

MAINE CENTRAL INSTITUTE



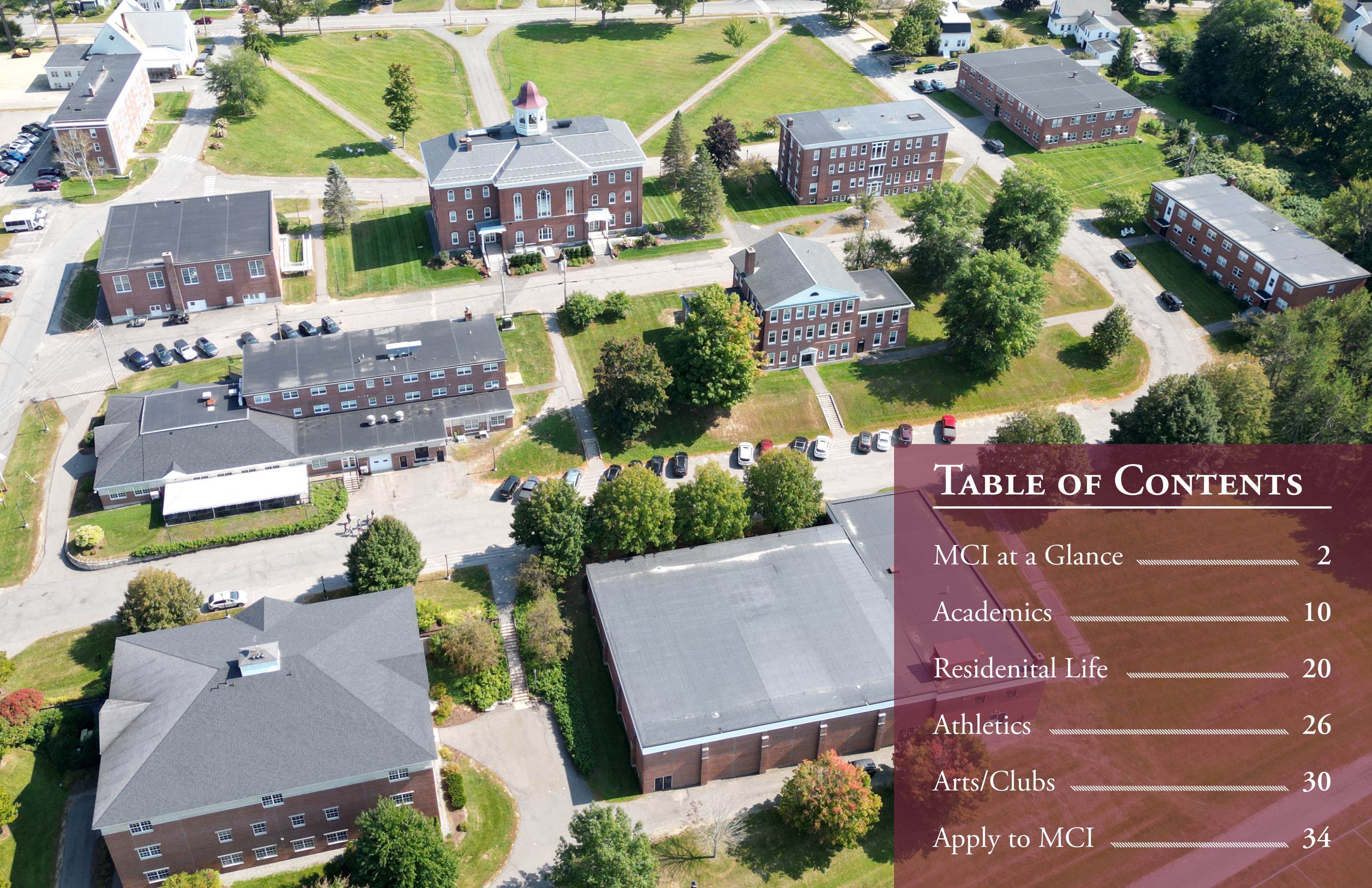


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MCI *at a glance*

FOUNDED IN
1866

11:1
STUDENT TO
FACULTY RATIO

15 
BUILDINGS
ACROSS CAMPUS
3 Student Dorms

12+
ADVANCED
PLACEMENT
(AP) COURSES

STUDENTS FROM
20 
COUNTRIES
5 Different Continents


MAINE HAS BEEN
RATED THE
**#1 SAFEST
STATE**
IN THE UNITED STATES
by U.S News & World Report


