

After-School Activities (ASA)

TASIS Portugal 2025-2026 Spring Term

1) Sign-Up

- The number of spaces available for each activity is limited. Places are organized on a first-come, first-served basis.
- Parents must register students through the official school form on the [Parent Portal](#). (Click on the SOCS icon.)
- Students can only attend the activities for which they have signed up.
- Please note that not all activities will be available to all year groups.
- Only sign your child up for a sport or activity if they are interested.
- Before signing up, please note that paid activities are non-refundable, and once you've committed, you will be responsible for the associated fees.
- Take note of the off-site pick-up locations before signing up. All paid activities are off-site, except Dance Academy, Tile Painting, and The Inventors.
- Activities or sports may be withdrawn if participant numbers fail to meet established minimums.
- **For any academy-related queries, please contact the relevant coordinator directly:**
 - **Music Academy: Diogo Gomes – diogo.gomes@tasisportugal.org**
 - **Dance Academy: Kim Pothoff – danceacademy@tasisportugal.org**
 - **Language Academy: Camille Adam – camille.adam@tasisportugal.org**

2) Payment and Cancellation Policy for ASA

- When making bank transfers, please state the invoice number, student ID number, or student's name as a reference to facilitate payment reconciliation.

Payments can be made with a credit card in the School Shop or by bank transfer to:

A/C Name: TASIS-The American School in Portugal S.A.

IBAN: PT50 0010 0000 59664730001 22

SWIFT/BIC: BBPIPTPL

To make a payment via Flywire: <https://tasis-portugal.flywire.com>

Flywire Customer Support: <https://help.flywire.com>

- If you have any payment questions, please contact Accounts at accounts@tasisportugal.org.
- Note that the following activities are paid directly to the external providers, and billing will be handled directly by these suppliers: Cascais Routes, Surfing, Tile Painting, Tennis
- **Cancellation of an activity can be done at any time during the Term. Once students have committed and enrolled in an ASA, we do not refund the term, regardless of the day you cancel the activity.**
- To cancel your child's enrollment in a sport or activity, email this request to the Director of Sport and After-School Activities at candice.vanrooyen@tasisportugal.org.

3) Recess Clubs

- Homeroom teachers will enroll students in recess clubs, which take place during lunchtime.

After-School Activities and Sports
SPRING TERM 2026

Art

Students will work in a variety of art media and techniques such as painting, drawing, printing, modeling, and sculpture in themed or open-ended projects.

Book Club

Is your child an avid reader? Do they long for someone to share their thoughts on the books they devour? Your search ends here — welcome to the TASIS Portugal Book Club. Come aboard as we select a captivating book every month, embark on a shared reading journey, and engage in vibrant discussions about our current literary adventures.

Cascais Routes

A unique multidisciplinary program offering students the possibility to practice the following activities: kayaking, surfing, rock climbing, mountain biking, hiking orientation, stand up paddle, and surf skate. Connecting with nature and facing challenges outdoors contributes significantly to a child's holistic growth. By joining our program, your child not only learns new skills but also builds friendships and resilience in a safe and nurturing environment. We empower children to overcome obstacles, discover their strengths, and thrive. Click the [link](#) to discover where adventure meets growth! **This is a paid activity. For pricing, please click on the link above for further information.**

Cheerleading

Get ready to bring the spirit and spread the cheer! Our Cheerleading Club for grades 3-5 is where young enthusiasts come together to learn the art of pep, pom-poms, and teamwork. From energetic chants to dazzling routines, our little cheerleaders develop confidence, coordination, and a whole lot of team spirit. Join us in creating a vibrant atmosphere filled with positivity, high-fives, and cheers that echo through the hallways.

Chess

Lower School (Beginner and Intermediate level)

Students who would like to learn to play chess or develop their skills at the game are welcome to this Chess Club. They will learn the rules, practice the basic moves, and begin to use strategies to play chess against an opponent.

Middle and High School (Beginner and Intermediate level)

Students in Middle and High School who would like to learn to play chess or develop their skills at the game are welcome to this Chess Club. They will master the moves and learn to use strategies and tactics to play chess against an opponent.

Clay

Students will explore clay as a creative medium, experimenting for relaxation and gaining confidence in their skills. They will explore hand-building techniques using air-dry clay such as coiling, pinching, and slab-making to create functional and decorative pieces. Once dry, they will add a splash of color to their creations, making each piece truly unique. Don't miss this opportunity for your child to unleash their imagination and bring home their artistic achievements.

Climbing

We are thrilled to introduce an exciting extracurricular opportunity and invite students to discover the thrill of climbing, whether upwards, downwards, or across our amazing indoor rock wall.

Coding

This club teaches fundamental programming skills through fun, interactive projects that inspire creativity and problem-solving. Perfect for young minds eager to explore technology and build their own digital creations.

