



Prior to participating on a team at Jesuit High School, students must provide the Athletic Department with:

- Current address
- Emergency contact information
- Health insurance information
- FHSAA EL1, EL2, EL3 forms - complete forms and bring to physician appt.:
 - EL1 form - ECG Screening:
 - https://fhsaa.com/documents/2026/2/12/EL1_ECG_Screening_021126.pdf?path=enc
 - EL2 form - Pre-Participation Physical:
 - https://fhsaa.com/documents/2026/2/25/EL2_022426.pdf
 - EL3 form - Pre-Participation Consent Form:
 - https://fhsaa.com/documents/2026/2/5/EL3_01_26.pdf
- FHSAA Pre-Participation Videos:
 - nfhslearn.com/courses
- o Make an NFHSLearn.com account with the STUDENT-ATHLETE'S NAME
- o Buy these three FREE courses on NFHSLearn.com:
 - Concussion for Students
 - Heat Illness Prevention
 - Sudden Cardiac Arrest
- o Watch the courses and then print or screenshot the completed certificates

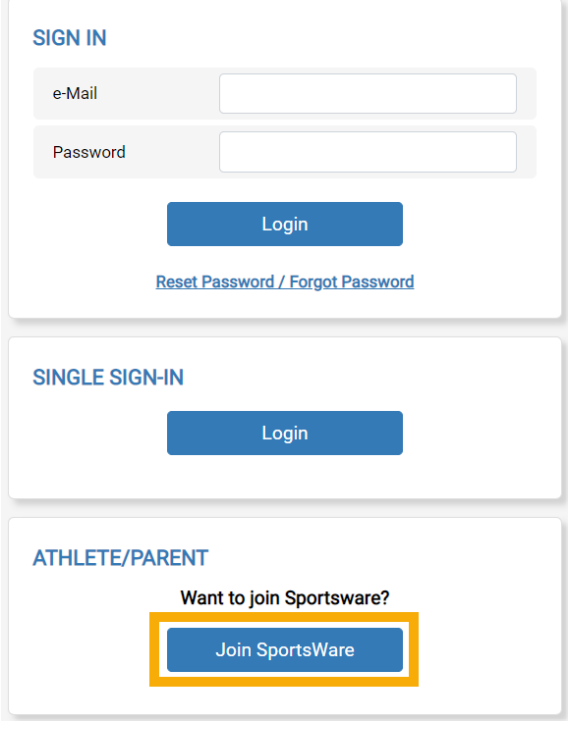
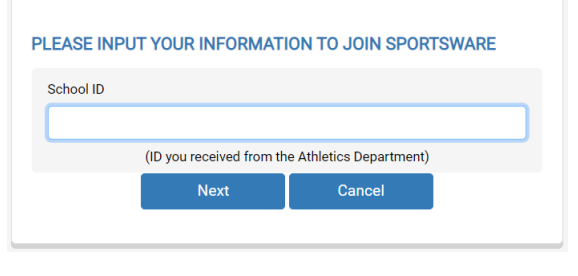
To streamline this process Jesuit High School uses an online data entry system. This information needs to be updated each academic year. We highly recommend this process be completed prior to the start of the new academic year for both incoming freshmen and returning students. (Note: medical forms required by the FHSAA are good for one calendar year, so they must be updated annually.) To enter all of your required athletic participation information, visit www.swol123.net.

The first time you visit www.swol123.net you will need to request to join SportsWare using the instructions below in Section 1: Joining SportsWareOnLine. If you already have a SportsWareOnLine account with Jesuit High School FL you can gain access to your account via www.swol123.net, described in Section 2 below or via the SportsWareOnLine app described in Section 3. Instructions below.

Once you have completed the registration process, the system will require the Jesuit Training Staff to accept you into the system (**please allow 48 hours for review/accept**). You will then be asked to log back into the system. At that time, please make sure you update ALL the pages of the required forms, including the FHSAA forms EL1, EL2, and EL3 listed above. See the Jesuit Athletics Forms below.

Any questions should be directed to Jesuit High School Athletic Trainers at smedicine@jesuittampa.org.

Section 1: Joining SportsWareOnline

Instruction	Example
Go to www.swol123.net .	
On the right side of the screen, under ATHLETE/PARENT, click the JOIN SPORTSWARE button.	
Enter School ID: Jesuit4701 *This ID is unique to your school or institution. This School ID is assigned by your Athletic Trainer, it is not your Student ID. Click the NEXT button.	

