet Potatoes Fruit and Milk Choice	9 Orange Chicken Mashed Potatoes Carrots Fortune Cookie Fruit and Milk Choice	10 Pizza Broccoli Fruit and Milk Choice
13 Chicken Patty on WW Bun with Carrots Fruit and Milk Choice	14 Steak & Cheese Quesadilla, Refried Beans, Salsa, Guac, & Sour Cream Fruit and Milk Choice	15 Chicken Ramen Noodles Green Beans Fruit and Milk Choice	16 BRUNCH FOR LUNCH! French Toast Sticks Sweet Potatoes, Sausage Fruit and Milk Choice	17 Pizza Broccoli Fruit and Milk Choice
20 Grilled Cheese with Tomato Soup Fruit and Milk Choice	21 Chicken & Waffles Maple Syrup, Sweet Potatoes Fruit and Milk Choice	22 Mashed Potatoes, Choice of, Cheese Sauce, Chili, Broccoli, Sour Cream, Corn Bread Fruit and Milk Choice	23 Chicken Wrap (Buffalo, Ranch or Caesar dressing) Baked Beans Fruit and Milk Choice	24 Pizza Broccoli Fruit and Milk Choice
27 Meatball Parm Sandwich Carrots Fruit and Milk Choice	28 Beef soft Taco, Refried Beans, Sour Cream, Salsa, Lettuce, Cheese, Fruit and Milk Choice	29 BRUNCH FOR LUNCH! French Toast Sticks Sweet Potatoes, Sausage Fruit and Milk Choice	30 Chicken Mac & Cheese Zucchini Fruit and Milk Choice	

## Daily Offerings

Low fat 1% milk, skim milk, fat free chocolate milk.  
Seasonal fresh fruit, mixed cupped fruit,  
choice of vegetables, garden salad daily.

## Daily Alternate Lunch

Chef's Salad, Uncrustables, Peanut Butter & Jelly or Deli Sandwich.

## HARVEST of the month: Potatoes



Potatoes are a versatile and comforting staple that can be enjoyed in many ways—from baked and mashed to roasted and added to soups and stews. Naturally fat-free and cholesterol-free, they are a good source of vitamin C, potassium, and fiber (especially when eaten with the skin), helping provide the energy students need to stay focused and active throughout the day.

Grown right here in New York and across the country, potatoes come in many varieties, including russet, red, yellow, and purple. Each offers a slightly different flavor and texture, making them a fun and nutritious addition to any meal.



## April Brings Growth, Renewal, & New Beginnings



As the seasons change, it's a great time to refresh your eating habits and try new foods. Spring brings a variety of fresh fruits and vegetables that can add color, flavor, and important nutrients to your meals. Making small, balanced choices each day can help students stay energized, focused, and ready to learn.

### Tips to Get Started:

- Try a new fruit or vegetable each week
  - Fill half your plate with fruits and vegetables at meals
  - Choose whole grains like brown rice or whole wheat bread
  - Drink water throughout the day instead of sugary drinks
  - Eat a balanced breakfast to start your day strong
  - Get moving—aim for at least 60 minutes of physical activity daily
  - Help prepare meals or snacks at home to build healthy habits
- Learn more about healthy eating at:  
<https://www.myplate.gov/>



### NYS items served:

- Milk
- Apples (whole, slices, sauce)
- Waffles
- Carrots
- Yogurt
- String Cheese
- Soft Pretzel
- Maple Syrup
- Potatoes

### From Scratch items:

- |                |           |                |
|----------------|-----------|----------------|
| Lentil Salad   | Beef Taco | Coleslaw       |
| Rice and Beans | Chili     | Fried Rice     |
| Mac & Cheese   |           | Guacamole      |
| Quesadilla     |           | Grilled Cheese |

