



Class of 2030



Scan code to join!



**WEST HIGH SCHOOL
FOUNDATION**

PLEASE FOLLOW US



**WEST HIGH SCHOOL
FOUNDATION**
SINCE 1996



Scan QR for Website

Learn about West Athletic Council and our phenomenal West teams at this site: <https://www.westhighsports.com/>.

All parents are welcome to get involved!



[Home](#) [About](#) [Sports](#) [Links](#) [News](#) [Sponsors](#) [Rebel Gear](#)

West Athletics

Live Stream

ONE WEST NETWORK

The West Athletic Council, WAC, was formed to promote and support all athletic teams at West High School by cultivating a positive culture and environment to enable West student athletes to succeed.



WEST HIGH SCHOOL



Welcome Class of 2030

Ashley Speas
Principal, West High School
Ashley.Speas@knoxschools.org

When you hear “We are...”, you respond with “One West.”

MISSION STATEMENT

West High School provides a safe, orderly, and respectful learning environment that fosters open-minded and caring young people.

Students are provided a diverse, international curriculum, a student-centered schedule, and an environment of accountability where instruction and assessments are research-based and data-driven.

Your 9th Grade Support Team



Dr. Ashley Speas
Executive
Principal



Nate Martin
9th Grade
Assistant
Principal



Lisa Roberts
9th Grade
Counselor



Nat Scott
9th Grade Lead
Teacher

First step toward graduation...



It starts
Day 1!



West High School is an IB World School



The International Baccalaureate *Foundational Program Elements*



The IB Learner
Profile



Approaches to
teaching and
learning



A broad, balanced,
conceptual &
connected curriculum



International
Mindedness



Middle Years Programme

- *Every 9th and 10th grader at West
- *5-year program offered in partnership with BMS
- *Inclusive by design, benefitting all students
- *8 subject framework that emphasizes:
 - learning how to learn
 - building conceptual understandings in context
 - engaging with local and global communities
 - becoming critical, creative, & reflective thinkers
- *Culminates with Personal Project in Year 5

IB at West High School

 Middle Years Programme	 Diploma Programme	 Career-related Programme
Every 9 th and 10 th Grader	2-year commitment Grades 11 and 12	2-year commitment Grades 11 and 12
8 Subject Groups	6 IB Subjects & Exams 3 SL + 3 HL, 5-6 disciplines	2 IB Subjects & Exams one must span two years
5-Year Program implemented in partnership with Bearden Middle School Inclusive by Design students of all interests and academic abilities can benefit from participation <i>The MYP aims to develop active learners and internationally-minded young people who can empathize with others and pursue lives of purpose and meaning.</i> The program empowers students to inquire into a wide range of issues and ideas of significance locally, nationally and globally. The result is young people who are creative, critical, and reflective thinkers.	Theory of Knowledge (TOK) core requirement 11 th <u>and</u> 12 th grade class Must take IB French or IB Spanish 11 th and 12 th grade class to fulfill Group 2 (world language) requirement Creativity, Activity, and Service (CAS) core requirement 2-years' involvement/documentation	Personal and Professional Skills core requirement 11 th <u>and</u> 12 th grade class Language and Cultural Studies core requirement 70 hours, 30 guided by WHS Community Engagement core requirement 2 years' involvement/documentation
Personal Project culminating self-selected learning project completed by all Year 5 (10 th grade) students	Extended Essay (EE) 4,000-word research paper topic of interest linked to an IB subject	Reflective Project 4,000-word research paper workplace ethical dilemma

“IB for All!”

Any 11th & 12th grade student may participate in IB by taking individual IB courses.

One West Student Life

FINE ARTS

Rich programs in music, theater, and visual art



Registration and Class Selection



2026-2027 Scheduling Calendar

**8th Graders Visit West High School:
March 5th**

Course Selection in Aspen due: March 6th
Contact lisa.roberts@knoxschools.org with changes after that.

Private school students zoned for West
may register beginning on **April 1st**.
Contact Kim Iglehart, Registrar, at
kim.iglehart@knoxschools.org or
865-594-4477.

