

# Heritage Middle Schedule

1 Hour Early Release (W)  
2025-2026

<b>Times</b>	<b>Period</b>
<b>7:45 - 8:30</b>	<b>1st Hour + Pledge and Announcements (45 MIN)</b>
<b>8:34 - 9:15</b>	<b>2nd Hour (41 MIN)</b>
<b>9:19 - 10:00</b>	<b>3rd Hour (41 MIN)</b>
<b>10:04 - 10:45</b>	<b>4th Hour (41 MIN)</b>
<b>10:49 - 11:30</b>	<b>6th Hour (41 MIN)</b>
<b>11:34 - 1:01</b>	<b>5th Hour + Lunches</b>
<b>Lunches</b>	<b>FIRST SHIFT (11:35 - 11:58) (Release 11:56) SECOND SHIFT (11:52 - 12:15) (Release 12:13) THIRD SHIFT (11:58 - 12:21) (Release 12:19) FOURTH SHIFT (12:15 - 12:38) (Release 12:36) FIFTH SHIFT (12:21 - 12:44) (Release 12:42) SIXTH SHIFT (12:38 - 1:01) (Release 12:59)</b>
<b>1:05 - 1:50</b>	<b>7th Hour ANNOUNCEMENTS + DISMISSAL (45 MIN)</b>

BE KIND \* BE SAFE \* BE RESPONSIBLE