350
STUDENTS
80 Boarding Students


25+
ARTS COURSES

20+...
CLUBS &
ACTIVITIES

ATHLETIC
PROGRAMS


SPORTS STATE
CHAMPIONSHIPS
IN THE PAST
DECADE

Our Mission:

MCI WILL INSPIRE STUDENTS TO LEAD
ETHICAL, PURPOSEFUL, AND HAPPY
LIVES AS LOCAL AND WORLD CITIZENS.



FOUNDED IN 1866, Maine Central Institute engages a multicultural student body with diverse abilities and interests in a rigorous and comprehensive college and career preparatory experience. MCI proudly welcomes day and boarding students who come to Maine for the independent school experience for grades 9-12.

MAINE CENTRAL INSTITUTE PROVIDES a nurturing and challenging community that encourages students to explore their current interests and future potential. MCI helps students determine their needs and prepares them for whatever road they decide to take.



WHERE YOU BELONG

MAINE CENTRAL INSTITUTE offers the intimacy of a small Maine boarding school, while also nurturing a large global community of lifelong learners. Boarding and day students connect with one another, enriching our diverse school community and strengthening our shared sense of belonging. Students will learn about different perspectives and cultures while continuing to develop their worldviews.

THE MCI COMMUNITY consists of a multicultural student body from several dozen nations, U.S. states, and New England towns. **In recent years, MCI has become a second home for students from:**

- | | | | |
|------------------|-------------------|--------------------|-----------------------|
| <i>Argentina</i> | <i>France</i> | <i>Myanmar</i> | <i>Spain</i> |
| <i>Brazil</i> | <i>Germany</i> | <i>Netherlands</i> | <i>Switzerland</i> |
| <i>Belgium</i> | <i>Georgia</i> | <i>Norway</i> | <i>Tanzania</i> |
| <i>Bermuda</i> | <i>Guatemala</i> | <i>Poland</i> | <i>Taiwan</i> |
| <i>Canada</i> | <i>Hong Kong</i> | <i>Portugal</i> | <i>Thailand</i> |
| <i>China</i> | <i>Hungary</i> | <i>Rwanda</i> | <i>Türkiye</i> |
| <i>Colombia</i> | <i>Italy</i> | <i>Russia</i> | <i>United Kingdom</i> |
| <i>Croatia</i> | <i>Japan</i> | <i>Serbia</i> | <i>United States</i> |
| <i>Czechia</i> | <i>Macau</i> | <i>Singapore</i> | <i>Ukraine</i> |
| <i>Denmark</i> | <i>Mexico</i> | <i>Slovakia</i> | <i>Vietnam</i> |
| <i>Egypt</i> | <i>Montenegro</i> | <i>South Korea</i> | |

WHERE WE ARE

MAINE CENTRAL INSTITUTE IS LOCATED:



35 MINUTES
to Bangor
(Bangor International Airport)

40 MINUTES
to Augusta

1.5 HOURS
to Portland
(Portland International Airport)

1.5 HOURS
to Bar Harbor and
Acadia National Park

3 HOURS
to Boston, Massachusetts
(Logan International Airport)

1 HOUR FLIGHT
to New York City



OUR 13 BUILDINGS ACROSS CAMPUS provide vast resources for students in a unique college-style setting. **Our classrooms feature state-of-the-art technology and equipment** dedicated to providing exceptional learning opportunities. Our Visual and Performing Arts Center stimulates our accomplished music and visual art programs, while our **newly renovated ballet studio** continues the tradition of excellence in Bossov Ballet Theatre at MCI.

