

SCHEDULE OF EVENTS

Glasgow Invitational

March 28, 2026

Running Events

All Running Events are Finals

Girls then Boys

9:30 a.m.

300m Hurdles

3200m Run

400m Relay

800m Run

100/110m Hurdles

-BREAK-

100m Dash

400m Run

1600m Run

200m Dash

1600m Relay

All Field Events are Finals

4 jumps – 4 throws

9:00 a.m.

Long Jump (Boys)

Pole Vault (Boys)

Javelin (Boys)

Discus (Boys)

Shot Put (Girls)

11:00 a.m.

Long Jump (Girls)

Shot Put (Boys)

Discus (Girls)

High Jump (Girls)

NOON

Triple Jump (Boys)

Pole Vault (Girls)

Javelin (Girls)

1 p.m.

High Jump (Boys)

Triple Jump (Girls)