Cross Country

Our Cross Country program offers something for everyone. Students who want to take running more seriously will have the opportunity to train in a competitive group, focusing on improving performance and preparing for races. At the same time, we also welcome those who simply want to enjoy running as a way to stay fit, be active, and spend time outdoors with friends. Whether your child is aiming for competition or just wants to move and have fun, this program provides a supportive and inclusive environment for all levels.

Dance Academy

Please consult this [document](#) for all the Dance Academy information, such as pricing and genres.

ELC Board Games

Fun board games for our youngest students to develop a variety of skills that will prepare them for more complex games, such as chess. Through board games children will learn a powerful learning tool, that problem-solving ability is like a muscle: it can be strengthened with practice and learning.

ELC Construction

Children will have an array of building materials and toys to develop their natural curiosity about different materials that will guide their own learning. Children can explore mathematical concepts like size, shape, and space and deepen their understanding of these concepts in a way that is memorable, engaging, and fun.

ELC Early Literacy Club

Our Early Literacy Club is designed exclusively for eager little minds, fostering a love for stories and language in a fun and interactive environment. Through enchanting tales, creative activities, and playful learning, we pave the way for the exciting journey of literacy. Join us as we embark on a magical adventure of words, imagination, and early literacy readiness!

ELC Little Carpenters

Little Carpenters is a unique hands-on workshop where children don't just play; they design, build, and create. In a safe and carefully supervised environment, children are introduced to real woodworking tools adapted especially for education. We use Unimat Basic machines, which are specifically designed for training purposes and hold EU certification, ensuring high safety standards for young learners.

Through this engaging experience, children strengthen their fine motor skills, creativity, focus, and problem-solving abilities while gaining self-confidence and pride in producing their own wooden projects. It is a wonderful opportunity for them to experience the joy of creating something tangible with their own hands. This is a paid activity. The fee is €90 for the term, invoiced directly by our external partner.

ELC Mini Football

Learn football in a fun environment. Our highly experienced coach will stimulate imagination and aid early development skills such as learning colors and numbers, following instructions, and playing as a team.

ELC Mini Tennis

Mini tennis provides children with the perfect opportunity to learn the fundamentals of tennis at an early age. Designed for children aged between 4 and 10, mini tennis utilizes smaller courts, nets, and rackets, as well as lower-bouncing tennis balls to develop vital tennis skills and techniques. **This is a paid activity. The fee is €150 for the term, invoiced directly by our external partner, FREDGIL Tennis Academy.**

ELC Montessori

This club offers hands-on materials that promote independent learning and problem-solving, each focusing on a single skill for repeated practice and discovery of key learning outcomes.

ELC Multisport

A variety of ball games to develop hand-eye coordination, gross and fine motor skills, spatial awareness, grasping skills, problem-solving skills, balance, and even language and social skills.

ELC Music

Music and movement activities that will encourage creativity, expression, improvisation, and innovation. Children will experiment and play with instruments, sing, move, and play to rhythms. Children will create their own instruments and explore music from different cultures.

ELC Portuguese (Beginner)

This club is like a playgroup for children who want to acquire Portuguese as a foreign language through fun and games. The goal is to develop language communication skills in a fun way, through games, songs, storybooks, and leisure.

ELC STEM

Hands-on creative activities and experiments get children excited and engaged in Science, Technology, Engineering, and Math. In STEM club, children develop lifelong learning skills that include resilience, problem-solving, and strategic awareness.

Earth Explorers

Have you ever wanted your children to learn more about the natural world and explore its many wonders and curiosities? Join Earth Explorers! Through games, crafts, lessons, experiments, and hands-on activities, students will discover the beauty of nature and learn to appreciate and care for our environment. The Earth holds many incredible secrets, and this club will dive deeper into understanding them. This exciting club will be led by our young and dynamic duo, Lilah and Malu from Grade 11, with the guidance and support of a teacher. Together they will create engaging experiences that inspire curiosity, teamwork, and a love for the natural world.

Encourage your children to join us as we explore, learn, and grow a deeper appreciation for our planet. By nurturing this connection to nature, we hope to inspire the next generation to protect and conserve the Earth. Help us make a difference!

Financial Literacy

This activity introduces students to the basics of managing money and making smart financial decisions. Through discussions and real-life examples, students will learn about saving, spending, budgeting, and the value of money. The goal is to help students develop responsible financial habits and build confidence in understanding everyday financial concepts.

Football – Lower school

Football at TASIS Portugal emphasizes the importance of teamwork. For our younger grades, the focus is on encouraging every child to participate, learn the game, and enjoy being active with friends. Training sessions are led by a combination of dedicated school coaches and experienced external coaches, ensuring high-quality instruction for all skill levels.