Enter the following information to request an account:

- Athlete's First Name
- Athlete's Last Name
- Athlete's Date of Birth
- Register as a parent if <<enter school's policy here>>
- Athlete's Email (or parent/guardian's email if they will be responsible for the athlete's medical records)
- Athlete's School/College

Click the **SEND** button.

PLEASE INPUT YOUR INFORMATION TO JOIN SPORTSWARE

Athlete's First Name

Athlete's Last Name

Athlete's Date of birth

☐ No ☐ Register as a Parent

Email

(If athlete is a minor you can use a parent's e-mail address)

Select your school/college

Send

Cancel

Your request to join SportsWare will then be sent to the Athletic Trainer for review.

If you are a parent requesting to join multiple children, repeat this process for each child. The same email may be used for multiple children; however, each child will need a unique password as described in the "Setting your Password" section.

*You may not see this message if you have a pop-up blocker enabled.

www.swol123.net says

Your information has been saved.

After your Athletic Trainer accepts your request to join SportsWare, you will receive an e-mail to set up your password.

If you have any questions, please contact your Athletic Trainer.

OK

Once your request is accepted you will receive an e-mail with the subject "SportsWareOnLine Password Request".

Open the e-mail and click the password reset link to continue to SportsWareOnLine or follow the directions below on how to set a password.

*If you do not see this email check your spam folder.

SportsWare OnLine Password Request



admin@swol123.net
To



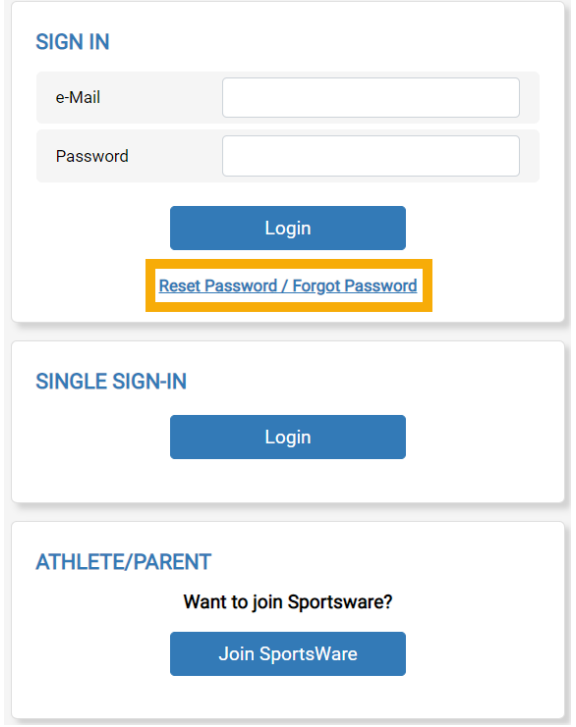
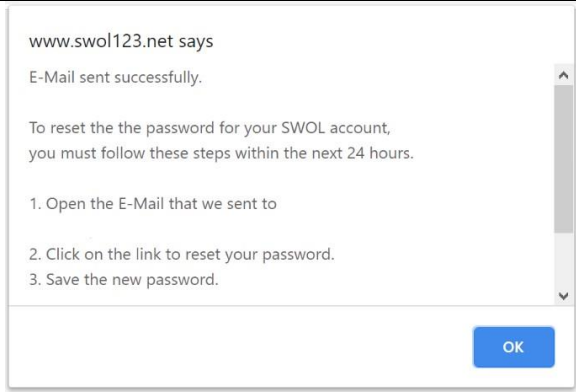
We removed extra line breaks from this message.

You received this e-mail because either:

- 1) You requested to reset your SportsWare Online password OR
- 2) You are an athlete who's request to Join SportsWare Online has been approved by the school and the next step is to set your password.

To reset your password, click the following link (or copy and paste it into a browser address bar)

Section 2.1: Setting Your Password via Web Browser

Instruction	Example
Go to www.swol123.net	
Under SIGN IN enter your e-mail address and click the RESET PASSWORD/FORGOT PASSWORD link.	
Once you click the RESET PASSWORD/FORGOT PASSWORD you should see this pop-up *You may not see this message if you have a pop-up blocker enabled. **If you see the message <i>"The e-mail address was not found in SportsWareOnLine make sure it is typed correctly and try again"</i> be sure you are using the same e-mail when you requested to join SportsWare. If you are still seeing this error, contact your school's athletic trainer to see if they have accepted your account request.	

You will receive an e-mail with the subject
"SportsWareOnLine Password Request".

Click the link under your name in this e-mail.

If you are a parent with multiple children in SportsWare under the same email address you will see multiple reset password links in this email. Be sure you are using the link associated with the child whose password you are looking to reset.

*If you do not see this email check your spam folder.

