

ATHLETIC DEPARTMENT



BRAD WATSON

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Introduction

Vision:

The Perkins Athletic Department is committed to providing an opportunity for all students-athletes to fully develop their academic and athletic potential. The athletic department will strive to instill in each student-athlete:

- **Winning Attitude**
- **Relentless Effort**
- **TEAM over Me**



Coaches

Baseball

- TJ Blanton

Softball

- Scott Dickman

Track & Field

- Shane Burrows

Boys Tennis

- Greg Avery

ADMINISTRATION

- **SUPERINTENDENT**

- Dr. Lonny Rivera
-

- **HIGH SCHOOL PRINCIPAL**

- Jeff Harbal
-

- **HIGH SCHOOL ASSISTANT PRINCIPAL**

- Drew Davie
-

- **MIDDLE SCHOOL PRINCIPAL**

- Jeff Thom
-

- **MIDDLE SCHOOL ASSISTANT PRINCIPAL/AD**

- Eric Weisenberger
-

SUPPORT STAFF



ATHLETIC SECRETARY
Dawn Sullivan



HEAD ATHLETIC TRAINER
Jordan Bowers



**DIRECTOR OF STRENGTH
& CONDITIONING**
Travis Webb



**YOUTH ATHLETIC &
ACTIVITIES LIAISON**
Jalen Santoro

BOOSTER CLUB

- PRESIDENT
 - Matt Schweinfurth
- VICE PRESIDENT
 - John Losey
 - Tim Didion
 - Chris Henry
- TREASURER
 - Jamy Lowe
- SECRETARY
 - Wendy Schirg

Perkinsboosterclub.org

CONCESSION STAND COVERAGE





WHY INTERSCHOLASTIC ATHLETICS & OHSAA BELIEFS

- Participation in interscholastic athletics programs is educational in nature and:
 - Complements your school experience.
 - Fosters a sense of community and teaches lifelong lessons of hard work, teamwork, citizenship and discipline.
 - Promotes a lifetime appreciation for sports and healthy lifestyles.
 - Helps prepare you for the next level of your life as a responsible adult and productive citizen.



WHY INTERSCHOLASTIC ATHLETICS & OHSAA BELIEFS

- Participation in interscholastic athletics programs:
 - ...is a privilege, not a right.
 - ...is not designed to prepare you for the next level of sports. Rather, it allows students to engage in a well-rounded experience that includes participation in a multitude of extracurricular activities.
 - ...implements educational components of participation in interscholastic athletics programs.
 - ...promotes student academic achievement and success over athletics achievement and success.

PARENT EXPECTATIONS



**FOLLOW THE
CHAIN OF
COMMAND**

**SUPPORT ALL
PLAYERS ON
THE TEAM**



**SPEAK
POSITIVELY
ABOUT
COACHES**



**ENCOURAGE
WORKING
THROUGH
STRUGGLES**



**BE A POSITIVE
INFLUENCE
AT GAMES**



ATHLETE EXPECTATIONS

**WINNING
ATTITUDE,
RELENTLESS
EFFORT, &
TEAM OVER ME**
CORE PHILOSOPHY

**PLAYING TIME
IS EARNED**



COACHABLE
SEE CHALLENGES AS GROWTH



COACHES EXPECTATIONS



CODE OF CONDUCT

24-7-365

Any student who **willfully performs** an **act**, which materially interferes with or is **detrimental** to the orderly operation of a school's **educational** (📖) and **co-curricular** program, will be subject to **athletic discipline** (🏸), suspension, or **expulsion** (🔒).

CODE OF CONDUCT (CONTINUED)

VIOLATIONS



FIRST OFFENSE

40% of season. Option to take courses to reduce to 20% of season.



SECOND OFFENSE

One full season suspension.



THIRD OFFENSE

One calendar year suspension.



FOURTH OFFENSE

Permanent suspension.

ATTENDANCE REQUIREMENT

Student-athletes are required to be in attendance **no later than 10:00 AM** to participate in an athletic contest, practice or any other athletic turnout scheduled for that day.



