


**Meet Your Nutritious Friend:
Baby Black Bean**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Egg & Cheese on a Bagel Assorted Cereals or Cereal Bar with Graham Crackers	2 Chocolate Chip French Toast Assorted Cereals or Cereal Bar with Graham Crackers	3 
6	7	8  Spring Break!	9	10
13 Mini Cinni Rolls Assorted Cereals or Cereal Bar with Graham Crackers	14 Mini Maple Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	15 Egg & Cheese on a Bagel Assorted Cereals or Cereal Bar with Graham Crackers	16 Chocolate Chip French Toast Assorted Cereals or Cereal Bar with Graham Crackers	17 Chocolate Chip Muffin Assorted Cereals or Cereal Bar with Graham Crackers
20 Mini Cinni Rolls Assorted Cereals or Cereal Bar with Graham Crackers	21 Mini Maple Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	22 Egg & Cheese on a Bagel Assorted Cereals or Cereal Bar with Graham Crackers	23 Chocolate Chip French Toast Assorted Cereals or Cereal Bar with Graham Crackers	24 Chocolate Chip Muffin Assorted Cereals or Cereal Bar with Graham Crackers
27 Mini Cinni Rolls Assorted Cereals or Cereal Bar with Graham Crackers	28 Mini Maple Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	29 Egg & Cheese on a Bagel Assorted Cereals or Cereal Bar with Graham Crackers	30 Chocolate Chip French Toast Assorted Cereals or Cereal Bar with Graham Crackers	

What is a Meal?
Students must choose at least 3 of the 4 components available for the school breakfast price.
- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk
A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals
(served with graham crackers)
Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Choice of Fruit
Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk
1% white, fat-free chocolate



(V) Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

Your Team
Nancy Piazza, Food Service Director
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Meal Prices
Student Breakfast \$1.90