Enter your e-mail address, new password and confirm password. Make note of your school's password requirements.

Click the **SAVE** button.

If you are a parent with multiple children in SportsWare under the same email address you will need to use a unique password for each child.
All athletes must have a unique email/password combination.

SportsWare OnLine Password Request



admin@swol123.net
To



We removed extra line breaks from this message.

You received this e-mail because either:

- 1) You requested to reset your SportsWare Online password OR
- 2) You are an athlete who's request to Join SportsWare Online has been approved by the school and the next step is to set your password.

To reset your password, click the following link (or copy and paste it into a browser address bar)

RESET PASSWORD

Save

Online Access e-Mail

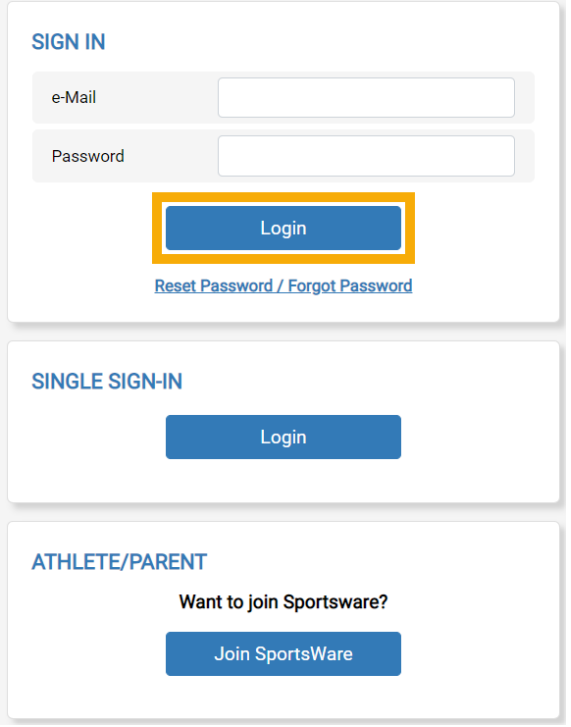
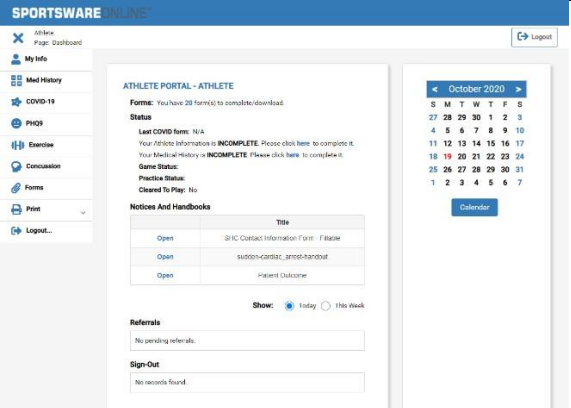
New Password

Confirm Password

Password Requirements:

Must be at least 5 characters long.

Section 2.2: Updating Your Information via Web Browser

Instruction	Example
Go to www.swol123.net .	
Under SIGN IN enter your e-mail address and password. Click the Login button.	
You are now on the dashboard of the Athlete Portal. Your page may look different depending on what information/forms your school has chosen to collect through SportsWareOnLine. If you cannot see the main menu on the left, click the navicon (☰) to expand it.	

<<update this section to fit your school's needs>>

My Info: Includes demographic, sport, address, emergency contact, insurance, medications, medical alerts, immunizations and other paperwork

Med History: A Medical History questionnaire.

COVID-19: A daily coronavirus symptom and possible exposure survey.

Forms: View/complete required paperwork.
*SportsWare will also display the number of forms you must complete.

Print: Print My Info and Medical History data.

Required fields are labeled "**Required**"

Changes will not be saved if you exit a window without clicking the **SAVE** button.

When you have completed your session be sure to **LOGOUT** () of SportsWare



Athlete:

