

THE WEST GIRLS COACHING STAFF  
INVITES ALL INCOMING 7TH AND 8TH  
GRADE GIRLS TO ATTEND THE WEST  
STRENGTH AND CONDITIONING CAMP.

**WHO:** 7TH & 8TH GRADE GIRLS

**WHEN:** MAY 26TH – JUNE 25TH

**MONDAY – THURSDAY**

**(EXCEPT WEEK 1 TUE-FRI)**

**9:00 AM – 11:00 AM**

**WHERE:** PJH WEST

**COST:** \$115 REGISTRATION

\$135 LATE REGISTRATION

### **What to Bring:**

Shorts, T-shirts

Running shoes

Water (gallon jug )

Sunscreen

Medications (If applicable)

Towel

**A HARD WORKING ATTITUDE**

**WATER WILL NOT BE PROVIDED.**

**ALL PARTICIPANTS MUST HAVE A  
PHYSICAL ON FILE WITH PJH WEST  
AFTER APRIL 1, 2026.**

### **REGISTRATION INFORMATION**

**ALL STUDENTS SHOULD REGISTER ONLINE  
BY MAY 15TH .**

**After May 15th, there will be a late fee (\$20)  
and students need to register at camp on the  
first day.**

**PLEASE SCAN QR CODE BELOW TO  
REGISTER AND PAY FOR YOUR ATHLETE**



**Registration is ONLY Available ONLINE  
through above link**

#### **Camp Directors**

Blair Gray—grayb@pearlandisd.org

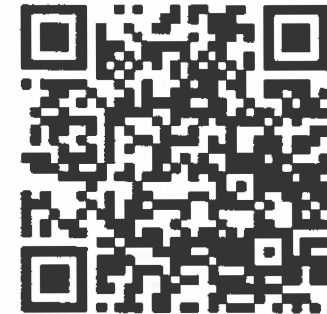
Brandy Cagle—cagleb@pearlandisd.org

### **SportsYou App**

**This App is for us to communicate with  
the parents about information & changes.**

**We need at least one Parent per Player  
signed up for this App.**

**Scan QR code below to sign up for Sports  
You.**



This athletic camp/clinic follows guidelines set  
forth by Pearland ISD and the UIL.

**ALL PARTICIPANTS MUST HAVE A  
PHYSICAL ON FILE WITH JH WEST AFTER  
APRIL 1, 2026**