

Heritage Middle Schedule

2 Hour Early Release

2025-2026

Times	Period
7:45 - 8:22	1st Hour + Pledge and Announcements (37 MIN)
8:26 - 8:58	2nd Hour (32 MIN)
9:02 - 9:34	3rd Hour (32 MIN)
9:38 - 10:10	4th Hour (32 MIN)
10:14 - 10:46	6th Hour (32 MIN)
10:50 - 11:22	7th Hour (32 MIN)
11:26 - 12:48	5th Hour + Lunches (82 MIN)
Lunches	FIRST SHIFT (11:27 - 11:50) (Release 11:48) SECOND SHIFT (11:39 - 12:02) (Release 12:00) THIRD SHIFT (11:50 - 12:13) (Release 12:11) FOURTH SHIFT (12:02 - 12:25) (Release 12:23) FIFTH SHIFT (12:13 - 12:36) (Release 12:34) SIXTH SHIFT (12:25 - 12:48) (Release 12:46)

BE KIND * BE SAFE * BE RESPONSIBLE