



Saraland Middle School

April 2026

Mon	Tue	Wed	Thu	Fri
		1 Teriyaki Chicken Strips over Rice, Stir Fry Vegetables, Fresh Vegetables	2 Spaghetti, Oven Roasted Vegetables, Garlic Knots, Fresh Vegetables	3 Chicken Sandwich, Oven Potatoes, Carrots, Fresh Vegetables
6 Chicken Bites, Green Beans, Bread, Fresh Vegetables, Pudding	7 Chili Crispito, Mexican Corn, Garden Salsa Dip, Fresh Vegetables	8 Ham & Turkey Wrap, Carrots, Fresh Mixed Vegetables, Chips	9 Shrimp Etouffee over Rice, Corn on the Cob, Kickin Coleslaw, Fresh Vegetables	10 Pizza, Broccoli, Fresh Vegetables
13 Holiday	14 Holiday	15 Holiday	16 Holiday	17 Holiday
20 Pizza, Corn, Fresh Vegetables	21 Buffalo Chicken Sandwich, Baked Beans, Chips, Fresh Vegetables	22 Hot Dog w/Chili & Cheese, Oven Potatoes, Coleslaw, Fresh Vegetables	23 Chicken & Parm Potatoes, Sweet Apples & Carrots, Bread, Fresh Vegetables	24 Gumbo over Rice or Corndog, Corn, Potato Salad, Cookie, Fresh Vegetables
27 Hamburger, Baked Beans, Oven Potatoes, Fresh Vegetables	28 Beef Tips w/Gravy, Cream Potatoes, Black Eyed Peas, Cornbread Muffin, Fresh Vegetables	29 Sub Sandwich, Oven Potatoes, Carrots, Fresh Vegetables	30 Saucy Enchilada Bowl, Corn, Fresh Vegetables	1 Creole Chicken & Sausage over Twisted Pasta, Fresh Vegetables

Breakfast

- 1 Hot Cereal & Stuffed Hashbrown
- 2 Sausage Biscuit
- 3 Hot Cereal, Frittata, Cheese Toast
- 6 Waffles & Chicken
- 7 Frozen Yogurt Bar
- 8 Cheesy Bacon Grits, Pop Tart
- 9 Sausage Biscuit
- 10 Hot Cereal, Pancake on a Stick
- 20 Ham & Egg Biscuit
- 21 Apple Pie Oats
- 22 Hot Cereal, Breakfast Pizza
- 23 Sausage Biscuit
- 24 Cheesy Ham Grits, Pop Tart
- 27 Pancakes & Sausage
- 28 Fruit Crisp & Yogurt
- 29 Hot Cereal, Breakfast Quesadilla
- 30 Sausage Biscuit
- 1 Hot Cereal, Ham & Egg Biscuit

Student Meal Prices

- Breakfast Reduced - \$0.30
- Breakfast Paid - \$1.50
- Lunch Reduced - \$0.40
- Lunch Paid - \$3.00
- Ala Carte - Prices vary

Offered Daily with Meals

- Cereal & Toast with Breakfast
- Lunch & Breakfast: Unflavored 1% Low Fat, Unflavored Skim, Fat Free Flavored Milk.
- Fruit & Juice served daily.
- Alternate Lunch Meal: Chef Salad, Uncrustable, or Lunchable
- Menu subject to change due to deliveries.

Expect More. Achieve More.