

Gyeonggi Suwon International School Menu

<April>

	Mon(4.6)	Tue(4.7)	Wed(4.8)	Thu(4.9)	Fri(4.10)
Korean Menu	Stir Fried Pork 1,4,5,8,12 (ES-w/ Soy Sauce) 1,4,5,8,12 Steamed Rice Bean Paste Soup 1,4,5,12 Braised Quail Egg & Konjac 1,4,5,12 Seasoned Bean Sprouts 1,4,5,12 White Kimchi / Kimchi 7,12	Stir Fried Pork w/ Galbi Sauce 1,4,5,8,12,15 Multigrain Rice / Steamed Rice Pureed Soybean Soup 1,4,5,7,12 (ES-Pureed Soybean Soup) 1,4,5,7,12 Stir Fried Anchovies 1,4,5,12 Assorted Lettuce & Ssamjang 1,4,5,12 White Kimchi / Radish Kimchi 7	Stir Fried Chicken w/ Kimchi 1,4,5,7,12 (ES-w/ Soy Sauce) 1,4,5,12 Steamed Rice Sujebi Soup w/ Perilla Seed 1,4,5,12 Grilled Tofu 4,5 & Soy Sauce 4,5 Seasoned Green 1,4,5,12 White Kimchi / Radish Kimchi 7	<Local Food Menu> Naju Beef Bone Soup 1,4,5,12,13 Steamed Rice Damyang Tteokgalbi 1,4,5,8,12,15 Damyang Steamed Sweet Pumpkin Chive Fresh Salad 1,4,5,12 (ES-Chive Fresh Salad) 1,4,5,12 White Kimchi / Kimchi 7,12	No School
Inter-national Menu	Chicken Nasi Goreng 1,4,5,12,15,17 & Fried Egg 1,4,5 Spring Roll 4,5 Sweet Chili Noodle	<Balance Vote Results Menu> Chicken Rice Noodles 1,4,5,12,13 Fried Shrimp 4,5,7 & Sweet Chil Sauce Cucumber & Tomato Salad 10	Spicy Toowoomba Pasta 1,2,4,5,10,12 (ES-Toowoomba Pasta) 1,2,4,5,10,12 Butter Roll 2,4,5 Handmade Pickle	Teriyaki Chicken Hot Dog 1,4,5,12 Fried Potato 4,5 & Ketchup 10 Butter Corn 2,4,5	
	Mon(4.13)	Tue(4.14)	Wed(4.15)	Thu(4.16)	Fri(4.17)
Korean Menu	Pork & Kimchi Soup 1,4,5,7,8,12 (ES-Bean Paste Soup) 1,4,5,12 Steamed Rice Pork Pancakes 1,2,4,5,8,12,13 & Ketchup 10 Braised Soybeans 4,5 Mung Bean Sprout & Crab meat 1,4,5,18 White Kimchi / Radish Kimchi 7	Assorted Fish cake Hot Pot 1,4,5,12 (ES-Assorted Fish cake Soup) 1,4,5,12 Multigrain Rice / Steamed Rice Seafood & Chive Pancake 1,4,5,7,12,14,15 & Soy Sauce 4,5 Dried Kelp Salad 1,4,5,12 Cucumber Salad 1,4,5,12 (ES-Cucumber Salad) 1,4,5,12 White Kimchi / Radish Kimchi 7	<Picnic Day> Handmade Mini Burger 1,2,4,5,8,10,12,15 Handmade Sweet & Spicy Chicken 1,2,4,5,10,12 Gimbap Frid Rice 1,2,4,5,8,12,18 / Steamed Rice Waldorf Salad 1,4,10 Pack Juice White Kimchi / Kimchi 7,12	Braised Chicken Wings 1,4,5,12 (ES-w/ Soy Sauce) 1,4,5,12 Steamed Rice Seaweed Soup 1,4,5,12 Stir Fried Fishcake 1,4,5,12 Bean Sprout Japchae 1,4,5,12 White Kimchi / Radish Kimchi 7	Sundae Hot Pot 1,2,4,5,8,10,12,13,15 (ES-Sundae Soup) 1,2,4,5,8,10,12,13,15 Brown Rice / Steamed Rice Egg Pancake 1,4,5 & Ketchup 10 Stir Fried Ham & Potato 1,2,4,5,8,12 Seasoned Chili Pepper Salad 1,4,5,12 White Kimchi / Fresh Napa Cabbage Kimchi 1,4,5,12
Inter-national Menu	Chicken Chop Steak 1,4,5,10,12,13 Steamed Rice Hawaiian Salad 1,4	Handmade Pork Cutlet 1,2,4,5,8 & Sauce 1,2,4,5,10,12,13,15,17 Steamed Rice Peas & Carrot 1,2,4,5,12 Coleslaw 1,4	Chicken Makhani 1,2,4,5,10,12,13,15 Turmeric Rice / Steamed Rice Pita Bread 4 Broccoli & Cauliflower 1,4,5,12	Tostadas 1,2,4,5,8,12 Assorted Fried Potato 4,5 & Ketchup 10 Mixed Vegetables 2,4,5	Jamaica Chicken 1,4,5,12 Steamed Rice Mushroom & Onion 1,4,5,12,19