Transfer notifications will be mailed out in the spring semester (**usually the first week of April**). Transfer parent night will be scheduled after transfer notifications are mailed out.

Schedule adjustments: June-July
schedule change requests may sent to lisa.roberts@knoxschools.org or delivered in writing on Wednesday mornings the summer.

Schedules will be published to Aspen in late July.

No changes will be granted after 2nd week of school.

9th Grade Orientation ½ day: Friday, August 7th

First whole school ½ day: Monday, August 10th

Graduation Requirements

CORE SUBJECTS	TOTAL CREDITS
English: English I, II, III, IV	4
Mathematics: Algebra I, Geometry, Algebra 2, and one higher level math	4
Science: Biology, Chemistry or Physics, one additional lab science	3
Social Studies: World History and Geography or AP Human Geography	1
US History and Geography	1
US Government and Civics	1
Economics	1/2
Physical Education	1/2
Lifetime Wellness	1
Personal Finance	1/2
Elective Focus (Career Pathway will count for this)	3
Computer Science Elective	1
University Admissions	
Students must complete two units of the same world language and one unit of fine/performing arts in order to meet college/university admission requirements	3
Additional Elective Credits	5
TOTAL	28

All students are required to take the ACT or SAT to meet graduation requirements.

A Civics test and a project-based Civics assessment are also graduation requirements.

How many credits can my student earn next year?

8 CLASSES

Red Day 4/

Blue Day 4

August - May

$$\boxed{4} + \boxed{4} = \boxed{8}$$

Must
earn at
least a
59.5% to
pass by
May

What is an ALTERNATING BLOCK schedule?

Example Schedule

	Red Day	Blue Day
1st Block	English	Science
Advisory		
2nd Block	Math	World Language
3rd Block	Fine Arts Elective (Lunch)	Social Studies (Lunch)
4th Block	Freshman Seminar	Lifetime Wellness

Core Academic Course Options

English	Math	Science	Social Studies
English 1 CP	Algebra 1 CP	Physical Science CP	World History and Geography
Honors English 1	Geometry CP	Honors Biology	Honors World History and Geography
	Honors Geometry	Honors Chemistry (must have completed Honors Algebra I with a 90 or higher)	AP Human Geography (college level)

Honors vs. Advanced Placement AP/IB



Honors

Accelerated College Prep course

3 percentage points added to final % grade

$\frac{1}{2}$ quality point added to weighted GPA



AP/IB

College Course

5 percentage points added to
final % grade

1 quality point added to
weighted GPA

AP Human Geography

A Word from Ms. Lundy, AP Human Geography

EmberLundy@knoxschools.org

- What is Human Geography?
 - The course focuses on topics such as culture (religion, language, etc.), economics, cities, population, and migration. It is a look at how people interact within these contexts.
 - This course is NOT focused on history. It is much more focused on current real-world patterns.
- Why take APHuG?
 - AP HuG is a college-level class that gives students the opportunity to earn college credit (if they take and pass the AP exam in May). Taking the AP exam also earns them an additional 5 points on your final grade (a 75% C becomes an 80% B).
- Warning!
 - Interested students should have an interest in social studies and need self-motivation because there is a lot of independent work (reading and completing reading guides, studying, etc.).
 - I can't stress enough that students must be motivated to be successful. It is not an easy class and making an A in middle school social studies does not guarantee an A in this class.

Determining Course Readiness

If you have courses pre-selected for you in Aspen, they came from the following:

- Teacher recommendations
- District recommendations
- WHS recommendations based on classes previously taken and grade earned
- WHS recommendations based on special education needs
- WHS recommendations based on predicted test scores

Questions about a pre-selected course, email Lisa Roberts at lisa.roberts@knoxschools.org

Academic Release

- Every student deserves a challenge
- High school honors/AP/IB different than middle school honors
- Parents who disagree with course recommendations can complete an academic release form, found on our website.