Page: Dashboard



My Info



Med History



COVID-19



Exercise



Concussion



Forms

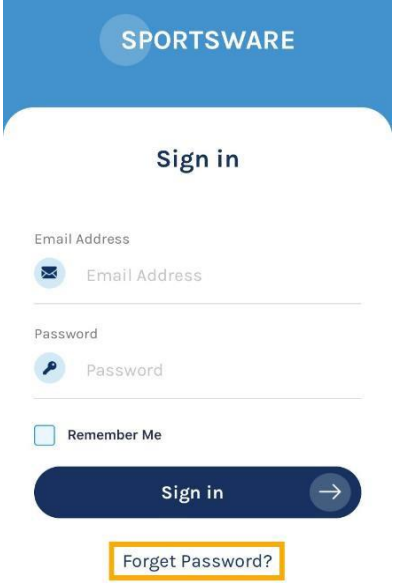
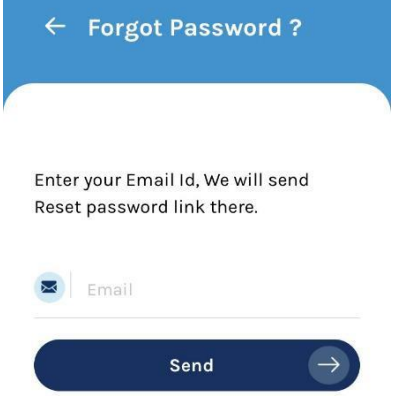


Print



Logout...

Section 3.1: Setting Your Password via SportsWare App

Instruction	Example
Go to the Google Play or Apple App Store. Search “sportswareonline”. Download the SportsWareOnLine app by Computer Sports Medicine, Inc.	
*The steps outlined in section “Joining SportsWareOnLine” must be completed through a web browser prior to using the SWOL app. If this is your first time accessing SportsWare click the FORGET PASSWORD? link.	
Enter the email you requested to join SportsWare with. Click the SEND button.	

You will receive an e-mail with the subject "SportsWareOnLine Password Request".

Click the link under your name in this e-mail. This will direct you to the web browser on your phone.

If you are a parent with multiple children in SportsWare under the same email address you will see multiple reset password links in this email. Be sure you are using the link associated with the child whose password you are looking to reset. While multiple accounts may use the same email, **each athlete must have a unique email/password combination.**

*If you do not see this email check your spam folder.

SportsWare OnLine Password Request



admin@swol123.net

1:19 PM

You received this e-mail because either:

- 1) You requested to reset your SportsWare Online password
OR
- 2) You are an athlete who's request to Join SportsWare Online has been approved by the school and the next step is to set your password.

To reset your password, click the following link (or copy and paste it into a browser address bar)

Athlete Name :

<http://url4004.swol123.net/ls/click?upn=HRXH-2BsQMd9EfUcxozF9C88V1pTdY-2BtR->

Enter your e-mail address, new password and confirm password. Make note of your school's password requirements.

Click the **SAVE** button.

Close your web browser and reopen the SportsWare app.

You may now sign into your SportsWare account through the SportsWareOnLine App.

swol123.net/cfrmResetf

SPORTSWARE^{ONLINE}

RESET PASSWORD

Save

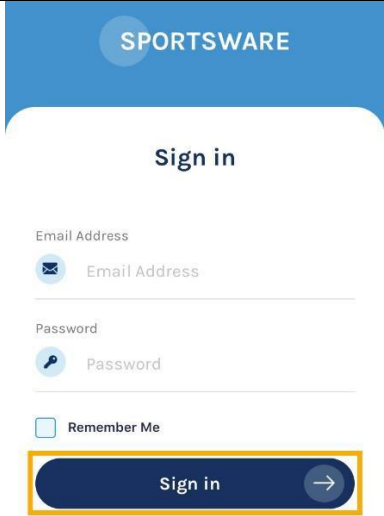
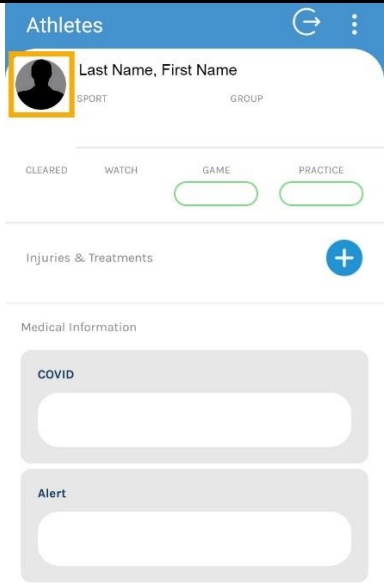
Online Access e-Mail

New Password

Confirm Password

Password Requirements:
Must be at least 5 characters long.

Section 3.2: Updating Your Information via SportsWare App

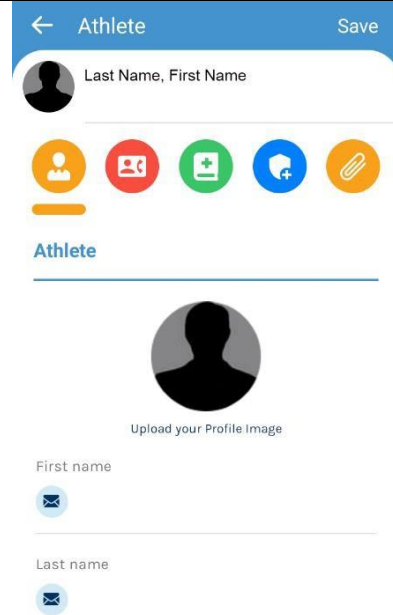
Instruction	Example
Open the SportsWare App from your mobile phone.	
Enter your e-mail address and password. Click the SIGN IN button.	
You are now logged into SportsWare. Your home page may look different depending on what information/forms your school has chosen to collect through SportsWareOnLine. Click on your picture to update your personal information.	