French – Advanced (Grade 5 Only)

This after-school activity is for Grade 5 students who already speak French very well. We will follow the pre-Grade 6 curriculum, therefore this activity is **not** for beginners or students who are still learning the basics. The whole club will be in French, so students need to understand and speak it well. Students will be developing further the four following skills: Reading, Writing, Listening, and Speaking. While the reading and writing will be focus, students will also have some fun! If you're not sure whether your child is qualified for this activity, please email Mr. Grine at: mason.grine@tasisportugal.com.

Golf

Students will learn how to play and understand the game. They will be transported by the School to Penha Longa Driving Range, and pick-up is at the venue at 17:00. **This is a paid activity (€502 for the term).**

Gymnastics

Gymnastics club focuses on helping students grow by developing their strength, flexibility, agility, and coordination in a fun and safe environment.

Judo

In judo, students learn the technique of self-defense and the concept of leverage using your body weight and angles.

Kendo

Kendo is a traditional Japanese martial art, descended from the swordsmanship techniques used by the samurai, that uses bamboo swords (shinai) and protective armor (bogu). The goal is to strike the opponent with the bamboo sword on certain parts of the armor, therefore some call it "Japanese fencing". We will start at TASIS Portugal with a beginners' course during which the students can wear their regular PE uniform (TASIS Portugal will provide the bamboo swords). The students will hit the teacher, but they will not be receiving any strikes, therefore will not wear a protective armor themselves. Besides being a fun and healthy activity, Kendo teaches students discipline, respect, self-confidence, and resilience. The instructor (sensei) is Rogier van Bijnen, a TASIS Portugal parent who has practiced kendo since 1992, is 5th dan in Kendo and former Dutch champion, and represented the Netherlands in multiple World Championships.

Lego

Fun and enriching activities that develop teamwork and problem solving through guided Lego projects. Opportunities for free play and creativity.

Mindfulness & Yoga

Mindfulness activities are a wonderful way to help children learn to self-regulate, calm, and soothe. It aims to offer students a space of relaxation and attention training. The objective is to

help children develop skills such as focusing solely on one task at a time, working collaboratively, following instructions, and speaking and listening. Mindfulness has countless benefits to adults and children alike, ranging from developing emotional control to improving problem-solving skills.

MUN (Model United Nations)

Middle School, grades 6-8

If your child is in grades 6, 7, or 8 and is interested in global issues, public speaking, and debating, the TASIS Middle School Model United Nations (MUN) is for them. MUNs are simulations of the real United Nations, where participants represent different countries to discuss and debate current and historical global issues such as the environment, human rights, and international cooperation. At TASIS MUN, participants will have the opportunity to practice speaking, research, and thinking skills, and also to become confident with MUN conference rules and procedures. During the academic year, students will be offered the opportunity to participate in external MUN conferences held in the Lisbon area.

High School, grades 9-11

If your child is in grades 9-11 and is interested in global issues, public speaking, and debating, the TASIS Middle School Model United Nations (MUN) is for them. MUNs are simulations of the real United Nations, where participants represent different countries to discuss and debate current and historical global issues such as the environment, human rights, and international cooperation. At TASIS MUN, participants will have the opportunity to practice speaking, research, and thinking skills, and also to become confident with MUN conference rules and procedures. During the academic year, students will be offered the opportunity to participate in external MUN conferences held in the Lisbon area.

Rhythm and Percussion Ensemble

We are pleased to offer a Rhythm and Percussion Ensemble for students from Grade 4 and above. This structured group program introduces students to the exciting world of rhythm through hands-on percussion practice. Students will develop coordination, timing, and musical confidence while learning to play and perform together as an ensemble.

Through engaging activities and guided instruction, students will explore different percussion styles and grooves while strengthening their listening skills, teamwork, and creativity. The ensemble also provides an opportunity for students to build confidence through group performance, with an informal end of term performance available for those who would like to showcase what they have learned.

Sessions run once a week for 55 minutes in small groups of 5 to 10 students, ensuring individual attention and a supportive learning environment. Instruments will be provided for students during the sessions.

This is a paid activity. €200 per student, per term.

Singapore Math Enrichment

Igniting young minds with SMMALZ

unlocking a passion for mathematics through this enrichment program

Have you enjoyed the one off math enrichment sessions with SMMALZ and wished your child could attend regularly? good news. now they can. prepare your child for advanced mathematical

thinking through engaging challenges, collaboration, and strategic problem solving in a focused and supportive environment.

Tuesdays

grades 1–2 (16:00–17:00)

grades 3–4 (17:00–18:00)

Thursdays

grades 5–6 (16:00–17:00)

grades 7–8 (17:00–18:00)

maximum 12 students per session.

open to both TASIS and non TASIS students.

students will:

- crack codes and solve advanced puzzles
- develop higher level reasoning and analytical thinking
- apply math concepts creatively and strategically
- build confidence, resilience, and independence in learning

small, structured groups ensure personalized attention and meaningful progress. **This is a paid club invoiced directly by the external provider Zoe Zohal. €350 per term**

TASIS families receive a 10% discount.