OUR TWO GYMNASIUMS AND WEIGHT ROOMS provide opportunities for strength and fitness training, as well as hardwood courts for recreational and competitive sports. Our dormitories, student union, and game room provide our boarding students with a social and inviting environment they can call home. **Located in the heart of Maine, our grounds are filled with the prominent colors and nature of New England.**

INSPIRED TO LEARN

MAINE CENTRAL INSTITUTE IS RECOGNIZED FOR ITS ACADEMIC EXCELLENCE and offers courses and curriculum to prepare students for a changing world. Academics always comes first for our students and faculty. Our academic programs and schedule allow students to access the best courses and offerings for their own unique journey.

WHETHER IT'S A RIGOROUS SELECTION OF HONORS AND AP COURSES or classes with additional guidance and support, our academic team will help students determine the best fit to achieve their goals. Our course load provides one major goal for our students: to create effective communicators, critical thinkers, and compassionate learners.





A SCHOOL OF SCHOOLS

THE MCI CURRICULUM is designed for each individual student to find their own path to success. Our academic programs and schedule allow students to access the best courses and offerings for their own unique journey.

HOUSED WITHIN AN MCI EDUCATION, there are six different graduation-tracks that our students will choose from based on their own individual interests and career goals. These Schools are broad and far-reaching with the goal of fulfilling all of our students passions and needs. We challenge our students to “**Experience MAINE**” through five different Schools of study:

Math & Science

Arts & Humanities

Industry & Trades

Nature

Engineering



EXPERIENTIAL LEARNING OPPORTUNITIES

GIVING MCI STUDENTS A SPECIALIZED EXPERIENCE through our six Schools and Pathways requires dedicated, targeted courses and hands-on learning that will fulfill student desire. **Experiential Learning Opportunities (ELO's)** are just that: supplemental offerings to a student's normal course load that will provide them with skills they can take into the workforce or on their own personal journeys. These offerings hinge on partnerships with outside businesses and organizations, which are critical to the growth of the School of Schools model.

With guidance from faculty advisors and collaboration with local businesses and organizations, students gain valuable professional skills such as communication, time management, and problem-solving. By integrating experiential learning into the academic experience, Maine Central Institute prepares students to transition confidently into college, the workforce, or other post-secondary pathways.

Some of our already established Experiential Learning Opportunities include:

- *Experiencing industry and the trades through The Cianbro Institute*
- *Learning about nature and the environment through The University of Maine 4-H Program*
- *Gaining medical experience at Eastern Maine Medical Center*
- *Becoming an engaged citizen through Youth in Government*
- *Exploring Maine's wilderness at Burnt Island Expeditions*
- *And more!*

OUR DEDICATED FACULTY

MAINE CENTRAL INSTITUTE'S EXPERIENCED AND CARING FACULTY support and encourage each student to achieve their full potential. Many of our faculty have chosen to not only teach in the classroom, but to call MCI their home. Our dorm parents provide students with the necessary stability and nurturing environment in both the dorms and in the classroom.

OUR STUDENTS AND FACULTY ARE PART OF THE SAME MCI COMMUNITY. That shared connection allows our faculty to advise students in deeper and more meaningful ways. Students know they can always go to our faculty with any questions they have; whether they need help on the latest assignment, advice on a college application, or simply just to talk.





FINDING YOUR COLLEGE FIT

OUR COLLEGE AND CAREER PLANNING OFFICE is every student's resource for planning his/her future academic career. Our college counselors assist students during their college search and college application processes, and can help them explore and work toward their future career goals and life-long plans.

A RICH SET OF COLLEGE PREP EVENTS help our students prepare for college in new and exciting ways. The annual MCI College and Career Fair welcomes over 65 colleges onto our campus, along with other events and partnerships during the school year.



