

# Hongqiao Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Cajun Chicken	Pork Char Siu	Shrimp Scampi		Mongolian Beef
Allergen Content	D	G S L	S D		G L S
STAPLE FOOD	Baked Macaroni and Cheese	Steamed Rice	Spaghetti with Cherry Tomato and Olive Oil		Steamed Rice
Allergen Content	G D		G		
VEGETABLES	Sautéed Zucchini with Carrot	Sautéed Cabbage and Carrot	Sautéed Spinach		Sautéed Lettuce with Garlic
Allergen Content			D		
SPECIALTIES	Onion Rings	Curry Fish Ball	Garlic Bread		Fried Chicken Roll
Allergen Content	G	D G S	G D		G L
SANDWICH BAR	Ham, Peanut Butter, Strawberry Jam	Egg Salad, Peanut Butter, Strawberry Jam	Bacon, Peanut Butter, Strawberry Jam		Chicken, Peanut Butter, Strawberry Jam
Allergen Content	N	E N	N		N
VEGETARIAN DISH (On request)	Cajun Eggplant	Chinese BBQ Tofu	Garlic Mushroom		Mongolian Eggplant
Allergen Content	D	L G	D		G L
SALAD BAR	Salad Bar	Salad Bar	Salad Bar		Salad Bar
DRINKS	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice		Milk, Plain Yogurt, Apple Juice, Orange Juice
FRUITS	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit		Seasonal Fruit

\*Allergen Content: **D** Dairy **E** Egg **G** Gluten **L** Legumes **N** Nuts **S** Seafood