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<Food Allergy Notice> 1.Egg 2.Milk 3.Peanut 4.Soybean 5.Wheat 6.Mackerel 7.Shrimp 8.Pork 9.Peach 10.Tomato 11.Walnut 12.Chicken 13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple

Gyeonggi Suwon International School Menu

<April>

	Mon(4.20)	Tue(4.21)	Wed(4.22)	Thu(4.23)	Fri(4.24)
Korean Menu	Stir Fried Chicken 1,4,5,12 (ES-w/ Soy Sauce) 1,4,5,12 Steamed Rice Bean Paste Soup 1,4,5,12 Braised Lotus Root 1,4,5,12 Seasoned Bean Sprouts 1,4,5,12 White Kimchi / Radish Kimchi 7	Tteokbokki w/ Bulgogi 1,4,5,8,12 (ES-w/ Soy Sauce) 1,4,5,8,12 Self-made Rice Ball / Steamed Rice Udon Soup 1,2,4,5,7,12 Garlic Butter Potatoes 1,2,4,5 Pickled Radish White Kimchi / Kimchi 7,12	<Trend Menu Day> Rooibos Rice Crispy Chicken w/ Corn Cheese 1,2,4,5,12 (ES-Rooibos Rice Crispy Chicken w/ Corn Cheese) 1,2,4,5,12 Steamed Rice Fishcake Soup 1,4,5,12 Jjolmyeon 1,4,5,12 (ES-Jjolmyeon) 1,4,5,12 Pickled Radish / Cabbage Salad 1,4,10 White Kimchi / Kimchi 7,12	Bean Sprouts & Rice Soup 1,4,5,12,14 Steamed Rice Flat Mandu 4,5,13 Stir Fried Mushroom 1,4,5,12,19 Garlic Stem Salad 1,4,5,12 (ES-Garlic Stem Salad) 1,4,5,12 White Kimchi / Radish Kimchi 7	Tuna & Mayo Kimchi Rice Bowl 1,2,4,5,7,12 (ES-w/ Soy Sauce) 1,2,4,5 Steamed Rice Bean Paste Soup 1,4,5,12 Handmade Seasoned Spicy Chicken 1,2,4,5,10,12 Broccoli Sesame Salad 1,4 White Kimchi / Radish Kimchi 7
International Menu	Mapa Tofu Rice Bowl 1,4,5,8,12,15 (ES-Mapa Tofu Rice Bowl) 1,4,5,8,12,15 Crab Egg Soup 1,4,5,12,18 Handmade Sweet & Sour Pork 1,4,5,8,10,12 (ES-Sweet & Sour Pork) 1,4,5,8,10,12	Honey Sriracha Spicy Chicken 1,4,5,12 (ES-Honey Sriracha Chicken) 1,4,5,12 Steamed Rice Beans & Onion 1,4,5,12	Pork Bourguignon 1,4,5,8,10,12 Steamed Rice Baguette 2,4 Brussels Sprouts 1,4,5,12,15	Yakitori Don 1,2,4,5,12 Steamed Rice Miso Soup 1,4,5,12 Japanese Cabbage Salad 1,4	Ragù Pasta 1,4,5,8,10,12 Garlic Bread 1,2,4,5 Cream of Mushroom Soup 1,2,4,5,12 Handmade Pickle
Korean Menu	Mon(4.27)	Tue(4.28)	Wed(4.29) / Clean Plate Day	Thu(4.30)	
	Pork Kimchi Jjageul Hot Pot 1,4,5,7,8,12 (ES-Dumpling Soup) 1,4,5,8,12,13 Steamed Rice Fish Cutlet 4,5 & Tartar Sauce 1,4 Steamed Egg 1,4,5,12 Seasoned Green 1,4,5,12 White Kimchi / Radish Kimchi 4,7	Stir Fried Meat & Vegetables 1,4,5,8,12 (ES-w/ Soy Sauce) 1,4,5,8,12 & Chinese Flower Bun 4 Steamed Rice Egg Soup 1,4,5,12 Candied Sweet Potatoes 4,5 Seafood & Vegetables w/ Mustard Sauce 1,4,5,7,12,14 White Kimchi / Kimchi 7,12	Fried Chicken 1,2,4,5,12 & Korean Fried Chicken Sauce 1,4,5,10,12 Stir Fried Kimchi Rice 1,4,5,7,12 / Steamed Rice & Seaweed Flake Radish & Kelp Soup 1,4,5,12 Corn Salad 1,4 White Kimchi / Radish Kimchi 7	Pork Bulgogi Bibimbap 1,4,5,8,12 (ES-w/ Soy Sauce) 1,4,5,8,12 Steamed Rice Bean Paste Soup 1,4,5,12 Stir Fried Fishcake 1,4,5,12 Seasoned Green White Kimchi / Kimchi 7,12	
International Menu	Salad Pork Steak 1,2,4,5,8,10,12,13,15,17 Steamed Rice Cream of Onion Soup 1,2,4,5,12 Fusilli Salad 4,10	Omurice 1,4,5,8,12 & Sauce 1,2,4,5,8,10,12,13,15,17 & Grilled Sausage 2,4,5,8,13 Udon Soup 1,2,4,5,7,12 Lotus Root Chips Salad 4,5,10	Chashu Spicy Ramen 1,4,5,8,12 (ES-Chashu Ramen) 1,4,5,8,12 Furikake Rice Pickled Radish	Curry Oven Chicken 1,2,4,5,10,12,13,15 (ES-Curry Oven Chicken) 1,2,4,5,10,12,13,15 Steamed Rice Sprouts & Bacon 1,4,5,8,10,12,13	