Aspen View

ary requests

	Subject area	SchoolCourse > CrsNo	SchoolCourse > Description	Alternate?	Priority	Alt 1 > CrsNo	Alt 2 >
Select...	English	300204000	HON ENGLISH 2	N	0		
Select...	Math	310304000	HON ALGEBRA 2	N	0		
Select...	Science	321004000	HON BIOLOGY	N	0		
Select...	Social Studies	344505000	AP GOV/POLITICS	N	0		
Select...	Elective Courses	302304000	HON SPANISH 3	N	0		
		344005000	AP US HISTORY	N	0		
		352100100	ADV THEATRE ARTS	N	0		
		593100000	MARKETING 1	N	0		

ate requests

	Subject area	SchoolCourse > CrsNo	SchoolCourse > Description	Alternate?	Priority	Alt 1 > CrsNo	Alt 2 >
Select...	Alternate Courses	352100300	ADV THEATRE	Y	1		
		591000000	ACCOUNTING 1	Y	2		
		330100000	PHYS ED	Y	3		

s for counselor

Students can change their course requests in Aspen until 3.6.26.

Parent logins will not work. After that email lisa.roberts@knoxschools.org

1 Unit

Required

for Graduation

West High Fine Arts



Marching and
Concert Band
(Takes 2 spots)

Theatre Arts
1

Vocal
Music 2

Orchestra
(taught by Ms.
Pena from
BMS!)

Advanced Art
Prerequisite:
Visual Art 1

Visual Art
1

Dev of
Rock &
Roll



Advanced Art vs Visual Art 1:

- Some 8th grade students have already completed Visual Art I in middle school for high school credit. They may enroll in Advanced Art.
- Advanced Art options include:
Photography, Printmaking, Ceramics,
Fibers, Drawing, and Painting

Art Courses 26-27

Photography

2D artmaking through the use of Composition, History of Photography, 35mm, Film, Digital and other experimental Photography methods and materials.

Printmaking

2D artmaking through the use of Composition, History of Printmaking, Monoprint, Drypoint, Screenprint, Relief, Linocut, Lithography and other experimental Printmaking methods and materials.

Ceramics

3D artmaking through the use of Composition, History of Ceramics, Functional and Sculptural Ceramics, 3D design concepts and other experimental Ceramic methods and materials.

Fibers

3D artmaking through the use of Composition, History of Fibers, Weaving, Felting, Knitting, Crochet, Embroidery, Macrame, Basketry, Textiles and other experimental Fibers methods and materials.

Drawing

2D artmaking through the use of Composition, History of Drawing, Graphite, Charcoal, Chalk, Oil Pastel, Pencil, Marker, and other experimental Drawing methods and materials.

Painting

2D artmaking through the use of Composition, History of Painting, Acrylic, Oil, Watercolor, Ink, Gouache, Encaustic, Digital and other experimental Painting methods and materials.

IB ART

Prerequisite: Advanced Art & Teacher Recommendation

Juniors only. SL/HL enrollment based on portfolio review.

Two-year, college-credit course. Year 1 explores multiple art mediums, including 2D, 3D and Lens Based Media. Year 2 is an independent study in creating a choice-based body of artwork including Drawing (analog and digital), Painting, Printmaking, Mixed Media, Sculpture, Textiles, Metals, Ceramics, Glass, Installation, 2-D and 3-D Fiber arts, Graphic Design, Photography, Film, Collage, Fashion Design, and other experimental art-making methods.

Artworks will be exhibited in a public venue at the end of the year. Successful completion of IB Art Year 2 can result in college-level credit.

AP ART & DESIGN

Prerequisite: Advanced Art & Teacher Recommendation

College-level art course focusing on a sustained investigation, an exploration of 1 topic through 8 artworks. AP ART & DESIGN portfolios include art-making through the use of Drawing (analog and digital), Painting, Printmaking, Mixed Media, Sculpture, Textiles, Metals, Ceramics, Glass, Installation, Performance, 2-D and 3-D Fiber arts, Graphic Design, Photography, Collage, Fashion Design, and other experimental art-making methods. Still images from videos or film are accepted. Artworks will be exhibited in a public venue at the end of the year. Successful completion of Drawing, 2D Design or 3D Design portfolio can result in college-level credit.