COLLEGE MATRICULATIONS

BATES COLLEGE

BENTLEY UNIVERSITY

BERKLEE COLLEGE OF MUSIC

BOSTON UNIVERSITY

BOWDOIN COLLEGE

BREVARD COLLEGE

COLBY COLLEGE

CORNELL UNIVERSITY

DARTMOUTH COLLEGE

DREXEL UNIVERSITY

DUKE UNIVERSITY

EMBRY-RIDDLE

AERONAUTICAL UNIVERSITY

EMERSON COLLEGE

FLORIDA INTERNATIONAL
UNIVERSITY

ILLINOIS INSTITUTE OF
TECHNOLOGY

INDIANA UNIVERSITY -
BLOOMINGTON

ITHACA COLLEGE

MICHIGAN STATE UNIVERSITY

NYU - NEW YORK UNIVERSITY

PARSONS SCHOOL OF DESIGN

PURDUE UNIVERSITY

RUTGERS UNIVERSITY

SIMMONS UNIVERSITY

SUFFOLK UNIVERSITY

UNIVERSITY OF CONNECTICUT

UNIVERSITY OF CALIFORNIA
- DAVIS

UNIVERSITY OF ILLINOIS
URBANA - CHAMPAIGN

UNIVERSITY OF VERMONT

UNIVERSITY OF VIRGINIA

UNIVERSITY OF SOUTHERN
CALIFORNIA

UNIVERSITY OF WASHINGTON

WILLIAMS COLLEGE

THE HAGUE UNIVERSITY OF
APPLIED SCIENCES
(NETHERLANDS)

INTERNATIONAL CHRISTIAN
UNIVERSITY (JAPAN)

DALHOUSIE UNIVERSITY (CAN)

UNIVERSITY OF TORONTO (CAN)





BOARDING LIFE AT MCI

THE MCI BOARDING PROGRAM PROVIDES STUDENTS WITH A FAMILIAL ATMOSPHERE where they can learn essential life skills. Lifelong friendships from all over the world are formed at MCI. Dorm parents have a strong positive influence on our entire boarding population, giving each individual student a role model they can turn to for any of their needs. Dorm parents consistently meet with and build dependable relationships with boarding students.

OUR NEWLY RENOVATED DORMITORIES PROVIDE SAFE AND NURTURING SPACES for students to create their own social circles and communities. Students have access to lounges with large-screen TV's, onsite laundry, kitchens, and a student center with ping pong tables and a pool table.





EAT SAFE. LIVE SAFE.

The health and safety of our customers, clients and associates is our highest priority. We pride ourselves on providing a safe, healthful and clean environment for both team members and guests. Culinar guarantees a high standard of service and a sustainable safety culture through the following initiatives and programs:

- Daily on-site safety training
- Monthly safety development training workshops
- ServSafe certification in partnership with the National Restaurant Association
- A national partnership with "Shrimp for Causes"
- Safety equipment provided to our entire team
- Ongoing team member learning & development programs

Excellence in internal & external safety inspection

- Safety audits under the direction of Culinar's corporate Director of Food Safety
- Regional Safety Champions who help implement and qualify all safety initiatives

We never compromise on the safety, health or well-being of our guests and team members, and will continue to develop solutions that provide a healthy and safe environment.



EAT WELL. LIVE WELL.

At Culinar Group, we encourage you to maintain a healthy lifestyle, use that encourages balanced food choices, regular exercise, and an overall attention to living well. Our signature "Eat Well!" program is comprised of recipes that incorporate whole, naturally flavorful and nutrient-dense ingredients prepared with healthy cooking methods. We use spices and herbs so that you get more of what you need - necessary nutrients, fabulous flavor, pleasing presentation - and less of what you don't - salt, sugar and saturated fat.