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Gyeonggi Suwon International School Menu

<Salad Bar>

	Mon	Tue	Wed	Thu	Fri
S a l a d	Lettuce & Romain lettuce & Red cabbage Broccoli Paprika Onion Vegetable Stick Black Olive Baked Beans 4 Oat Dried Cranberry Fruit Dressing 2,4,5	Lettuce & Kale & Red Beet Paprika Onion Vegetable Stick Sweet Corn Blue berry Tofu 4,5 Barley Dried Banana Chips Fruit Dressing 1,4,5	Lettuce & Spinach & Radicchio Broccoli Paprika Onion Vegetable Stick Couscous Chick peas 4 Oat Raisin Fruit Dressing 4,5	Lettuce & Blue Lettuce & Red cabbage Paprika Onion Vegetable Stick Green Olive Sweet Corn Rosted Mushrooms 4,5,19 Barley Dried Cranberry Fruit Dressing 1,4,5	Lettuce & Romain lettuce & Carrot Paprika Onion Vegetable Stick Kidney Beans 4 Egg 1 Oat Dried Banana Chips Fruit Dressing 2,4,5
S a n d w i c h	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice 20 Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Wheat Baguette 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Corn Bread 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5

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1.Egg 2.Milk 3.Peanut 4.Soybean 5.Wheat 6.Mackerel 7.Shrimp 8.Pork 9.Peach 10.Tomato 11.Walnut 12.Chicken
 13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple

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