ART 1
Prerequisite course:
2D and 3D media including
drawing, painting, printmaking,
ceramics, sculpture, and textiles
and other experimental
artmaking methods and
materials.

Improve your life.
Take art.

Freshman Seminar

•Topics covered:

- Transition to High School
- Social/Emotional Relationships
- Knowledge of School Pathways
- YouScience/Career Exploration
- Personal/Professional Skills



Guest speakers from every pathway will be included in this class. You will also get to go on a field trip to an area business!



*Aligned with IB CP
Career-related Studies*

**WHS Academy Coach:
Amelia Baker**

amelia.baker@knoxschools.org

The Academy of Health Science and Human Services

- Cosmetology
- Nursing Services
- Sport & Human Performance

The Academy of Global Commerce and Communication

- Marketing Management
- Digital Arts & Design
- Audiovisual Production

The Academy of Creative and Technical Innovation

- Engineering
- Coding
- Mechanical, Electrical, and Plumbing Systems

What makes FRAC Special?

- FRAC: FReshman ACademy

- Small group of teachers who LOVE freshmen and are focused on their success.
- Collaboration for student support
- Every student is known
- Tutoring offered by teachers

Transitioning to High School...

- Multiple tutoring opportunities
 - Tutoring schedule to be released within first couple weeks of school and posted online
- Counseling help: lisa.roberts@knoxschools.org
 - Class selections, organization, study skills, grade check-ins, stress management, counseling needs
- Freshmen team meetings with freshmen teachers
- Weekly newsletter from PTSO: to join, contact onewestnews@gmail.com



Final Thoughts...

- When you hear “We are...”, you respond with “One West.”
- If you fail a class, you have to retake it...4 years in high school does not = graduation.
 - 28 credits to graduate (the right 28)
 - 1 class = a credit
- Red and Blue days - 4 classes each day - 8 total credits
 - Year-long classes
 - Cumulative grades are final in May
- Three pieces of advice:
 - Show up | Get connected | Get involved



Join Company West!!!

**CLASSES OFFERED: THEATRE ONE, MUSICAL THEATRE (MT2 & MT3),
ACTING (T2 & T3) & STAGE TECH (PLAY & MUSICAL)**



Join West High Choir!

Vocal Music 2 - Women's Choir and Man Choir

Vocal Music 3 - Chorale* (auditioned)

Choral Ensemble - Singers (auditioned)



Grow as a musician - Be part of a community!

Contact mitchell.moore@knoxschools.org for more info.



Incoming 9th Grade Band Parent Meeting

Thursday, March 26, 2026

6:30 PM in the West HS Band Room

Mandatory Spring Band Camp

Tuesday, May 12 and Thursday, May 14, 2026

4:30 PM - 7:30 PM in the West HS Band Room

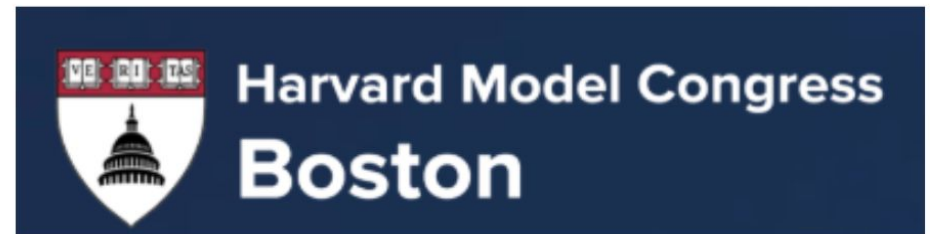
Questions?

cody.foster@knoxschools.org

YOUTH IN GOVERNMENT



YIG is a hands-on leadership & civic engagement program where students take on real-world roles like legislators, lawyers, lobbyists, and journalists to experience how government works. You'll write bills, debate in a mock legislature, run for office, argue court cases, and more—all while meeting students from across the state, building leadership skills, and having fun! No experience needed—just bring your voice and your ideas. Make an impact. Be the change.

