

1

## FRESHMAN YEAR

- Use a planner
- Level up your study skills
- Talk with your teachers
- Make new friends
- Get involved in activities at FSHA
- Earn your best grades: A grades are required for entry to Honors/AP .courses
- Use Scoir for college and career exploration
- Ask your counselor for academic, social, or wellness advice

2

## SOPHOMORE YEAR

- Pursue challenging courses, including Honors/AP as appropriate
- Keep doing your favorite activities
- Try something new - you'll meet new friends (added bonus!)
- Earn your best grades: A grades are required for entry to Honors/AP courses
- Take PSAT in the fall
- Attend a local college fair
- Use Scoir for college research
- Visit a big, medium, and small college
- Take practice SAT and ACT in the spring
- Create an individual college admission test plan
- Ask your counselor for academic, social, or wellness advice

3

## JUNIOR YEAR

### September through February

- Pursue challenging courses, including Honors/AP as appropriate
- Take PSAT and practice ACT/SAT
- Make an impact as a leader in your major activities at FSHA

YOU  
CAN  
DO IT



### September through February (cont.)

- Try something new - you'll meet new friends (added bonus!)
- Earn your best grades: A grades are required for entry to Honors/AP courses
- Build a preliminary college list in Scoir
- Attend a local college fair

### February through June

- Visit colleges (sign up for admission tours)
- Take SAT or ACT tests
- Research your colleges, majors, requirements, and costs
- View scattergrams in Scoir and College Kickstart
- Work with your college counselor to build a balanced college list
- Use Net Price Calculators to estimate cost of attendance
- Learn the application requirements for your colleges
- Start your Common Application
- Write a Common Application draft personal statement
- Request teacher letters of recommendation
- Complete junior questionnaire

4

## SENIOR YEAR

### August through September

- Pursue challenging courses, including Honors/AP as appropriate
- Make an impact as a leader in your major activities at FSHA
- Finish your Common Application
- Attend local college fairs and college presentations
- Finish Common Application personal statement
- Finalize your college list
- Check your list is balanced with 3 colleges in each category: likely admit, target, and reach
- Retake SAT or ACT tests if needed
- Determine your application deadlines (EA, ED, RD)
- Determine all required documents for your colleges and majors
- Confirm letters of recommendation

### October through November

- Submit EA and ED applications
- Complete other college applications (UC, CSU)
- Monitor your applicant portals
- Submit CSS Profile and FAFSA for financial aid

### December through February

- Review EA, Rolling, and ED acceptances
- Submit RD applications
- Monitor your applicant portals

### March through April

- Review acceptances and financial aid offers
- Revisit top-choice colleges to help with decision-making
- Make your college deposit before May 1
- Share your good news with your supporters!
- Meet college deadlines for housing and course registration



## EVERY YEAR

- Find and maintain a healthy balance
- Ask for help from teachers, mentors, counselor, parents
- Pursue meaningful challenges that excite you - stretch yourself
- Talk to adults about careers and colleges
- Visit college campuses / college fairs
- Attend college admission presentations at FSHA
- Discuss college costs and financial aid with your family
- Be a model citizen, friend, and family member
- Use your summers productively (work, volunteer, classes, research, etc.)
- Update your high school résumé

GO FOR  
IT

## QUESTIONS?

Email FSHA college counselors!

Christina Acker '00, [cacker@fsha.org](mailto:cacker@fsha.org)

Jessie Brumfiel, [jbrumfiel@fsha.org](mailto:jbrumfiel@fsha.org)