February 4th: SHAC Meeting Minutes

Action Items

- [ ] Share the Health Journey program website link with SHAC members and parents, verify and confirm the site password with the pregnancy center before distribution, and send access information to members
- [ ] Poll committee members to determine availability and schedule the next SHAC meetings for March and April, then publish the finalized meeting dates to members' calendars
- [ ] Leave a set of sample workbooks and provide business card and access/password information for committee members to review the curriculum prior to the next meeting
- [ ] Plan to return and present the Health Journey / ESTEEM program at the next SHAC meeting in spring (confirm date with SHAC)
- [ ] Create a ParentSquare group for SHAC to centralize committee communications and invite committee members

Outline

Introductions and Meeting Overview

- Speaker 1 initiates the meeting, requesting introductions from new members and guests.
- Speaker 2 introduces herself as the Youth Outreach Coordinator at the Pregnancy Center of the Coastal Bend and a health curriculum teacher in South Texas schools.
- Speaker 3 introduces herself as Christina Campbell, Director of Curriculum and Assessment for London.
- Speaker 4 introduces herself as Alex Salazar, Assistant Superintendent in London.
- Speaker 5 introduces herself as Shanae Womack, District Nurse, and Speaker 6 introduces herself as Kelly Dahlgren, a parent with three kids.

Review of Previous Meeting Minutes and Old Business

- Speaker 1 reviews the minutes from the previous SHAC meeting, noting no corrections or additions.
- The minutes are filed as presented, and Speaker 1 moves on to old business.
- The SHAC purpose and role were reviewed, along with the follow-up character education curriculum.
- The required technology and health priorities for 2025-2026 were discussed, including a presentation by Miss Bright on nutrition.
- SHAC procedures, including public comment policy, were also reviewed.

Presentation on Corpus Christi Cognizant Pregnancy Program and Esteemed Health Curriculum

- Speaker 1 introduces the presentation by Christina Yee on the Corpus Christi Cognizant Pregnancy Program and the Esteemed Health Curriculum.
- Speaker 2 outlines the program, mentioning five sets of workbooks for grades 5-12, with A covering non-sensitive topics and B covering sensitive topics.
- The curriculum covers 100% of the Texas Essential Knowledge and Skills (TEKS) and includes topics like fentanyl, suicide, trafficking, and adoption.
- The curriculum is workbook-based, with personal journals for students, and is aligned with family values and conservative principles.

Details of the Curriculum and Implementation

- Speaker 2 explains that the curriculum is a primary prevention program based on sexual risk avoidance (abstinence).
- The curriculum includes lessons on nutrition, vaping, fitness, character, and sensitive topics like trafficking, pornography, and puberty.
- The curriculum is approved by the Health and Human Services, TVA, and the State Board of Education and is eligible for Title Five grant funding.
- The curriculum can be implemented in classrooms with less than 20-30 students, or in larger groups if necessary.
- Training for teachers and staff is provided, and the curriculum includes a parent preview night and additional resources like games and quizzes.

Discussion and Questions on the Curriculum

- Speaker 5 asks about the current curriculum used in the district and how it aligns with the new curriculum.
- Speaker 3 explains that the current curriculum is used in different ways across grades, with some topics covered in standalone classes or assemblies.
- Speaker 2 emphasizes the importance of aligning the curriculum with TEKS and legislation, and offers to provide additional resources and support.
- Speaker 1 mentions that the curriculum will be presented twice to the SHAC for review and discussion.
- The committee discusses the importance of smaller group settings for sensitive topics and the potential benefits of the new curriculum.

Review of Health Screenings and Priorities for 2025-2026

- Speaker 1 reviews the progress of health screenings, including vision, hearing, spinal, and ankylosis screenings.
- A total of 755 vision screenings, 726 hearing screenings, 208 spinal screenings, and 516 ankylosis screenings have been conducted.

- The committee discusses the importance of following up on referrals and ensuring students receive necessary medical attention.
- Speaker 1 presents trends in student wellness, including increased anxiety, peer conflict, and concerns about nutrition and hydration.
- The committee discusses the need for additional support and resources to address these issues and improve student well-being.

Future Meetings and Closing Remarks

- Speaker 1 suggests scheduling future meetings in March and April, with a poll to determine the best day and time.
- The committee discusses the possibility of using Parent Square for communication and updates.
- Speaker 1 thanks everyone for their time and participation, and the meeting is adjourned.