

Pudong Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Cajun Chicken	Pork Char Siu	Shrimp Scampi	BBQ Pork	Mongolian Beef
Allergen Content	D	G S L	S D	G L	G L S
STAPLE FOOD	Baked Macaroni and Cheese	Steamed Rice	Spaghetti with Cherry Tomato and Olive Oil	Potato Gratin	Steamed Rice
Allergen Content	G D		G	D	
VEGETABLES	Sautéed Zucchini with Carrot	Sautéed Cabbage and Carrot	Sautéed Spinach	Sautéed Green Bean with Carrot	Sautéed Lettuce with Garlic
Allergen Content			D	L	
SPECIALTIES	Onion Rings	Curry Fish Ball	Garlic Bread	Corn on the Cob	Fried Chicken Roll
Allergen Content	G	D G S	G D		G
SANDWICH BAR	Ham, Peanut Butter, Strawberry Jam	Egg Salad, Peanut Butter, Strawberry Jam	Bacon, Peanut Butter, Strawberry Jam	Tuna Salad, Peanut Butter, Strawberry Jam	Chicken, Peanut Butter, Strawberry Jam
Allergen Content	N	E N	N	S E N	N
VEGETARIAN DISH (On request)	Cajun Eggplant	Chinese BBQ Tofu	Garlic Mushroom	BBQ Tofu	Mongolian Eggplant
Allergen Content	D	L G	G D	G L	G L
SALAD BAR	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
DRINKS	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice
FRUITS	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit

*Allergen Content: D Dairy E Egg G Gluten L Legumes N Nuts S Seafood