<<update this section to fit your school's needs>>

Click through the various icons to enter your contact, insurance, and medical information.

-  Athlete Information
-  Emergency Contact
-  Medical Information
-  Insurance Information
-  Forms

Click the **SAVE** button.



The screenshot shows the 'Athlete' profile form. At the top, there is a blue header with a back arrow, the title 'Athlete', and a 'Save' button. Below the header is a profile card with a placeholder for a profile picture and the text 'Last Name, First Name'. Underneath the card are five circular icons: a person (selected), a camera, a medical cross, a shield, and a paperclip. Below the icons is a section titled 'Athlete' with a large circular placeholder for a profile image and the text 'Upload your Profile Image'. At the bottom, there are two text input fields for 'First name' and 'Last name', each with a small envelope icon to its left.

<<update this section to fit your school's needs>>

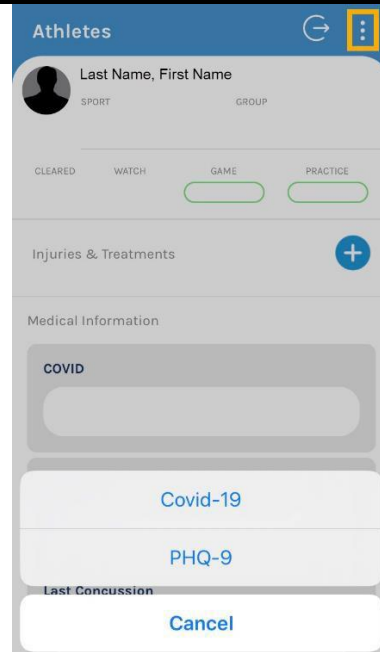
To enter a COVID-19 symptom or PHQ-9 mental health survey click the navicon () in the upper right corner.

Select the type of survey you would like to complete.

To record a new entry hit the plus icon () in the lower right corner.

Click the **SAVE** button.

When you have completed your session be sure to **LOGOUT** () of SportsWare.

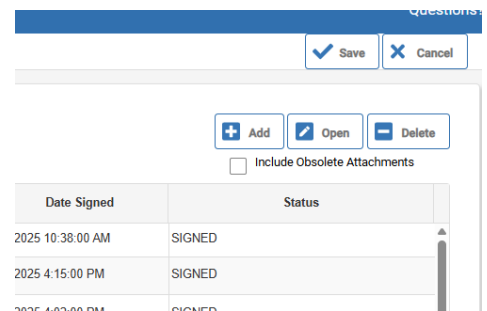
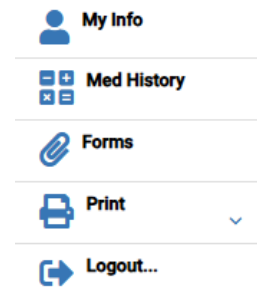


The screenshot shows the 'Athletes' menu. At the top, there is a blue header with a back arrow, the title 'Athletes', and a yellow box highlighting a three-dot menu icon. Below the header is a profile card with a placeholder for a profile picture and the text 'Last Name, First Name'. Underneath the card are two tabs: 'SPORT' and 'GROUP'. Below the tabs are two buttons: 'CLEARED' and 'WATCH'. Below these are two buttons: 'GAME' and 'PRACTICE'. Below these are two buttons: 'Injuries & Treatments' and a plus icon. Below these are two buttons: 'Medical Information' and a plus icon. Below these are two buttons: 'Covid-19' and 'PHQ-9'. Below these are two buttons: 'Last Concussion' and 'Cancel'.

Section 4: Uploading Forms

To Upload a Form to an Athlete Account

1. Log in to your athlete account.
2. Click **Forms** on the left-hand side of the screen.
3. Click **Add** at the top right corner of the “**Attachments**” screen
4. Click **Choose File**, then select the file from your desktop.
5. Name the file by typing in the “**Title**” field.
6. Click **OK** to complete your upload to SportsWare.



ADD ATTACHMENT



Upload File

File:	Choose File No file chosen
Title:	

