



# JOHN F. KENNEDY HIGH SCHOOL

"HOME OF THE KNIGHTS" ATHLETICS DEPARTMENT  
61-127 PREAKNESS AVENUE | PATERSON, NJ 07522

## Athletic Clearance Checklist for FamilyID Registration

### Register for Fall, Winter, or Spring Sport on Family ID

- Go to [John F. Kennedy High School FamilyID Landing Page](#)
- Student must be registered for their John F. Kennedy Sport on FamilyID under "JFK (Fall, Winter, Spring) (current school year) Registration"; a **new** registration is required for each new sports season
  - **Fall:** Football, Cheerleading, Girls Tennis, Cross Country, Boys Soccer, Girls Soccer, Band, and Girls Volleyball
  - **Winter:** Girls/Boys Basketball, Winter Cheer, Bowling, Indoor Track, Wrestling
  - **Spring:** Baseball, Softball, Outdoor Track, Boys Tennis, Girls Flag Football, Boys Volleyball

### Medical Clearance

**Each new season requires you to upload either a Health History Update Questionnaire or a Sports Physical Packet, depending on what is already on file**

- All student athletes need medical clearance before tryouts and/or start of the season
- If a student had a physical exam completed **90 days before** the first official day of the current season:
  - A Physical packet must be uploaded into the FamilyID Registration **AND**
  - Health History Update Questionnaire must be uploaded into the FamilyID Registration.
- If a physical exam was completed **on/after** the first official day of the current season:
  - A **NEW** 4-page sports physical packet uploaded into FamilyID Registration:
    - Pages 1 and 2 completed and signed and dated by parent/guardian and student
    - Pages 3 and 4 completed, signed and stamped by physician
- All forms need to be reviewed by the school doctor, which can take up to 2 weeks
- If an inhaler is used, an Asthma Action Plan (ATP) for the current school year must be submitted
- If an EpiPen is required, an Allergy Action Plan for the current school year must be submitted

### Links to Forms

- [Athletics Pre-Participation Physical Examination](#)
- [Health History Updated Questionnaire](#)

Please contact your school nurse with any questions or concerns.

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### Questions or problems with FamilyID can be directed to:

JFK Athletic Trainer Nick Semeniuk, LAT, ATC

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