ACADEMIC ELIGIBILITY



Minimum of five units of credit per year toward graduation during each nine-week grading period.



Each athlete must earn a minimum 1.50 GPA on a four-point scale during the previous grading period.



Post-Secondary - Be sure to talk with Athletic Office to make sure enrolled in enough credits.

 If drop class, talk with Athletic Office **IMMEDIATELY**

TRAVEL



All athletes must travel to and from athletic contests when transportation is provided by the school district.



If there are extenuating circumstances and school provided transportation cannot be used, a completed **transportation form** is required to be on file no less than **24 hours in advance**.

Form can be found on in the Athletic Office.

ACTIVITY FEE



Each high school athlete will be responsible to pay an athletic activity fee of **\$100.00 PER YEAR**.
The \$100.00 is due by **April 1, 2026**.



Checks payable: **Perkins Local Schools**.
Send to the **Athletic Office** OR
Pay online at **Pay Schools**.

NON-SCHOOL TEAMS & OUT-OF-SEASON REGULATIONS



You may not participate in a **non-school team** in the same sport during your **school team's season**.

(Example: **AAU basketball** during school's basketball season)

CONFLICTS



The Athletic Department recognizes and encourages each student to participate in a broad range of extracurricular activities.

However, participating in too many can lead to unavoidable conflicts. Students have a responsibility to do everything they can to avoid these conflicts.

Perkins High School athletic team functions take precedence over the activities of outside athletic clubs or organizations.

DUAL SPORT



PROCESS & DEADLINE

Due March 18, 2026. Form needs to be signed by **BOTH** head Coaches and AD meeting scheduled.

ATHLETE RESPONSIBILITY

Athletes job to have great communication with both coaches on schedule.

Picture Day



Tuesday March 17th



First Choice - ask coaches for times



**No Packets, Email from
First Choice**

PASSES

Perkins Box Office



All-Sport Pass



Varsity "P"



Student Pass



Reserved Football Tickets

If purchase and want an Adult Sports Pass,
may receive \$35 discount



Final Forms

- <https://perkins-oh.finalforms.com>
- BOTH Parent/Guardian & Student-Athlete need to complete ALL forms
- Forms Completed by November 24th.
 - Failure to complete forms will result in ineligibility.
- Physical Forms, print using Final Forms



FINAL FORMS

Shut Down Week 2026

- **Monday June 29 - Sunday July 5, 2026**

NIL (Name, Image, Likeness)

- **Current NIL rules as of today (2/18/26)**



NEW: NAME, IMAGE, & LIKENESS

- What is NIL?
 - The use of self publicity due to public recognition (athletic fame) and/or the notoriety a student may attain to receive a benefit through appearances, licensing, social media, endorsements and/or the use of branding.
- What isn't NIL?
 - Pay for play!
 - OHSAA Bylaw 4-10 still prohibits students from receiving compensation based on their participation or finish in athletic contests.



NEW: NAME, IMAGE, & LIKENESS

- What criteria must an NIL agreement abide by? (Bylaw 4-11-2)
 - a. Student does not utilize OHSAA or school logos, names, mascots, trademarks, or other proprietary marks during promotions.
 - b. Agreements may not be provided by schools or agents of schools (i.e. Boosters, Collectives, Foundations, Coaches, etc.).
 - c. Student does not engage in NIL activity during school hours or during team activities, including travel to and from events.
 - d. Agreement may not be based on athletic performance.
 - e. Student may not be induced to attend a specific school based on an NIL deal.



NEW: NAME, IMAGE, & LIKENESS

- What criteria must an NIL agreement abide by? (Bylaw 4-11-2)
 - f. Student may not display the company's logo or product during team activities.
 - g. Student may not provide benefits to the school or team with which he/she is participating.
 - h. Agreement does not involve gambling, alcoholic beverages, tobacco, cannabis, banned or illegal substances, adult entertainment products or services, firearms or other weapons.
 - i. Student is responsible for determining effect on college eligibility.



