



# American Red Cross Blended Learning Lifeguard Certification Program at Sayville Middle School

## **Requirements**

Participants must be:

- at least 15 years old by the last day of the course
- able to complete a swim-tread-swim sequence
- able to swim 20 yards, retrieve a 10 lb. brick from the bottom of the pool and return it to the starting point in under 1:40
- Registration minimum 5
- Registration maximum 10

## **COURSE FEE:**

- \$400 for Sayville residents
- \$420 for non-residents

(Payment is due at the first class, once the participant passes the prerequisites.)

## **Class Meetings:**

- Prerequisite class Monday, April 13th, at **8-9pm**
- Course dates:
  - Tuesday nights- 4/14, 4/21, 4/28, 5/5, 5/12, 5/19 @ 7:30pm-9:30pm
  - Saturday- 5/9 @ 9am-5pm

This is a blended learning class, so there will be a mixture of online course-work, as well as classroom lessons & skill practice.

**To register for the class, PARTICIPANTS must send their NAME and PHONE NUMBER to:**

Nicole Mendez-Chicas

[nmendezchicas@sayvilleschools.org](mailto:nmendezchicas@sayvilleschools.org)