Our "Eat Well!" team-created creations contain:

- Beneficial sources of fat including nuts, seeds and other plant sources
- Less than 10% of calories from saturated fat and 0 artificial trans fat
- Less than 800mg of sodium per serving
- Less than 1g of added sugar, the equivalent of approximately 2 teaspoons
- At least 2g of dietary fiber per serving, with the exception of protein-based entrees and soups

We will continue to develop and test programs, recipes and educational materials that promote a positive lifestyle and enable you to live and eat well.

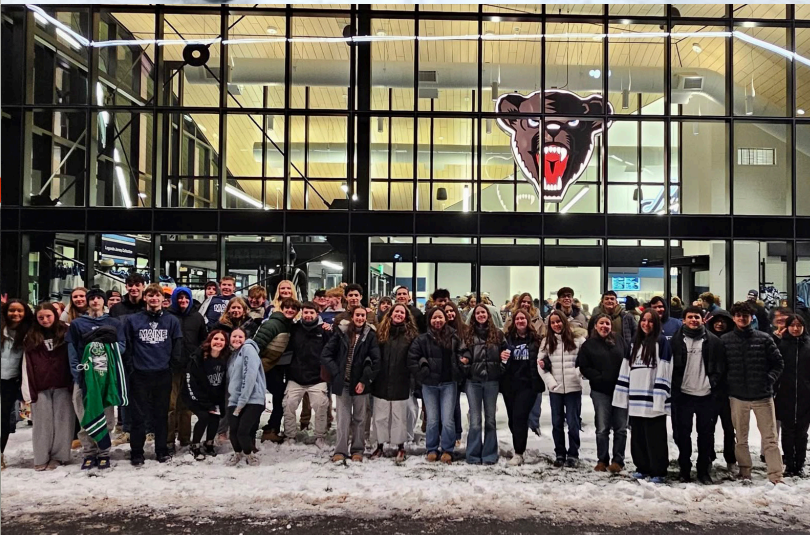


EAT GREEN.

Culinar Group provides thoughtful solutions of Maine generations. As part of the Culinar Group, we are committed to the well-being of our customers, clients and associates. We are committed to the well-being of our customers, clients and associates. We are committed to the well-being of our customers, clients and associates.

- Purchase ingredients from local family farms
- Source proteins from suppliers that practice Certified Humane Cage-Free or (or free from) antibiotics and antibiotics
- Since to source "Best Choice" and "Humane" products from suppliers that practice Certified Humane Cage-Free or (or free from) antibiotics and antibiotics
- Recycle as much as possible
- Recycle as much as possible
- Recycle as much as possible

We will continue to develop green dishes that support our environment.



An Acclaimed and Delicious Dining Experience

OUR PARTNERSHIP WITH DINING SERVICE PROVIDER CULINART has provided a new and exciting dining experience here at Maine Central Institute. Culinar has come to our campus with a reputation of high quality food service, including a diverse menu of meals, offerings, and special dining experiences like our Guest Chef series, Wellness Wednesdays, Noodle Bowls, and much more.

OUR RESIDENTIAL COMMUNITY GATHERS regularly during the school year for family-style meals at our sit-down dinners. Some dinners are themed and relaxed, while others are formal; all of them are designed to enjoy the company of fellow community members and celebrate students.

A Full Lineup of Weekend Activities

EVERY WEEKEND, boarding students are offered a number of fun activities and trips. Students may choose to participate, or they may simply relax and study on campus. Common activities include:

OUTDOOR ADVENTURES: hiking Maine's trails and mountains or skiing and ice skating in the winter

CULTURAL EXCURSIONS: visits to museums or art galleries in the area

SPORTING EVENTS: attending or participating in local games, tournaments, or matches in sports like hockey and basketball

MOVIE NIGHTS: trips to the theater or watching films in the dorm with friends

SHOPPING: trips to Freeport, Portland, and other coastal towns for fun

RESTAURANTS: take a tour and visit some of the best places to eat in Maine

TRADITIONS AT MAINE CENTRAL INSTITUTE

Winter Carnival

The first week of March our students gather for a series of class competitions based in the wintry snow that Maine is known for. From common sports like Basketball and Volleyball, to unique competitions like Sledding Relays and Snow Sculptures, each MCI student gets to take part in our Winter Carnival and make what are some of their best memories on campus.