NEW: NAME, IMAGE, & LIKENESS

- A student engaged in an NIL deal must disclose the terms of the agreement to the OHSAA within 14 days of the execution of the contract.
 - Failure to do so will result in a period of ineligibility up to 20% of the current sports season.
 - Visit <https://www.ohsaa.org/Eligibility/NIL-Resource-Center> for more information on how to report the deal to the OHSAA.
- Students and families are encouraged to seek professional advice, understand contracts thoroughly and prioritize academic and athletic commitments. These activities should be regarded as a business, and students should stay compliant with school and state regulations and focus on building a strong support system to avoid mismanagement of funds and protect future opportunities.



NEW: NAME, IMAGE, & LIKENESS

- Final Notes:

- Students are prohibited from entering into agreements with athlete agents, as defined within ORC 4771.01. (Bylaw 4-10-2f)
- Students whose transfer can be reasonably linked to an NIL deal may be subject to more severe penalties than the general transfer consequence.
- It is not the responsibility of school coaches or administrators to secure agreements for student athletes.
- If you have any questions, feel free to email personalbranding@ohsaa.org

Perkins Strength & Conditioning

- Program Philosophy: *The Sports Performance program is committed to developing the COMPLETE athlete by providing data-driven, evidence-based scientific programming that emphasizes movement proficiency, injury resilience, and athletic performance.*

twebb@perkinsschools.org



SportsYou - Access Code: 5WUT DRQK



PerkinsStrength



Perkins_Strength



sportsYou



You've been invited to join

Perkins Strength

Use your **unique access code** below and follow the instructions.

Access Code

5WUT-DRQK

New Users

1. From your computer, phone, or tablet, visit **sportsyou.com**
2. Click **Get Started** and enter your email
3. Go to your email and click **Confirm Your Email**
4. Click **Enter Access Code** to enter code, then finish setting up your account

Existing Users

1. From your computer, phone, or tablet, go to **sportsyou.com** and log in
2. In left column, click **Join Team/Group**.
3. Click **Enter Access Code** to enter code, then **Join Team** or **Join Group**

New Users

1. On mobile device download **sportsYou app** from the **App Store** (iOS) or **Google Play Store** (Android)
2. Open the sportsYou app and tap **Create Account**
3. Tap **Enter Access Code** to enter code, then finish set up

Existing Users

1. On mobile device log in
2. In bottom tray, tap **Teams/Groups**
3. Tap **blue +** button, then tap **Join Team/Group**
4. Enter access code and click **Join**

Perkins Strength & Conditioning

- Long Term Athletic Development: 7th - 12th
 - Individualization within a team setting according to:
 - Training age
 - Movement proficiency
- Program Structure:
 - 2 x per week, In-Season (*required*): scheduled around competition / practice
 - Schedule Posted to SportsYou + Social Media Accounts
 - Athlete Based Training - emphasis on movement and outputs (strength, speed, and hypertrophy) rotated throughout week to allow for optimal performance and recovery.



Perkins Strength & Conditioning

- **Return to Performance:**
 - The Strength and Conditioning Department is responsible for developing and implementing policies and procedures to ensure the safe return of athletes to play after minor or significant injury. Working in collaboration with the Athletic Training Staff, Physical Therapists, Team Doctors, and Coaches, the Director of Strength and Conditioning creates a comprehensive plan for each athlete's recovery. The staff will monitor athlete's progress and modify/adjust as needed depending on athletes' response to stimulus.

Modify - Not Sit Out! We can adjust all programming to give athletes what they need!



Perkins Strength & Conditioning

- **How Parents Can Support:**
 - **Control the other 22 Hours:**
 - **Overtraining:**
 - If you choose to utilize additional or outside training services from what is offered at Perkins, it must be communicated with Coach Webb to minimize risk of injury and overtraining
 - **Nutrition**
 - Ensure athletes are fueling their bodies to promote performance, recovery, and demands of their sport
 - **Recovery**
 - Best supplement for an athlete is good SLEEP, and REST!



Head Coach Meetings

Baseball

- PLC

Softball

- Room 404

Track & Field

- Cafeteria

Boys Tennis

- Room 801