Spanish – Advanced (Grade 5 Only)

This after-school activity is for Grade 5 students who already speak Spanish very well. We will follow the pre-Grade 6 curriculum, therefore this activity is **not** for beginners or students who are still learning the basics. The whole club will be in Spanish, so students need to understand and speak it well. Students will be developing further the four following skills: Reading, Writing, Listening, and Speaking. While the reading and writing will be focus, students will also have some fun! If you're not sure whether your child is qualified for this activity, please email Mr. Grine at: mason.grine@tasisportugal.com.

Speed Stacking

Speed stacking is both an individual and team sport that involves stacking nine or 12 specially designed cups in pre-determined sequences as fast as you can. The benefits include hand-eye and bilateral coordination, body-brain connections, distribution of practice, and fitness.

STEAM – Upper School

A hands-on collaborative approach to technology, including a variety of activities. The students will be using engineering kits to build and experiment with contraptions such as mousetrap-powered cars, elastic-powered cars, wind turbines, wiggle robots, bridges, towers, robotics kits such as KUBO, Sphero Bolt, and LEGO Mindstorms. They'll also be disassembling electronic devices, studying their components, and creating art pieces.

Surfing

The Hooked Surf School offers group surf lessons, kids surf club, surfboard, and wetsuit hire. The choice of different beach breaks, consistent waves, and natural beauty add to the experience of learning to surf in a safe, fun, and friendly environment. The surf school will transport the students to the location, which can vary between either *Carcavelos* or *Guincho* beach (depending on the waves), and pick-up must be at the location at 18:00. **This is a paid activity invoiced directly by the surf school (at €20 per lesson).**

Sim Racing Club – Step Into the World of Motorsport

Discover the thrill of racing with state of the art full motion simulators designed to provide a realistic driving experience. Students will learn racing techniques and improve their performance during each session while developing transferable skills useful for both eRacing and real track driving. The simulators feature three degrees of freedom, creating an immersive environment that allows drivers to truly feel the motion of the car. This club offers a fun and safe way for students to build racing skills while enjoying every lap.

The program includes a 1.5 hour weekly session held on Mondays, Tuesdays, or Wednesdays from 4:30 pm to 6:00 pm, with the selected day fixed for the full 8 week term. Each session includes snacks, juice, and water. Groups are limited to a minimum of 3 and a maximum of 6 students, for ages 13 to 17.

This is a paid activity and paid directly to the external provider - €240 for the term (8 sessions)
Please note that transport is not provided to the venue. Students should be dropped off and collected at Estoril Racing Lab, with some families choosing to carpool. Address: Beloura Office Park 13, R. Centro Empresarial Loja 9, 2710-001 Sintra

Table Tennis (Ping Pong)

Welcome to the world of Social Table Tennis – where the thrill of the game meets the joy of social connection! Whether you're a seasoned pro or a casual player, our table tennis community is all about rallying with friends, laughter, and a bit of healthy competition. Join us for some fast-paced fun, make new friends, and unleash your inner ping pong champion.

Taekwondo

Regardless of age and gender, the self-esteem of every child will benefit from learning the basics of self-defense in an entertaining and stimulating environment. Taekwondo is a Korean martial art known for the dance-like gracefulness of its movements. At TASIS, we are privileged that Taekwondo is taught by Grandmaster Ana Paula Silva, a 7th Dan Black Belt and Portugal's highest ranked female practitioner, with over 30 years' teaching experience. Her high-energy classes use games and other fun activities to develop courtesy, discipline, and self-control.

TASIS Big Band (Invitation Only)

TASIS Big Band offers a fantastic opportunity to connect with friends while making music. We will explore a variety of styles, including jazz, pop, and contemporary songs, as well as focusing on learning to improvise. Most importantly, we aim to have fun! This program is open to anyone who has been learning an instrument for at least one term.

TASIS Design & Motion Academy

Welcome to the TASIS Design & Motion Academy, where creativity meets cutting-edge technology. Our dynamic program offers hands-on courses in **animation, filmmaking, graphic design, and digital photography**, taught by experienced industry professionals. Students explore the latest creative tools and software, gaining real-world skills through exciting, project-based learning. Whether you're designing posters, editing films, or animating stories, the Design & Motion Academy inspires innovation, builds confidence, and prepares students for the future of design and media.

