



## Suicide Crisis Information

### Suicide Threat or Ideation – Immediate Action Required

If a student expresses suicidal thoughts or threats, this is an emergency and requires immediate evaluation if you do not want to access the resources of Crisis Evaluation through Aspire these are some additional resources you can access for the support of your child.

### Crisis Support Resources

- Aspire Behavioral Health Crisis Center *-24 hours a day, 7 days a week* 📞 229-430-1842
- Crisis Text Line  
📱 Text HOME to 741741  
*Immediate text-based crisis counseling*
- Georgia Crisis & Access Line (GCAL) – *Available 24/7/365*  
📞 (800) 715-4225  
🌐 [georgiacollaborative.com](http://georgiacollaborative.com)  
*Offers phone crisis support, mobile crisis response, help locating crisis or detox beds, and urgent appointments.*
- Phoebe Putney Emergency Room-  
*\*\*\*\*\* At check-in, the parent/guardian must clearly state that their child has expressed suicidal thoughts or threats so the student can receive an immediate mental health assessment.*
- 988 Suicide & Crisis Lifeline – *24/7, English & Spanish*  
📞 Call or Text 988  
*Free, confidential emotional support anytime.*



# STUDENT & FAMILY SERVICES

## INFORMATION

### What Parents Should Do First

If your child talks about suicide, self-harm, or feeling like they want to die:

1. **Take it seriously.**  
Do not assume they are joking, seeking attention, or will “grow out of it.”
2. **Do not leave your child alone.**  
Stay with them and remove access to anything that could be used for self-harm if it can be done safely.

### When to Call 911 vs. Go to the Hospital if Aspire Crisis Evaluation is not an option:

- **Call 911 if your child is in immediate danger right now**, such as:
    - They are actively trying to harm themselves
    - They have a weapon or means in hand
    - They cannot be kept safe
  - **Go directly to the Emergency Room (Phoebe Putney) if your child has suicidal thoughts or has made threats**, but is not in immediate danger at that moment.
  - **At the ER check-in**, clearly tell staff that your child has expressed suicidal thoughts or threats and needs a mental health evaluation.
3. **If you cannot get to the ER or need immediate guidance:**
    - Call **988** (Suicide & Crisis Lifeline) or text **988**
    - Call **GCAL** at **1-800-715-4225** (24/7)
  4. **Follow through with recommended care.**  
After the crisis assessment/hospitalization, follow all discharge instructions, safety plans, and referrals for ongoing support—when possible please ensure the school counselor is informed so a safety plan can be made for the future.