



Swim Lessons

PARENT & CHILD • PRESCHOOL • YOUTH



Swim Lessons

Swim Lessons Progression

Our Swim Lesson are designed to make it easy for parents to find the right class for their child. Simply read through the class descriptions and place your child in the class that best matches their current swimming and water skills.

Your child will have multiple opportunities to grow and thrive as they continue their love of swimming!

- Our primary focus is on water safety and skill development: Swim Starters, Swim Safety Stages 1-3 and Swim Development.
- Our secondary focus is moving young swimmers onto Swim Team where they will learn how to swim with endurance and speed.
- Finally we want children to have additional opportunities to continue swimming with our Swim for Fitness Class (ages 8+) and our Jr. Lifeguard Class (ages 10+).
- No one is turned away due to their ability to afford fees, scholarships are always available.

Class times and fees are listed on our website:
WoodsonYMCA.com/swim-lessons

Register Online or Call:

Woodson YMCA – Wausau South Pool

707 N. 3rd St., Wausau, 54403 | 715-845-2177

Woodson YMCA – Aspirus Pool

3402 Howland Ave., Weston, 54476 | 715-841-1850



WoodsonYMCA.com/swim-lessons

In addition we offer Swim Lessons in Antigo & Mosinee
For more information about class times and registration, visit:

WoodsonYMCA.com/antigo

WoodsonYMCA.com/mosinee

If you have Swim Lesson questions, please email:
Ben Wisniewski, Association Aquatics Director
bwisniewski@woodsonymca.com

WINTER 2: February 16 – March 28

6 Week/Once Weekly

Registration Opens:

Y Members: Friday, January 30 at 8 AM

Open to All – Friday, February 6 at 8 AM

SPRING 1: April 6 – May 18

7 Week/Once Weekly

Registration Opens:

Y Members: Friday, March 20 at 8 AM

Open to All – Friday, March 27 at 8 AM

SUMMER 1: June 8 – June 22

3 Week/ Twice Weekly

Registration Opens:

Y Members: Friday, May 22 at 8 AM

Open to All – Friday, May 29 at 8 AM

SUMMER 2: July 6 – July 20

3 Week/ Twice Weekly

Registration Opens:

Y Members: Friday, June 19 at 8 AM

Open to All – Friday, June 26 at 8 AM

SUMMER 3: August 3 – August 17

3 Week/ Twice Weekly

Registration Opens:

Y Members: Friday, July 17 at 8 AM

Open to All – Friday, July 24 at 8 AM