Animation

Offered in partnership with Associação Topsail, this hands-on animation course introduces students to the art of bringing drawings to life. Using Toon Boom Harmony and Wacom tablets, students explore the creative world of frame-by-frame animation, learning key techniques like squash and stretch, timing, arcs, and anticipation. From morphing shapes to bouncing balls and character movements, participants will discover how animated stories are made and build their own short sequence by the end of the term. Whether you dream of working at Pixar or simply love cartoons, this course is a fantastic way to explore animation fundamentals in a fun and professional setting. **This is a paid club (€148 for the term)**

Filmmaking

Lights, camera, action! In this course by Associação Topsail, students will explore the powerful world of visual storytelling. Guided by industry tools and techniques, they'll learn how to operate digital cameras, master shot composition, and edit footage using Adobe Premiere. Students will plan, shoot, and edit their own short video while exploring different camera angles, visual framing techniques, and cinematic pacing. This course empowers aspiring filmmakers to tell stories through moving images, no prior experience needed. By the end, each participant will have created a short film to share with family and friends. **This is a paid club (€148 for the term)**

Graphic Design

Unlock your creativity in our Graphic Design course. Whether you're a beginner or already love to design, this club is the perfect place to explore your passion. Using industry-standard Adobe Creative Suite tools like Photoshop, Illustrator, and InDesign, you'll learn how to create stunning logos, eye-catching posters, dynamic page layouts, and custom T-shirt graphics. Students will learn the power of typography, color, and composition, helping them bring ideas to life with professional flair. Each session is hands-on and packed with real-world projects that connect creativity with practical skills. From brainstorming concepts to finishing a printed design, students will gain confidence and experience every step of the way. No prior experience needed, just bring your imagination and a love for design! **This is a paid club (€120 for the term)**

Photography

Photography is more than just clicking a button, it's about seeing the world differently. In this course led by Associação Topsail, students will dive into the essentials of digital photography, exploring camera functions, composition, light, and editing. Using semi-automatic and manual modes, they'll learn how to capture portraits, landscapes, and street scenes with intention and emotion. The course includes hands-on practice, creative challenges, and photo editing using Adobe Photoshop. Each student will build a mini portfolio of themed photos that express their unique perspective. A perfect fit for curious storytellers and visual thinkers! **This is a paid club (€148 for the term)**

TASIS Strings

Join our exciting after-school string ensemble for students from Grade 4 and up! Perfect for students with at least a year of experience on violin, viola, cello, or bass, and those who have good music reading skills. In TASIS Strings, they will have the opportunity to explore a rich repertoire from classical masterpieces to exhilarating film scores and contemporary hits. They will collaborate with fellow musicians, refine their skills, and perform in thrilling concerts.

Tennis

We are excited to announce a new partnership with the FREDGIL Academy, Portugal's premier tennis training program led by former ATP professional Frederico Gil.

Through this collaboration, TASIS Portugal students will have access to:

- High-performance coaching from top professionals

- Small-group training sessions tailored to player development
- A clear pathway toward competitive tennis—all while maintaining balance with academics

Training takes place at the Beloura Tennis Academy providing students with an inspiring environment to grow both on and off the court. To support families, **transport services are available to the venue. This is a paid activity (€575 per term)**

The Inventors

Students will embark on a weekly journey where each session unveils a new realm of creative superpowers. They will unleash their imagination while crafting a unique board game, diving into the world of electronic synthesizers, or delving into the artistry of stop-motion filmmaking. These engaging programs are designed to ignite their creativity, offering a spectrum of hands-on experiences that transform each moment into a discovery of their limitless creative potential.

This is a paid activity (€178 for the term).

Tile Painting

The students enrolled in the tile painting workshop will have the opportunity to learn the skills of tile painting while working on a variety of ceramic and mosaic projects. Projects include a tile tray, coasters, a decorative plate, and a photo frame. Please note that, due to the provider's availability, the club will run for 6 weeks instead of the originally planned 8 weeks.

This is a paid activity invoiced directly by the external provider, Heide Cruz (€108 for the term).

Track and Field

This activity is focused entirely on running, so please only sign your child up if they genuinely enjoy running and want to develop their endurance and speed. Track and Field training will help students improve their fitness, running technique, pacing, and overall confidence through structured practice sessions. Students will work on a range of running events, with a focus on sprint distances as well as middle distance track events such as the 800 m and 1500 m. Training will include drills to develop speed, stamina, running form, and race strategy while encouraging perseverance and personal goal setting.

Woodcraft

Woodcraft is a unique hands-on workshop where children don't just play; they design, build, and create. In a safe and carefully supervised environment, children are introduced to real woodworking tools adapted especially for education. We use Unimat Basic machines, which are specifically designed for training purposes and hold EU certification, ensuring high safety standards for young learners.

Through this engaging experience, children strengthen their fine motor skills, creativity, focus, and problem-solving abilities while gaining self-confidence and pride in producing their own wooden projects. It is a wonderful opportunity for them to experience the joy of creating something tangible with their own hands

This is a paid activity. The fee is €90 for the term, invoiced directly by our external partner.

Volleyball

Volleyball offers dedicated team training for students who want to develop their skills, improve their teamwork, and prepare for competitive play. Training focuses on building strong technical foundations, game understanding, and confidence on the court while working together as a

team. Students of all experience levels are welcome and encouraged to join. While much of the preparation happens throughout the year, the third term is tournament season for many of our age groups, where teams have the opportunity to compete and showcase the progress they have made during training.

