**]District Coordinated School Health Advisory Council**
**Richland School District Two**
**Agenda**
**Wednesday, January 21, 2026**
**3:30 pm- 4:30 pm via Google Meet**

**Google Meet** meet.google.com/tih-xdzt-gtu

Coordinated School Health **Shared Drive**

US Nutrition policy reset; Dietary Guidelines for Americans

**Board Policy**ADF- Wellness policy

**Administrative Rule-** ADF-R- Wellness administrative rule

Richland Two Wellness page

- Summary of School Wellness (ADF, ADF-R)
- District Triennial Assessment Report

**Competitive Food Sales and Vending Machines**

- Smart Snacks Individual Exempt Fundraisers
- Healthy Fundraiser Ideas

**School Health Councils**

- CDC Coordinated School Health
- Local Wellness Policies SCDE
- District Triennial Assessment Report

**Alliance for a Healthier Generation**

- Alliance for a Healthier Generation **website**
- Action Center for AHG

**Meeting Notes**

**Dawn MacAdams, Coordinator of Health Services, and Dr. Ed Emmer, Elementary Science, Health and PE Coordinator, served as facilitators.**

- **The shared Google Drive for Coordinated School Health was demonstrated. Dawn will ensure everyone in the meeting will have access to the drive. You can find meeting notes, resources, Dept of Ed requirements, and Richland Two policies and procedures in the drive.**
- **The USDA has updated and "flipped" the traditional food pyramid and no longer refers to "My Plate". The guidance document published by the Sec of Health, Robert Kennedy, Jr., and the Sec**

**of Agriculture, Brooke Rollins, published the updated Dietary Guidelines for Americans (see link in agenda). Food Services is waiting on updated USDA guidelines for school meal programs and Healthy Snack/ Smart Snack requirements.**

- **Richland Two School Board Policy JLCD and the corresponding Administrative rule were reviewed. The School Board sets the Policy and the Administrative rule is how we implement the policy. We discussed the physical activity requirements for elementary school students, the amount of time they have to eat lunch once seated, and a reminder that recess cannot be withheld from students as punishment. All schools are encouraged to offer physical activity opportunities before and after school.**
- **The Richland Two Wellness page was introduced. There are resources linked on the page to guide your wellness goals and strategies. Our Triennial Assessment report is posted online for public viewing.**
- **Competitive food sales and fundraising policies were discussed. Consumable food sales cannot compete with the school's reimbursable meal program. Each school has a limit of up to 30 exempt fundraising days per school year for food items that do not meet the "healthy snacks" guidelines. For now, we will continue to use the previous guidelines until new information is available. Each school must keep a record of its exempt fundraisers per school year; records should be kept for three (3) years.**
- **The Alliance for a Healthier Generation website was introduced, as well as the Action Center. Use the assessment tool to guide your school goals. Complete the assessment for your school, and develop your goals around areas that are under development.**
- **Dawn MacAdams will send a Google Form for all schools to submit their health and wellness-related goals for this year.**

**Action Items for Schools**

1. **Complete the SC Healthy Schools Assessment,**
2. **Develop 2-3 actionable goals for your school for the 2025-2026 school year**
3. **Complete the School Level CSHAC Goals form for your school by February 27, 2026**