



**ROUGHNECK  
ATHLETIC  
TRAINING**



*Tackling 101*

# FOOTBALL CAMP



**FRIDAY**

**SATURDAY**

**AUG. 7 AUG. 8**

FOR BOYS AGE 10 - 12  
GRADES 4TH-6TH (INCOMING 7<sup>TH</sup>  
GRADERS)

**AT: PJH EAST GYMS  
& FOOTBALL FIELD**

**FRI. 5PM- 6:30PM  
SAT. 9- 10:30AM**



A TWO-DAY CLINIC TEACHING FORM TACKLING  
TECHNIQUES & SKILLS: **NO PADS**. DESIGNED FOR  
NEWCOMERS TO JH TACKLE FOOTBALL &  
REFRESHER FOR THOSE STARTING JH FOOTBALL

**COACH BY  
COACH ALKIRE  
& EAST STAFF**

## ONLINE REGISTRATION

CLICK ON QR CODE ABOVE  
NO LATER THAN JULY 24TH  
LATE REGISTRATION AT EVEN WILL BE  
\$100

**\$80**

**REGISTRATION FEE  
PER PLAYER**