Please note that our school gym is currently in the final phase of construction and will remain unavailable until the end of the summer. During this period, elementary students will practice on the blue top at school, while middle and upper school volleyball training will take place at a gym located approximately 1 km from the school. TASIS will transport students to the venue, and parents will be asked to collect their children directly from the gym after training at the following address: R. Antonio dos Reis, 2710-302 Sintra.

TASIS Portugal 2025-2026 Spring Term Recess Clubs

Monday	Tuesday	Wednesday	Thursday	Friday
	Gr 3-5 Choir (12:00)		Gr 1-2 Choir (12:30)	

TASIS Portugal 2025-2026 Spring Term ELC After-School Activities (ASA) Schedule

Pre-Kindergarten ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
Supervised Play	Portuguese	Hip Hop Kids (€)	Ballet Kids (€)	Supervised Play
Hip Hop Kids (€)	Montessori	Judo	Multisport	
Little Carpenters (€)	Construction	Forest School	Gymnastics	
	Ballet Kids (€)	Art & Craft	Board Games	
	Mini Tennis (€)	Music	Early Literacy Club	

TASIS Portugal 2025-2026 Spring Term ELC After-School Activities (ASA) Schedule

Kindergarten ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
Supervised Play	Gymnastics	STEM	Music	Supervised Play
Hip Hop Kids (€)	Mini Football	Forest School	Judo	
Jazz Kids (€)	Lego	Multi-sport	Art & Craft	
Little Carpenters (€)	Ballet Kids (€)	Yoga & Mindfulness	Portuguese	
	Contemporary Kids (€)	Jazz Kids (€)	Contemporary Kids (€)	
	The Inventors (€)	Hip Hop Kids (€)	Mini Tennis (€)	
			Ballet Kids (€)	

TASIS Portugal 2025-2026 Spring Term ES After-School Activities (ASA) Schedule

Grade 1 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
Cascais Routes (Multi Sport) (€)	Football (girl)	Art club	Speed Stack	Cascais Routes (Mountain Bike) (€)
Tennis (€)	Football (boy)	Coding	Mindfulness and Yoga	
Jazz Dance Intermediate (€)	Gymnastics	Golf (€)	Climbing	
Woodcraft (€)	Lego	Jazz Dance Intermediate (€)	Cascais Routes (Water Sports) (€)	
Hip Hop Intermediate (€) (5-6 pm)	Surfing (€)	The Inventors (€)	Surfing (€)	
	Singapore Math Enrichment (€)	Cascais Routes (Rock Climb & Mountain Bike) (€)	Ballet Intermediate (€)	
	Cascais Routes (Water Sports) (€)	Judo	Earth Explorers	
	Ballet Intermediate (€)	Hip Hop Intermediate (€) (5-6 pm)	Basketball (boy)	
	Contemporary Dance Intermediate (€) (5-6 pm)		Contemporary Dance Intermediate (€) (5-6 pm)	

Grade 2 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday	Friday
Cascais Routes (Multi Sport) (€)	Football (Boy)	Climbing	Earth Explorers	Cascais Routes (Mountain Bike) (€)
Tennis (€)	Singapore Math Enrichment (€)	Art Club	Mindfulness & Yoga	
Jazz Dance Intermediate (€)	Football (girl)	Judo	Speed Stack	
Woodcraft (€)	Gymnastics	Lego	Surfing (€)	
Hip Hop Intermediate (€) (5-6 pm)	Cascais Routes (Water Sports) (€)	Golf (€)	Cascais Routes (Water Sports) (€)	
	Surfing (€)	The Inventors (€)	Ballet Intermediate (€)	
	Ballet Intermediate (€)	Jazz Dance Intermediate (€)	Basketball (boy)	
	Singapore Math Enrichment (€)	Coding	Contemporary Dance Intermediate (€) (5-6 pm)	
	Contemporary Dance Intermediate (€) (5-6 pm)	Cascais Routes (Rock Climb & Mountain Bike) (€)		
		Hip Hop Intermediate (€) (5-6 pm)		

Grade 3 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
Cascais Routes (Multi Sport) (€)	Climbing	Football (boy)	Speed Stack	Cascais Routes (Mountain Bike) (€)
Tennis (€)	Chess	Clay Club	Art	
Jazz Dance Intermediate (€)	Basketball (boy)	Gymnastics	Cheerleading	
Woodcraft (€)	Surfing (€)	Judo	Football (girl)	
Hip Hop Intermediate (€) (5-6 pm)	Ballet Intermediate (€)	Cascais Routes (Rock Climb & Mountain Bike) (€)	Surfing (€)	
	The Inventors (€)	Golf (€)	Cascais Routes (Water Sports) (€)	
	Cascais Routes (Water Sports) (€)	Jazz Dance Intermediate (€)	Ballet Intermediate (€)	
	Coding	Hip Hop Intermediate (€) (5-6 pm)	Contemporary Dance Intermediate (€) (5-6 pm)	
	Contemporary Dance Intermediate (€) (5-6 pm)			
	Singapore Math Enrichment (€) (5-6 pm)			