Manson Essays

The Manson Essay contest is one of the most celebrated MCI traditions, dating back over 150 years to the inception of our school. Every junior student picks a topic of their choice to produce a comprehensive research paper and speech where they must defend their argument and thesis. A select few will be picked to deliver their speeches to the public in this timeless MCI public speaking tradition!

International Food Festival

Since 2007, MCI features our popular International Food Festival to celebrate the rich cultural diversity of our students and faculty. Students and advisors plan and prepare food offerings, showcase music entertainment from their home countries, develop promotional materials, and host the open-house event that has become a fun, family event in April for hundreds of area foodies and school supporters.





DISCOVER THE MAINE EXPERIENCE

THROUGH A VARIETY OF WEEKEND TRIPS AND ACTIVITIES, our students are able to explore the natural beauty of our region. MCI provides numerous extracurricular opportunities for students to have fun, including outdoor fun to the Atlantic coast and Maine's premier ski mountains.



TEAMS

FALL

Girls Soccer
Boys Soccer
Football
Field Hockey
Golf
Cross Country
eSports
Cheering

WINTER

Girls Basketball
Boys Basketball
Wrestling
Indoor Track
Cheering
Alpine Skiing
Swimming

SPRING

Baseball
Softball
Girls Tennis
Boys Tennis
Track and Field
Girls Lacrosse
Boys Lacrosse
eSports

JOIN THE PACK



WINNING TRADITION

IN THE PAST DECADE, MCI ATHLETIC TEAMS HAVE ACHIEVED:

- Undefeated Seasons • 40 Conference Titles • 20 Regional Titles
- 19 State Championships • 6 Sportsmanship Banners





CELEBRATING THE ARTS

MCI's **VISUAL AND PERFORMING ARTS** education is taught by highly qualified teachers who partner with community professionals to bring robust instruction and hands-on experience to students. With a history of awards and achievement across all groups and programs, MCI is known locally and nationally as a premier destination for artistic expression and studies.

A HIGHLIGHT OF OUR PROGRAMS IS BOSSOV BALLET THEATRE, a pre-professional performing company that is world-renowned for its quality and excellence. All BBT students train after school with professional dancers. The experience of performing on stage as part of a large cast is an invaluable opportunity for aspiring dancers.



CLUBS AND ACTIVITIES

BOXING

BOOK CLUB

CHESS

CHRISTIAN FELLOWSHIP

DANCE FITNESS

DRAMA

FENCING

FRENCH

GARDEN CLUB

ENGLISH CORNER

HUSKY ARTS

JAZZ ENSEMBLE

KEY CLUB

MATH TEAM

YOUTH IN GOVERNMENT

MODEL UN

NATIONAL HONOR SOCIETY

OUTDOOR ADVENTURE CLUB

SPANISH

CROCHETING & KNITTING

STUDENT COUNCIL

TABLE TOP GAMING

VOLLEYBALL

SPEECH AND DEBATE

STUDENT AMBASSADORS

APPLY TO MCI

MCI welcomes applications from all across the globe. Admission to MCI is ongoing throughout the school year and summer, and interested students can apply and begin the application process as soon as possible.



FINANCIAL AID

We strive to offer an exceptional boarding school experience that is accessible and affordable for all students and their families. Every year, MCI offers generous merit-based scholarships to qualified students based on academic accomplishments and individual talents, and we are committed to making MCI your preferred destination in the US.

ACCREDITATIONS AND MEMBERSHIPS:



The New England Association of Schools and Colleges • The Association of Independent Schools in New England • The National Association of Independent Schools • The Enrollment Management Association (Standard Online Application)





MAINE CENTRAL INSTITUTE

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