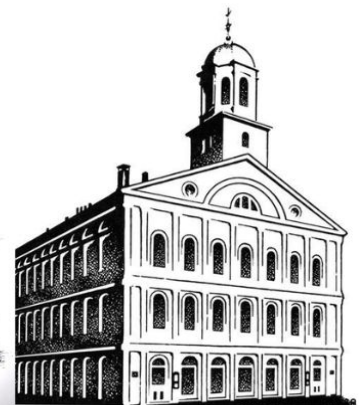
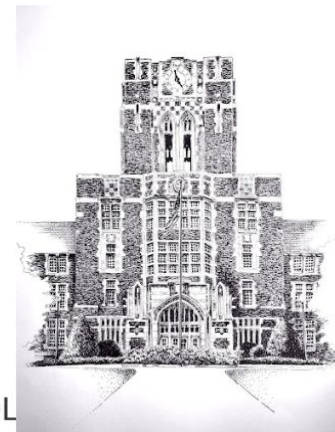


QUESTIONS OR WANT TO
KNOW MORE ABOUT YIG?

COME SEE MRS. FRANKLIN IN
ROOM 100 OR MRS. SIMERLY IN
ROOM 117.



NASHVILLE, TENNESSEE,
TENNESSEE STATE CAPITOL





West High Football
Rising 9th Parent Meeting
WHS Football Fieldhouse
April 21st at 6 PM

Workouts begin May 26th 8-10:30 AM

Questions?

christopher.chandler@knoxschools.org

**Scan here to
sign up for the
meeting:**





WEST HIGH

Cheerleading Tryouts

Important dates

- Mandatory pre tryout meeting
Thursday 3/26 6pm West Library
- Mandatory tryout clinic dates:
4/9, 4/13, 4/14 4-6:15pm Agee
Gym
- Official tryout day Wednesday
4/15 4-7pm Agee Gym

scan QR code for interest
form or click the link in
our bio



What to bring for tryouts

- current TSSAA Physical
- tryout forms (will be given at
pretryout meeting)
- \$20
- water
- athletic/cheer shoes
- positive attitude
- confidence



ANY QUESTIONS? EMAIL COACH AMAYA: AMAYA.LOYA@KNOXSCHOOLS.ORG

Tryout Announcements

Girl's Volleyball: May 20th returning player tryouts 3:30-5:30

May 21st tryouts, everyone 1:30-4:00

May 22nd tryouts, everyone 9:00 - 11:30

May 25th - June 22nd practice M-F 8:30-11:30

July 6th - teachers' first day practice M-F 8:30-11:30

Contact jessica.lee@knoxschools.org for more info.

Girl's Basketball:

May 26th tryouts, 10:00-12:00

Contact cody.graves@knoxschools.org for more info.

Tryout Announcements

Boy's Basketball: Boys interested in playing basketball may practice with the team starting at 12 PM on May 26th. Official

**Tryouts are later in the fall. Contact
tommy.eggleston@knoxschools.org for more info.**

Boy's Soccer: Tryouts December 1st-3rd.

Contact nicholas.kim@knoxschools.org for more info

Baseball will have tryouts May 22nd, 2026 for the 2027 season.

If students make the team we have a parent meeting the following week to inform summer and fall schedule moving forward. Contact

robert.stacy@knoxschools.org for more info.

8th Grade Visit Day

Thursday, March 5th, 2026



Class Meeting
Tour the School
Fine Arts
Sports
Clubs

Freshman Orientation



Friday, August 7th, 2026
West High School

8:30-12 9th graders only
Run through your schedule -
brief red and blue day



Questions?

Nate.Martin@knoxschools.org (9th Principal)

Lisa.Roberts@knoxschools.org (9th Counselor)

Ashley.Speas@knoxschools.org (WHS Principal)

Corey.Dugan@knoxschools.org (IB MYP Coordinator)

Shari.Valencic@knoxschools.org (IB DP & CP Coordinator)