Grade 4 ASA Schedule



Monday € = PAID	Tuesday	Wednesday	Thursday	
Volleyball	Climbing	Volleyball	Art	Cascais Routes (Mountain Bike) (€)
Kendo	Chess	Football (boy)	Cheerleading	
Woodcraft (€)	TASIS Strings	Clay Club	Judo	
TASIS Big Band	Speed Stack	Gymnastics	Ballet Intermediate (€)	
Tennis (€)	Surfing (€)	Cascais Routes (Rock Climb & Mountain Bike) (€)	Tile Painting (€)	
Cascais Routes (Multi Sport) (€)	Cascais Routes (Water Sports) (€)	Tile Painting (€)	Surfing (€)	
Jazz Dance Intermediate (€)	Ballet Intermediate (€)	Golf (€)	Tennis (€)	
Hip Hop Intermediate (€) (5-6 pm)	The Inventors (€)	Jazz Dance Intermediate (€)	Cascais Routes (Water Sports) (€)	
	Track and Field	Hip Hop Intermediate (€) (5-6 pm)	Football (girl)	
	Coding		Rhythm & Percussion (€)	
	Basketball (boy)		Contemporary Dance Intermediate (€) (5-6 pm)	
	Contemporary Dance Intermediate (€) (5-6 pm)			
	Singapore Math Enrichment (€) (5-6 pm)			

Grade 5 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday	Friday
Kendo	Chess	Volleyball	Surfing (€)	Cascais Routes (Mountain Bike) (€)
TASIS Big Band	Advanced French	Basketball (boy)	Judo	
Volleyball	TASIS Strings	Gymnastics	Cheerleading	
Woodcraft (€)	Speed Stack	Clay Club	Tennis (€)	
Cascais Routes (Multi Sport) (€)	Advanced Spanish	Golf (€)	Cascais Routes (Water Sports) (€)	
Surfing (€)	Track & Field	Tile Painting (€)	Tile Painting (€)	
Hip Hop Advanced 1 (€)	Contemporary Dance Advanced 1 (€)	Hip Hop Advanced 1 (€)	Rhythm & percussion (€)	
Ballet beginner (€) (5-6 pm)	Cascais Routes (Water Sports) (€)	Jazz Dance Advanced 1 (€) (5-6 pm)	Contemporary Dance Advanced 1 (€)	
		Ballet beginner (€) (6-7 pm)	Football (boy)	
			Football (girl)	
			Singapore Math Enrichment (€) (4-5 pm)	

TASIS Portugal 2025-2026 Spring Term US After-School Activities (ASA) Schedule

Grade 6 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	TASIS Strings	Taekwondo	Chess	
Kendo	Speech and Debate	Track & field	Football (boy)	
Volleyball	Book Club	Volleyball	Football (girl)	
Taekwondo	Film making (€)	MUN	Tile Painting (€)	
Photography (€)	Contemporary Dance Advanced 1 (€)	Tile Painting (€)	Tennis (€)	
Surfing (€)	Golf (€)	Hip Hop Advanced 1 (€)	Contemporary Dance Advanced 1 (€)	
Hip Hop Advanced 1 (€)	Ballet Advanced 1 & 2 (5-6:15 pm)	Animation (€)	Rhythm & percussion (€)	
Sim Racing (€)	Point Work (Invitation Only) (6:15-7pm)	Dance Body Conditioning (€) (5-6 pm)	Graphic Design (€)	
Track & field		Sim Racing (€)	Singapore Math Enrichment (€) (4-5 pm)	
Ballet beginner (€) (5-6 pm)		Jazz Advanced 1 (€) (5-6pm)	Point Work (Invitation Only) (6:15-7pm)	
Dance Body Conditioning (€) (4-6 pm)		Ballet beginner (€) (6-7 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	

Grade 7 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	TASIS Strings	Taekwondo	Chess	
Kendo	Speech and Debate	MUN	Table tennis	
Volleyball	Filmmaking (€)	Tennis (€)	Graphic Design (€)	
Track and Field	Contemporary Dance Advanced 1 (€)	Tile Painting (€)	Tile Painting (€)	
Taekwondo	Golf (€)	Animation (€)	Tennis (€)	
Surfing (€)	Ballet Advanced 1 & 2 (5-6:15 pm)	Sim Racing (€)	Contemporary Dance Advanced 1 (€)	
Photography (€)	Contemporary Advanced 2 (6-7 pm)	Track and Field	Rhythm & percussion (€)	
Sim Racing (€)	Point Work (Invitation Only) (6:15-7pm)	Volleyball	Singapore Math Enrichment (€) (5-6 pm)	
Hip Hop Advanced 1 (€)		Hip Hop Advanced 1 (€)	Ballet Advanced 1 & 2 (5-6:15 pm)	
Ballet Beginner (€) (5-6pm)		Dance Body Conditioning (€) (5-6 pm)	Contemporary Advanced 2 (6-7 pm)	
Dance Body Conditioning (€) (4-5 pm)		Jazz Advanced 1 (€) (5-6pm)	Point Work (Invitation Only) (6:15-7pm)	
Hip Hop Advanced 2 (€) (6-7 pm)		Jazz Advanced 2 (6-7 pm)		
Jazz Advanced 2 (6-7 pm)		Ballet Beginner (€) (6-7pm)		

Grade 8 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	Speech and Debate	MUN	Rhythm & percussion (€)	
Taekwondo	STEAM	Taekwondo	Chess	
Kendo	Volleyball	Track and Field	Volleyball	
Photography (€)	TASIS Strings	Sim Racing (€)	Table Tennis	
Track and Field	Golf (€)	Animation (€)	Graphic Design (€)	
Dance Body Conditioning (€) (4-5 pm)	Filmmaking (€)	Tile Painting (€)	Tile Painting (€)	
Sim Racing (€)	Ballet Advanced 1 & 2 (5-6:15 pm)	Tennis (€)	Singapore Math Enrichment (€) (5-6 pm)	
Ballet Beginner (€) (5-6pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	Dance Body Conditioning (€) (5-6 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	
Hip Hop Advanced 2 (€) (6-7 pm)		Ballet Beginner (€) (6-7pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	
Jazz Advanced 2 (6-7 pm)		Jazz Advanced 2 (6-7 pm)		
		Hip Hop Advanced 2 (€) (6-7 pm)		

Grade 9 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	Speech and Debate	MUN	Rhythm & percussion (€)	
Taekwondo	STEAM	Taekwondo	Chess	
Kendo	Volleyball	Track and Field	Volleyball	
Photography (€)	TASIS Strings	Sim Racing (€)	Table Tennis	
Track and Field	Golf (€)	Animation (€)	Graphic Design (€)	
Dance Body Conditioning (€) (4-5 pm)	Filmmaking (€)	Tile Painting (€)	Tile Painting (€)	
Sim Racing (€)	Ballet Advanced 1 & 2 (5-6:15 pm)	Tennis (€)	Singapore Math Enrichment (€) (5-6 pm)	
Ballet Beginner (€) (5-6pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	Dance Body Conditioning (€) (5-6 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	
Hip Hop Advanced 2 (€) (6-7 pm)		Ballet Beginner (€) (6-7pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	
Jazz Advanced 2 (6-7 pm)		Jazz Advanced 2 (6-7 pm)		
		Hip Hop Advanced 2 (€) (6-7 pm)		

Grade 10 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	Speech and Debate	MUN	Rhythm & percussion (€)	
Taekwondo	STEAM	Taekwondo	Chess	
Kendo	TASIS Strings	Track and Field	Table Tennis	
Photography (€)	Golf (€)	Sim Racing (€)	Graphic Design (€)	
Track and Field	Filmmaking (€)	Animation (€)	Tile Painting (€)	
Dance Body Conditioning (€) (4-5 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	Tile Painting (€)	Singapore Math Enrichment (€) (5-6 pm)	
Sim Racing (€)	Contemporary Dance Advanced 2 (6-7 pm) (€)	Tennis (€)	Ballet Advanced 1 & 2 (5-6:15 pm)	
Ballet Beginner (€) (5-6pm)		Dance Body Conditioning (€) (5-6 pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	
Hip Hop Advanced 2 (€) (6-7 pm)		Ballet Beginner (€) (6-7pm)		
Jazz Advanced 2 (6-7 pm)		Jazz Advanced 2 (6-7 pm)		
		Hip Hop Advanced 2 (€) (6-7 pm)		

Grade 11 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	Speech and Debate	MUN	Rhythm & percussion (€)	
Taekwondo	STEAM	Taekwondo	Chess	
Kendo	Filmmaking (€)	Track and Field	Tile Painting (€)	
Photography (€)	TASIS Strings	Sim Racing (€)	Table Tennis	
Track and Field	Golf (€)	Animation (€)	Graphic Design (€)	
Dance Body Conditioning (€) (4-5 pm)		Tile Painting (€)		
Sim Racing (€)	Ballet Advanced 1 & 2 (5-6:15 pm)	Tennis (€)	Singapore Math Enrichment (€) (5-6 pm)	
Ballet Beginner (€) (5-6pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	Dance Body Conditioning (€) (5-6 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	
Hip Hop Advanced 2 (€) (6-7 pm)		Ballet Beginner (€) (6-7pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	
Jazz Advanced 2 (6-7 pm)		Jazz Advanced 2 (6-7 pm)		
		Hip Hop Advanced 2 (€) (6-7 pm)		